

YOUR COMPLETE GUIDE TO MEETING, ATTRACTING AND DATING WOMEN

# Dating Secrets Revealed: The Smart Dating Course

---

## **Course Manual (Pre-Release)**

Marius Panzarella

© 2004, All Rights Reserved

It is illegal to copy, steal, or distribute all or any part of this book or web page without the author's permission. By purchasing this book, you agree to the following: You understand that the information presented contained on this book is for personal entertainment purpose only. It is not to be considered legal or personal advice. The author is not responsible for any actions or results from the use of this book.

Introduction .....	7
Why Most Guys are DEAD WRONG In The Dating Game .....	7
Learning These “Smart Dating Tactics” Does NOT Make You “Manipulative”	
Person .....	8
Don’t Let Your Old Beliefs Limit Your Success.....	11
Chapter 1 .....	14
The Smart System of Dating .....	14
The Different Kinds Of Love Explained .....	15
The <i>Smart Dating System</i> Used In This Course.....	16
The Three Components Illustrated .....	16
The Triangular Components Broken Down .....	17
Passion .....	17
Passion Is The Most Important.....	20
Our Definition Of Attraction .....	21
Ex-Force.....	22
My “Love Balance Scale” .....	22
For Love” .....	22
Attraction Cuts Through Everything.....	25
Case Studies .....	26
Chapter Summary .....	27
Chapter 2 .....	29
Basic Smart Dating Rules .....	29
Smart Dating Rule #1: It’s Not How Much You Like Her, But How Much She Likes	
You That Matters!.....	32
Smart Dating Rule #2: You Need Permission To Advance .....	33
Smart Dating Rule #3: Stay Objective .....	39
Smart Dating Rule #4: Attraction Cuts Through Everything .....	41
Smart Dating Rule #5: Attract, Not Chase.....	43
Smart Dating Rule #6: Be A Challenge To Create Passion.....	44
Summary of the Smart Dating Rules .....	45
Quick Self-Test: Are You Following The Smart Dating Rules?.....	46
Chapter 3 .....	49
Chapter 3: Attraction Secrets Exposed .....	49
Myth #1: “Women Only Like Jerks” .....	49
Quick Self-Test: Are You Following The Smart Dating Rules?.....	50
Myth #2: “Opposites Attract.” .....	51
Myth #3: “Women Aren’t Sexual By Nature.” .....	51
Social-Biological Conditioning .....	52
Ego, Superego, and Id .....	54

<i>The Smart Dating System's Attraction Model</i> .....	55
Emotions, Desire, and Action – The Three-Step Approach Of <i>The Smart Dating System</i> .....	57
Section Summary.....	58
A Quick Summary Of The Smart Dating System .....	58
Chapter 4 .....	61
How Women Check You Out.....	61
Improve Your Looks Overnight.....	63
Other Things To Watch Out For.....	65
Hit The Gym .....	65
Getting A Tan .....	66
Chapter 5 .....	67
Bad Attitude #1: The “I’m Afraid Of Rejection” Attitude .....	68
Creative Persistence .....	69
How To Avoid Rejection .....	70
Bad Attitude #2: The “But She’s The Only Girl I’ll Ever Love” Attitude .....	73
Quick Self-Test: Are You In Love? .....	73
Nobody Cares About Your Love Life .....	74
Bad Attitude #3: The “I Don’t Need Women” Attitude .....	75
Bad Attitude #4: The “She’s Too Beautiful” Attitude .....	78
Good Attitude #1: The Playful Attitude .....	79
Good Attitude #2: The “I don’t Care” Attitude .....	81
Good Attitude #3: The “How Far Can I Go?” Attitude .....	83
Good Attitude #4: The “Truth And Dare” Attitude .....	85
Chapter 6 .....	86
Insecurity and Neediness .....	86
How To Be More Masculine .....	91
Become a leader: .....	92
Pump Iron.....	92
Hold Eye Contact .....	92
Never Settle For The Second Best.....	93
Lead, Not Push Or Ask.....	93
Learn To Say “No” .....	93
Don’t Take Any Bullshit .....	93
Be More Adventurous.....	93
Walk Tall .....	94
Be Ambitious .....	94
Have Charm: .....	94
Be Sexual: .....	94

Other Attractive Traits: .....	94
Chapter 7 .....	96
Body Language Basics.....	97
Postures .....	97
Good Sitting Postures .....	98
Movements.....	99
Voice Tone .....	102
Chapter 8 .....	110
What Kind Of Women You Should Date.....	110
Where To Meet Women .....	111
Expand Your Social Circle.....	113
Before You Approach .....	114
Direction Of Approach .....	116
Grab Her Attention With The Eye-Contact Test.....	116
What If Nobody Notices You .....	118
Your Opening Line .....	120
How To Start A Conversation .....	121
The Four-Steps To Approaching A Woman .....	123
Step 1: Eye Contact and Smiling.....	123
Step 2: Use An Opening Line.....	123
The Situation-Opener .....	123
The Compliment-Opener .....	124
The Question-Opener.....	124
A Quick Side Note .....	125
Step 3: Ask A More Specific Question.....	125
Step 4: Introduce Yourself .....	126
Chapter Summary .....	126
Chapter 9 .....	128
The Point Of Conversation .....	128
What To Talk About.....	129
Topics To Avoid.....	130
How To Keep A Conversation .....	131
TECHNIQUE #1: Ask Open-Ended Questions .....	132
TECHNIQUE #2: Active Listening .....	133
TECHNIQUE #3: Being Empathetic .....	134
How To Develop A Conversation Through Subject Words.....	135
How To Establish A Verbal Connection Quickly .....	135
General Conversation Techniques: .....	136
Always Put The Spotlight On The Girl .....	137

Do Not Brag.....	137
From Emotions To Desire .....	138
Using Her Desires To Your Advantage .....	140
Adding You To the Picture .....	142
And Right When She's Starting To Desire You.....	143
Chapter 10 .....	144
How To Stimulate Love With Your Eyes.....	145
How To Get Sexier Eyes .....	146
Mirroring .....	147
How To Induce Mirroring .....	148
The Actual Mirroring .....	149
Touching .....	150
Ways To Touch Her .....	150
Touching Technique #1: The Handshake.....	150
Touching Technique #2: Touch Her Arms When She's Funny.....	150
Touching Technique #3: Read Her Palm .....	151
Touching Technique #4: Massage Her.....	151
Prepare To Be Touched .....	151
Chapter 11 .....	152
What to Compliment On .....	152
Details, Details, Details! .....	155
When and How Often .....	155
Mean What You Say: .....	157
Complimenting a Stranger: Hit And Run .....	157
How to Receive Compliments: .....	158
Chapter 12 .....	160
The Dangers Of Just Connecting With A Woman Emotionally .....	160
Flirt For Skirt...Right From The Beginning .....	161
What Flirting Means .....	161
Your Playful Attitude.....	162
Test The Waters By Flirting.....	163
Basic Flirting Techniques .....	164
How To Tease Women .....	166
How Little Boys Tease Little Girls.....	167
Busting Her Balls.....	168
How To Be Funny: A Quick Lesson.....	169
Tip #1: Don't Laugh At Your Own Jokes .....	169
Tip #2: Don't Be Afraid To "Be A Man" .....	170
Send Mixed Feelings.....	171

Teasing Examples:.....	174
Chapter 14 .....	179
Advanced Flirting Tactics.....	179
Technique #1 - Romantic Intents Signaling .....	179
Practice Phrases .....	179
Practice Verbs .....	180
Technique #2 – Act Like She’s Hitting On You.....	182
Technique #3 – Steal Her Frame .....	182
Technique #4 – The Whisper Compliment .....	183
Chapter 15 .....	184
From Desire To Physical Action.....	184
Chapter 16 .....	186
Golden Rules On Getting Digits .....	187
Chapter 17 .....	192
Your First 10 Dates .....	192
Where To Go For The First Date.....	192
How To Set Up The Date .....	194
What to Wear On A First Date.....	195
The First Date.....	195
Dinner.....	197
The Second Date .....	200
A Few General Rules .....	201
Chapter 17 .....	203
How Women Tests You And What You Can Do About It.....	203
Why Women Test Men.....	203
Category 1: Asking You Questions.....	203
Category 2: Breaking Agreements .....	205
Category 3: Challenging Or Disrespecting You .....	205
Category 4: Trying To Change You / Dominate You .....	206
Category 5: Sex Withdrawal .....	207
Punisher Technique – The Silent Treatment.....	207
How To Test Women.....	209
Intimacy.....	210
Commitment.....	210
Chapter 18 .....	211
From Desire To Action: Getting Physical With Women.....	211
If You’re Interested In A Long-Term Relationship.....	211
If You Just Want A One-Night Stand... ..	213
Holding Hands.....	213

First Kiss .....	215
Going Indoors.....	215
How To Satisfy A Woman Physically.....	217
How To Kiss .....	217
Cuddling .....	219
Touching .....	220
Smelling and Licking .....	221
Talking Dirty .....	221
Erogenous Zones - Where To Kiss, Touch, Smell or Lick.....	223
The Keys To Arousing Her – Anticipation and Denial.....	224
Chapter 19 .....	226
How To Keep A Beautiful Girlfriend .....	226
Stage 1 – The Courtship (First Date To “Will You Be My Girlfriend?”) .....	226
Stage 2 – The Honeymoon Period (First 1-3 Months Of Being Together).....	227
Stage 3 – The Getting To Know Each Other TOO well Period (3-12 months)....	228
Stage 4 – The “We’re Married” Period (1 Year And On).....	229
The Key To Keeping A Relationship Healthy – Keep Her Attracted To you .....	229
How A Woman Breaks Up With A Man .....	231
Breakups Do NOT Happen Overnight .....	231
Warning Flags .....	231
How To Play The Love Cop .....	232
Surviving A Breakup.....	233
Decide Whether You Want Her Back Or Not.....	234
Should You Want Her Back... ..	234
Move On.....	235
Chapter 20 .....	237
Closing.....	237
Appendix A – How To Turn A Friend Into A Girlfriend.....	239
Appendix B – What Women Really Mean .....	241
Appendix C – Tongue Twisters.....	244

## Introduction

From the desk of:

**Marius Panzarella, Lead Staff Writer**

# Why Most Guys are DEAD WRONG In The Dating Game

Dear Fellow Guy,

Congratulations on your decision to improve your success with women. The purchase of this course may just be one of the smartest moves you've ever made for your love life.

In fact, I must give you a big pat on the shoulder for taking this important step. I admire people who long to improve themselves for the better!

You see, to me, there are four kinds of losers in this world:

**The Macho Fool:** The biggest loser in this world is the "macho guy" who cannot bring himself to admit he has trouble with women. He sneaks onto my website at three in the morning but never downloads anything. This is the type of guy that will never get anywhere in life because of his unwillingness to learn. Remember, boys: Fools never learn from their own mistakes, smart men learn from their own mistakes, and **wise men learn from other people's mistakes.**

**The Cheapskate:** The second type of loser I hate is the occasional cheapskate (1-2 a month) who makes a refund before he even tries my techniques in the real world. He just skims through my materials, says "I think I got this all



down”, and makes up an excuse for a refund. I usually give these suckers a refund right away because I don’t want anything more to do with them. (They’re going to die lonely because their women are going to find out they are cheapskates eventually and leave them!)

**The “Mr. I Know It All!”:** The third type of loser is the guy who reads my materials once, feels enlightened, and then throws *everything* out the window. This is the type of guy who bumps into the *same* wall and makes the *same* mistakes over and over again. Not very smart.

**The “I Can Stop Now” Guy:** The last type of loser is the guy who takes the time to study the materials, and practices the techniques until he scores a hot babe. But as time goes on, he gets cocky and begins to let his guard down. Well, guess what? He’s going to find himself single again not before long!

Listen, success with women is like success in any other area of life. *You must put effort into making it happen – and that means work*. This course can give you the **potential** to become successful with women, but it is ultimately up to **you** to integrate the knowledge into your life and master the information into your experience. No pain, no gain. Get it?

## **Learning These “Smart Dating Tactics” Does NOT Make You “Manipulative” Person**

Even though I trust you do not belong to the four categories of men listed above, I am sure you must have a few doubts on the tactics contained in this course. According to a survey I conducted not so long ago, the most common objection to learning and applying the “dating tactics” taught in this course is, “Isn’t this stuff manipulative?”

Sure, if you think that the way “nice guys” chase women with flowers and compliments is “manipulative” as well.

Think about what the “Average Joe” does when he meets Miss Right:

- 1) He tries to win her heart by sending her flowers and buying her gifts.
- 2) He tries to impress her by boasting about his own success and achievements.

Don't you think Mr. Average Joe is a manipulative person? Using bribery and flattery. Pushing a girl into sleeping with him by buying her expensive dinners. Is Average Joe *really* “being himself” when he acts like a needy little wussy and bribes Miss Right with compliments?

And what does “being yourself” mean? We hear from women that we should just “be ourselves” when we're around the ladies, but what does “being yourself” mean?

For Mr. Average Joe, it means **stuttering** and **sweating his palms** and **tensing his body** because he's nervous. Not very attractive.

So tell me, would you like to “be yourself” around women?

Or would you rather be a **confidant, masculine man** who wins all the women's hearts?

Here's the thing: you could “be yourself” *and* still attract women...if you could just follow some **simple rules and tactics of dating**.

These rules and tactics by no means make you a “manipulative” person. You're not going to be any more manipulative than the loser guy trying to “talk his way into a

girl's pants". You're not going to be any more manipulative than the Average Joe sending Miss Right flowers and cards. Heck. You're not going to be any more manipulative than the computer geek putting on a nice shirt and brushing his teeth before he goes out.

Here's the bottom line: there are many **different ways** of doing things. Some work better; some don't work as well. **What I teach is another system of attracting women – one that works better.** Just because this system is different than what you're used to doing doesn't mean it is evil or manipulative.

Granted, I'm going to be teaching you dating tactics that are a bit different than the things you've been doing to chase women.

**But just because these tactics are different does not mean they are "manipulative".**

Here's your first assignment: I want you to walk down the magazine aisle of any grocery store. Check out all the headlines on the magazines. Note how all of the women's favorite magazines such as Cosmopolitan and Glamour always have headlines such as "How To Attract Men And Keep Them" or "25 Ways To Get Him To Propose To You".

Does this mean women are manipulative? I don't think so. It just means they are **smart**. They actually see the **power of learning**, and that's why they have a HUGE advantage in the dating game nowadays. Unlike guys, they are PREPARED for battle. This is exactly why most guys get **slaughtered** by women in the dating game. Women know what they are doing. Men don't.

But don't worry. I'm here to help you. By the time you're done with this course, you're going to know all the tactics you'll ever need to know to have great success with women.

## Don't Let Your Old Beliefs Limit Your Success

Some of these tactics might be common sense; some might be totally new or bizarre to you. But no matter what, I want you to keep an open mind.

I'm going to use an example from one of my favorite books, Flatland.

Put a penny on your table and look at it. It should appear as a circle.

Now, "drawing back to the edge of the table, gradually lower your eye...and you will find the penny becoming more and more oval to your view; and at last when you have placed your eye exactly on the edge of the table... the penny will then have ceased to appear oval at all, and will have become, so far as you can see, a straight line."  
(Abbott, 5)

Imagine you were a 2D little figure living in a 2D, "flat" country. Just like the penny, everything you see should appear as a straight line to you. But does that mean that everything you're seeing is REALLY a straight line?

Yes – but only in your reality.

What I'm trying to do with this course is to bring you out of Flatland and into the real world. Your beliefs have served you very well in the past, but they're also blocking you from success. Remember: in order to have things that you have never had before, you must do things that you have never done before. It's time to let your old beliefs go and pick up some new ones.

The best way to learn these new tactics would be to read the whole book from beginning to end. Try to digest and integrate the information into your own experience.

Remember to practice often; and if something isn't working out for you, then go back to the book and re-read the related topics again. Don't just read the book once and forget about it. As a matter of fact, don't stop reading my book until you feel you are absolutely positively using the techniques! Print it out, keep it on your bookshelf and come back to it often.

Here's my guarantee to you: If you spend the next 3 months working hard, everything will come to you naturally. You won't even have to think twice before you strike up a conversation with a beautiful woman.

Whenever you hit a wall or feel discouraged...drop me an email and ask for some advice. I'll do my best to work everything out with you. Remember: your problems won't go away unless you tackle them.

In time, you will be very successful in the dating game!

Remember to email me with your ideas, comments, and suggestions at [mariuspanzarella@datebeautifulwomen.com](mailto:mariuspanzarella@datebeautifulwomen.com). I am always in the process of updating my works, and I want to know what you think!

Sincerely,

A handwritten signature in black ink that reads "Marius Panzarella". The signature is fluid and cursive, with the first name "Marius" and last name "Panzarella" clearly legible.

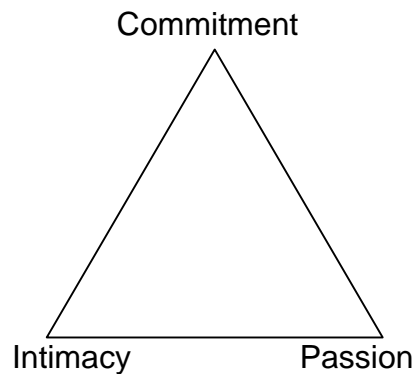
Marius Panzarella  
Lead Staff Writer, DatingSupportCenter

# ***Part 1: The Smart Dating System Explained***

## Chapter 1

### The Smart System of Dating

In 1997, psychologist Robert Sternberg developed a triangular theory of love, according to which love has three components: intimacy, passion, and commitment. (Sternberg, 1) To Sternberg, different combinations of these three components yield different kinds of love. For example, passion only produces infatuated love, while passion and intimacy together produce romantic love. To Sternberg, true love has to exhibit all three components of his triangle theory: intimacy, passion, and commitment.



Should any of the three components go missing, true love won't occur. Together, these three components form eight different kinds of relationships.

	Intimacy	Passion	Commitment
<b>Non-Love</b>			
<b>Liking</b>	YES		
<b>Infatuated Love</b>		YES	
<b>Empty Love</b>			YES
<b>Romantic Love</b>	YES	YES	
<b>Companionate Love</b>	YES		YES

<b>Fatuous Love</b>		YES	YES
<b>Consummate Love</b>	YES	YES	YES

## **The Different Kinds Of Love Explained**

**Non Love:** This is when you feel NOTHING for a person at all. You don't even want to be their friend.

**Liking:** This is when you feel ATTRACTED to a person, but not enough to act upon it.

**Infatuated Love:** This is when you have a huge crush on someone. The love is usually not reciprocal.

**Empty Love:** A good number of marriages in America today consist only of empty love. These are couples that do not love each other but stay together nevertheless due to financial, religious, or family reasons.

**Romantic Love:** This is most like a love affair. A couple has passion and interests in each other, but not commitment. They are in the game to play, not to commit.

**Companionate Love:** Companionate love is a kind of love that entails both intimacy and commitment, but no passion. Think the married couple that have lost their sex drive.

**Fatuous Love:** A kind of love marked by complacency in the relationship that entails passion and commitment, but no intimacy.

**Consummate Love:** True love – what you're going to have if you follow this course.

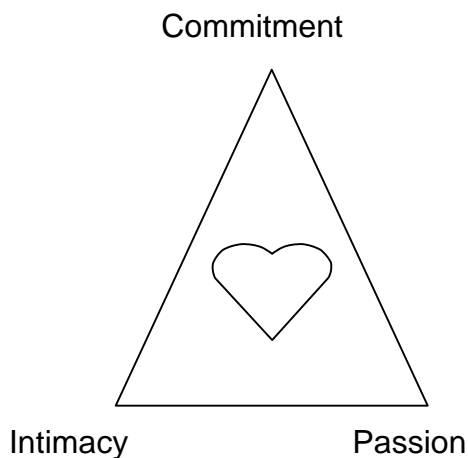


## **The *Smart Dating System* Used In This Course**

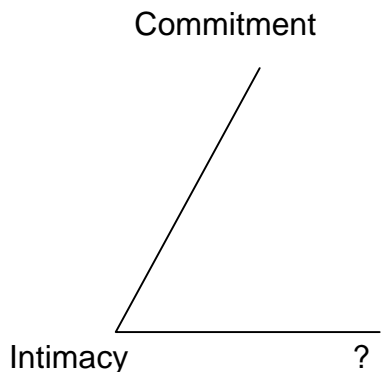
The system we use in this dating course is similar to the Sternberg model. Sternberg's theory, of course, is descriptive. Sure enough, it characterizes different kinds of love, but it goes not teach you how to get there. But don't worry - this course will get you there. The purpose of this course is to get you the three components you need for every successful relationship: intimacy, passion, and commitment. As you will see, any time one or more of the three components go missing, the relationship is doomed.

### **The Three Components Illustrated**

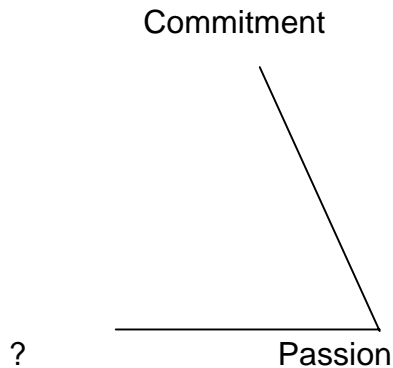
#### **Case 1 – Happily Ever After (Loving Relationship)**



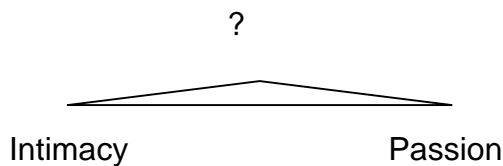
#### **Case 2 – No Passion (Let's Just Be Friends)**



### Case 3 – No Intimacy (“We Don’t Understand Each Other”)



### Case 4 – No Commitment (“This Relationship Can’t Go Anywhere”)



## The Triangular Components Broken Down

Now we’re going to break down the three components into more specific components to give us a toolkit we can use to diagnose our own love lives.

Don’t worry if things seem to be overwhelming at first. By the end of the course, you will have everything down like a pro.

### Passion

We’re going to focus on **passion** throughout the course because it is the **most important** of the three components. **Passion** basically means **sexual attraction**, and without sexual attraction, there can be *no relationship*.

Passion is a **sexual tension** you feel when you're with someone you're really sexually attracted to. I like to call it the **discomfort zone** of a booming relationship.

This discomfort zone is based on two things:

**Desire and doubt.**

As humans, we tend to want what we can't have. We also tend to take things for granted. From this, we can derive our first principle of attraction:

**Behavior Rule #1: People Want What They Can't Have**

Have you noticed that the less available someone is, the more we want them? And the more needy someone is, the less we like them? That's why it's ALWAYS important to remain a challenge when it comes to the dating game. If we're too easy, we're going to die lonely.

So...we know that being a **challenge** can cause **doubt**, which is an important part of the equation for building up **passion**. But what about the other variable, **desire**?

**Desire** comes from our subconscious mind. For example, we hope we will get a good job because we WANT a good job. This is **ALL based on our emotions**.

It's like buying a new Porsche. When we buy a new Porsche, are we buying a new Porsche because of its powerful engine or nice gear? Ha. That's what you might tell your friends. But deep inside, you know you bought it because it made you feel good – and you're now only justifying your feelings by coming up with logical reasons to “backup” your decision.

## **Behavior Rule #2: People Make Conscious Decisions Based on Subconscious Feelings**

A good thing to remember is that love is based on feelings, not logic. We don't "choose" to love at a conscious level. We only "feel" we're "falling in love".

In short, it doesn't matter how *logical* it may seem that a woman *should* be in love with you. If a girl does not *feel* attracted to you, then no amount of convincing will change that.

This is also why you can't really ask girls to "explain" why they are in love with a certain man. The things they say...like "he's funny" or "he's a nice guy" are only EXCUSES they've come up with to explain the decisions they've made based on their feelings.

And this is why if you would like to be good with the ladies, you should attack their FEELINGS instead of their logic. We will learn to do this with the "**tease to please**" and "**flirt for skirt**" methods later in the course.

## **Intimacy:**

Intimacy is the reciprocal bonds between two people. Think of it as the friendship between a couple. Intimacy relies on:

- 1) **Giving** – How much your lover is prepared to give to you.
- 2) **Self-Disclosure** – How much your lover is willing to open up for you.
- 3) **Flexibility** – How flexible your lover is going to be around you.

## **Commitment:**

**Commitment** is the degree of a person's willingness to commit to a relationship. It relies on:

- 1) **Respect** – How much respect your lover has for you.
- 2) **Integrity** – How honest your lover is.
- 3) **Loyalty** – How loyal your lover is.

## **Passion Is The Most Important**

Out of the three components, **passion is the most important, as it is often the only variable you can control.**

If you look at the ingredients of **intimacy** and **commitment**, you will notice they're mostly personality traits that you cannot control.

For example, you can't control how giving someone is. You also cannot control how much integrity they have. You can't control how flexible they are either.

Among these ingredients of intimacy and commitment, the only variable that you can control is **respect.**

If a woman does not respect you as a potential boyfriend, she will NOT date you; if a woman does not respect you as a man, she will NOT stay with you.

So what kind of people do we respect?

The people that demonstrate **emotional and physical independence.**

We're naturally drawn to people that exhibit a high level of dependence, such as leaders. At the same time, we tend to pull away from people that are very needy. The needier a person has, the less respect we have for them.

This goes with Behavior Principle #2: **We want what we can't have.**

The less someone needs us, the more respect we have for them. And the more someone is available to us because they depend on us, the less respect we have for them.

Since respect is the only variable under commitment and intimacy that we can control and since it really falls under passion, we're going to focus on just **passion** throughout the course. We will learn how to use the "**C Factor**" (**The Challenge Factor**) and the "**D Factor**" (**The Desire Factor**) to attract women by increasing their passion for us.

## **Our Definition Of Attraction**

According to the American Heritage Dictionary, the definition of attraction is as follows:

"A force acting mutually between particles of matter to draw them together and to resist their separation."

In this case, it is the combined force of intimacy, commitment, and passion that form our attraction. However, as you recall, we cannot control the level of intimacy and commitment in a relationship. This is why we're going to ignore them on our basic formula and just say:

**Attraction = Passion**

## **Ex-Force**

The **Ex-Force** is a term we've come up with to represent the negative "external forces" that are influencing your relationship. Basically, it represents the forces of the obstacles that have a negative impact on your relationship. Here are a few examples:

- 1) Your age gap
- 2) A competitor (like another guy)
- 3) Your height
- 4) Your bad looks
- 5) Your skin color
- 6) Your lover's childhood trauma's (Rape, abuse, etc)
- 7) Distance
- 8) Fear of commitment
- 9) Religion
- 10) Family

## **My "Love Balance Scale"**

### **For Love"**

Here's a metaphor we invented a few years ago for our readers: the "love balance scale."

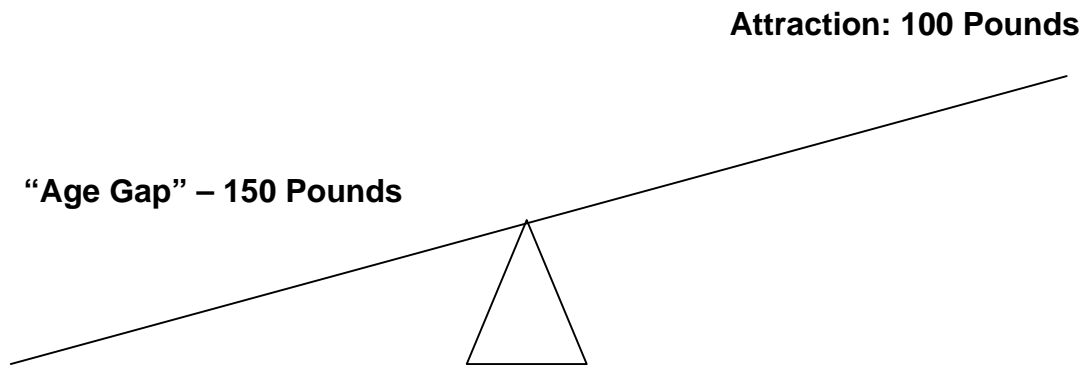
Imagine an old-fashioned balance scale. On one side is an Ex-force exerting on you. On the other side is your date's attraction for you.

**If her attraction for you is stronger than the ex-force, she stays.**

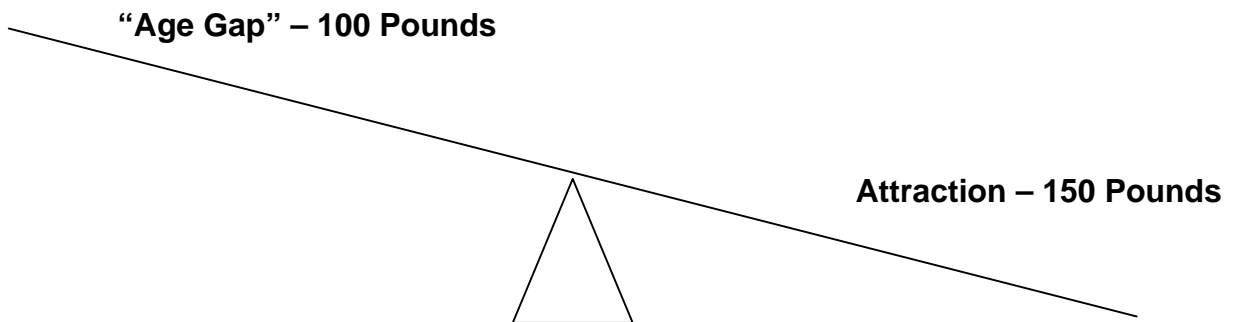
**If it is weaker, she goes.**

Take a look at the examples on the next page:

**Examples:**

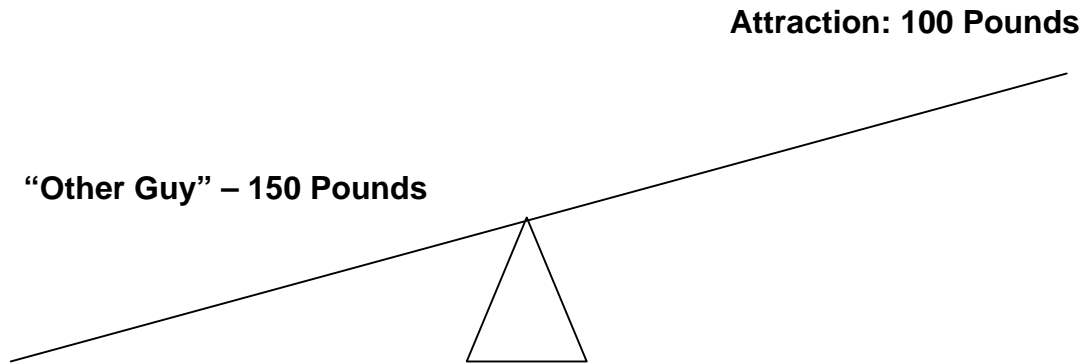


**Example 1: Your girl stops dating you because the attraction is not great enough for her to work out whatever problems that might arise from your age gap.**

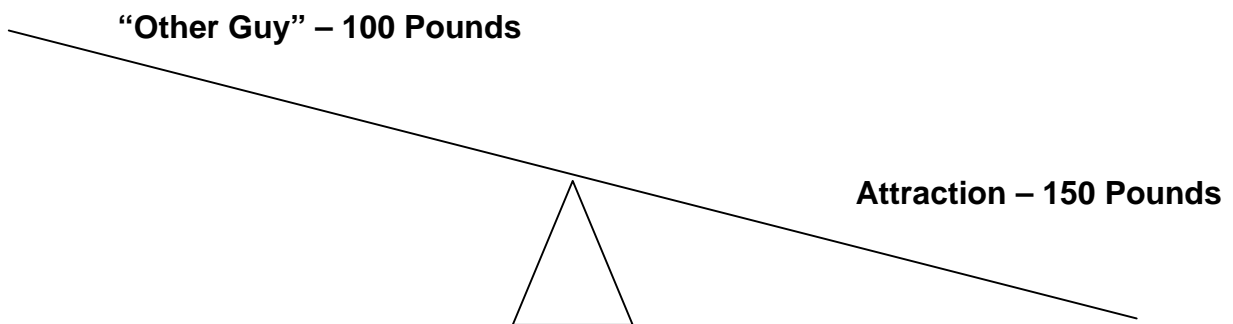


**Example 2: Your girl stays and ignores the age gap because she's too attracted to you to do anything else.**





**Example 3: Your girl leaves because the “other guy” is much hotter than you, even though you’re the “nicer guy”.**



**Example 4: Your girl stays with you because you’re more attractive than the other guy – even though he has a better job and more money than you.**

## **Attraction Cuts Through Everything**

As you can see from the examples above, you can't change the weight of the e-force as it's always constant, but you CAN change the weight of the attraction.

Here's another way to put it: Whatever your "problem" is, it is out of your control.

You can't grow more hair.

You can't beat up the "other guy".

You can't become younger.

You can't grow taller.

You can't change your skin colour.

But you **CAN increase a girl's attraction for you,** and **attraction cuts through everything.**

If a girl is attracted to you enough, she won't care about your lack of hair.

Or your height.

Or your age.

**Attraction cuts through everything.** Get it?

When they run into problems with women, most guys tend to go after the WRONG things. They try to "convince" the girl that the "other guy" is not reliable. They try to "convince" that they are much better. They try to beg, whine, cajole, and plead, when they should have been **attracting** the girl all along.

Understand this concept will already put you ahead of most guys. Remember, guys: **attraction IS everything**.

## **Case Studies**

We've just gone through an awful lot of information that will probably take a few weeks for you to digest. (It's easy to READ this information, but try applying them to EVERY aspect of your love life.)

Our **Smart Dating Method** is a **VERY powerful system** that can solve whatever dating problems you're having. Unlike most approaches that cover only one-night stands or long-term relationships, this system covers **everything** that is related to your love life. To show you some of the things it can do, we're going to study a few sample cases. (Note: The names of the individuals have been changed to protect their identities.)

### **Case Study #1: John, Age 20**

John was dumped by his girlfriend. But instead of getting upset, he followed the "C Factor" and acted happy about the breakup. His girlfriend broke down and tried to "win him back" over the next few weeks.

### **Case Study #2: Mark, Age 23**

Mark had had a secret crush on his best friend since he was 16. After reading my materials, he realized that he was missing the one thing that made a relationship a romantic relationship instead of a friendship: passion. He followed my flirting advice and got his best friend to ask him out.

### **Case Study #3: Tim, Age 51**

Tim fell in love with a young woman (30) and was worried of the age gap. Then he looked at the love balance scale model and emailed back, “A-ha!”

#### **Case Study #4: Bruce, Age 36**

Bruce was feeling miserable because his wife was drifting away. After using the love triangle to diagnose his relationship, he realized that his relationship was lacking respect and passion. He used the “C Factor” to pull back and his ignited passion in his relationship again.

#### **Case Study #5: Nick, Age 21**

Bruce was feeling miserable because his wife was drifting away. After using the love triangle to diagnose his relationship, he realized that his relationship was lacking respect and passion. He used the “C Factor” to pull back and ignited passion in his relationship again.

### **Chapter Summary**

So far...we've learned the three basic components of love: **intimacy**, **commitment**, and **passion**.

**Intimacy** consists of **flexibility** and **self-disclosure**, and **giving**.

**Commitment** consists of **respect**, **integrity** and **loyalty**.

**Passion** consists of **desire** and **uncertainty**.

Together, they combine into **attraction**, or the magnetic force that pulls two people together.

But since we cannot always control intimacy and commitment, we can cancel them out, which leave:

**Passion = attraction.**

This **attraction** cuts through everything and overcomes any **Ex-force** (resistance) such as family and religion.

**Rules To Remember:**

**Behavior Rule #1: People Want What They Can't Have**

**Behavior Rule #2: People Make Conscious Decisions Based on Subconscious Feelings**

Based on these two rules, we can see the importance of:

Attracting women instead of using “logic” to convince them. **(The “D” Factor)**

Giving them enough challenge to keep their interests for us. **(The “C” Factor)**

Now...let's talk more about attraction and debunk a few conventional rules of dating...

## Chapter 2

### Basic Smart Dating Rules

*Don't let your feelings blind you!*

**A**s one of the most popular dating advice sites on the Internet, we receive dozens of emails every day. Some are thank-you letters or inquiries about the various products and services we offer, but most are desperate pleas for help with dating. Here are a few examples:

Subject: PLZ HELP ME OUT

>THERE WAS THIS GIRL I MET SOMETIMES BACK SHE IS  
>THE MOST BEAUTIFUL GIRL I HAVE EVER SEEN IN MY  
>LIFE BUT I HAVE NEVER TOLD HER THIS CUZ I DONT  
>KNOW HOW SHE IS GOING TO FEEL HONESTLY I DONT  
>KNOW HOW TO TELL THIS GIRL I LOVE HER AM AFRAID  
>OF TELLING HER I LOVE HER PLZ KINDLY HELP ME  
>OUT CUZ IF I DONT GET TO HAVE THIS GIRL I MAY DIE  
  
> THANKS! .

Subject: Something About Love

>Hey man. There is a problem. The girl I love is unfortunately  
>someone else's girlfriend. I try to forget about her but can't. Every  
>time I see her I just can't resist her. Is there any way of making her  
>come to me and dumping her boyfriend?  
  
>Hoping to hear from you!

Subject: I Need Help With A Woman

>Hi there Marius you may have forgotten about me but I have not.  
>About a week ago I was dating this girl, well we were kinda dating we  
>talked on the phone everyday and we were exchanging e-mails (but  
>we never went out because she is busy on my days off and I am busy  
>on her days off.).I know she loves me because she said it. Ok about 4  
>days ago I went to visit her we talked and then when I was leaving she  
>told me to call her because she had something to tell me, So I called  
>her later and she told me that she needed some time off because she  
>just broke up with her old boyfriend.(They were dating for 3 years),  
>And that we were going too fast. She asked me to give her some time  
>to think about our relationship. But here is the catch she told me 2  
>times she was going to call me but she never did. First time I called  
>her then she said she would call me, but she didn't. Second time the  
>same. Is she playing with me or is she serious?My question is.what  
>can I do to make her love me more or call me? I really love her and  
>she broke my heart went to said that she should stop seeing each other

Subject: Help!

>I have recently broke up with my girlfriend. She said that she had too  
>much on and that it was not fair on me. All that I want to do is get  
>back together with her. How do I go about doing so?

Do you see a trend among these mails? About 90 percent of these emails contain questions such as:

“Why isn't she answering my calls?”

“I love her so much but she's ignoring me. Why?”

“Why did she cancel the date?”

“Why did she say I am ‘too good for her’?”

“Why doesn't she want to go out with me anymore?”

Interestingly enough, these guys also get all “logical” and analysis everything to bits. They like to fantasize in their heads about all the “possible scenarios” of why a girl isn’t returning their phone calls or why she is breaking up a “perfect” relationship. Often, they come up with reasons such as:

“Maybe she isn’t answering my calls because her father is in town and she has to spend time with him”

“Maybe she is ignoring me because she doesn’t know how much I love her. Or maybe she’s just playing hard to get.”

“Maybe she cancelled our date because she has to work tomorrow morning.”

“Maybe she said I am ‘too good for her’ because deep inside, she loves me and wants me to be happy.”

“Maybe she doesn’t want to go out with me anymore because of childhood trauma. She just can’t trust nice guys like me anymore.”

Sorry, but if a girl is ignoring you or breaking up with you, there’s only one reason:

**SHE ISN’T ATTRACTED TO YOU ROMANTICALLY.**

Remember the love balance scale from the previous chapter? When a girl does not want to go out with you, it is NOT because of the external forces, it is because her attraction for you is not strong enough.

It has nothing to do with her busy schedule or childhood trauma.



It also has nothing to do with how much you like her. You could give her all your love and she would still reject you. Or you could be totally disinterested and she would still be all over you. **Your “love” for her really does not mean anything to her.** Here’s the first dating rule for you...

---

## **Smart Dating Rule #1: It’s Not How Much You Like Her, But How Much She Likes You That Matters!**

---

Most guys let their feelings blind them as soon as they meet a hot chick. They start fantasizing about spending the night with her or even building a future with her, when the girl is not even showing ANY romantic interest in them. In some cases, the girl doesn’t even NOTICE the guy. Here’s the bottom line: **SHE HAS TO LIKE YOU FIRST BEFORE YOU CAN START ANYTHING WITH HER.**

Sadly, most guys do NOT realize this. They think: “Since I think she is the most wonderful person in the world, she must feel the same way about me!”

Uh-huh. Wrong!

She does not care about how much you love her; she only cares about how much SHE likes you!

Think about it. If a fat chick with a black beard told you she loved you, would you have married her on the spot? No way! The same thing is true for women. If a girl does not like you, then you’re just like the fat chick with a beard. No matter how hard you try, she’s not going to marry you because she is not attracted to you at all. You could buy her a house, give her flowers, take her to Paris, and shower her with tons of other gifts. She might take your gifts, but she’s not going to make you happy at all because she does not like you in the first place.

On the other hand, if there were a girl who loved you with all her heart, she would try her very darn best to make you feel happy. There are NO limits to what a girl would do for the man she loves. She could be working a 60-hour job, and she would STILL find time to go out with you – because she was really, really attracted to you.

Every once in awhile, you hear on the news about a “bad boy” who beats up his wife or girlfriend. The guy hits and abuses the poor girl every day, but when the police finally take him away, the girl stands up for him in court, cries for him, and even waits for him to get out of jail. Why? Because the girl is super-attracted to him!

See what I mean when I say it’s not how much you like the girl, but how much the girl likes you that counts?

Comparison Chart

Average Frustrated Chump	Smart Dater
- Thinks that a girl “should” like him back because he “loves” her.	- Understands that his own feelings has NOTHING to do with the outcome of the situation

---

## Smart Dating Rule #2: You Need Permission To Advance

---

When it comes to dating, women are the choosers. Men pick, but women choose. At each step of the dating game, a girl has to give you the permission to advance before you can take things to the next level. (Otherwise, it’s called “sexual harassment”.)

Let me show you what I mean:

- If she likes your style or looks, she will let you approach her.
- If she likes your approach, she will let you talk.
- If she likes the conversation, she will give you the phone number.
- If she likes the first date, she will give you a second date.
- If she likes you holding her hand, she will let you kiss her.
- If she likes your French kiss, she will let you...

Get it?

Okay. Here's a classic scenario: A guy meets a hot blonde at work and it's love at first sight – but only on his end. He starts following the girl around like a puppy and soon becomes her new best “guy friend”. He hides his feelings for a couple of months until he can't take it anymore. One day, he just snaps and tells the girl that he loves her. The girl freaks and says, “I'm flattered. But please don't ever bring this up again!”

Why is the girl reacting in such a negative manner? Because she never expected this to happen in the first place. **She never gave you the permission to hit on her.**

Think about this: if a really ugly friend of yours suddenly told you she loves you all of a sudden, would you marry her? I think not!

Remember: **a girl must give you permission before you can “take things to the next level”.** Otherwise, you're just **invading her personal space** and she won't be too happy about it. You can't just walk up to a woman and kiss her. That's called sexual harassment.

Women want **safety** and **comfort**. So if you surprise her with a “I love you” when she’s not even remotely interested in you, you’re just setting yourself up for rejection. If a girl wants you to advance, she will let you know. Women DO give out subtle clues to guys they are interested in. Some these clues are included in their body language:

Common Signs That Show A Woman Likes You (Body Language)

Smiling

Blushing

Touching

Winking

Flipping or playing with hair

Playing with button/shirt/accessories

Intense Eye Contact

While it is useful to recognize these body language signs, I find it much easier to keep everything simple. A lot of “love experts” tell you a woman must like you if her ankles are positioned in a certain way and her neck is tilted at whatever angle and she’s looking at you from whatever angle blah blah blah.

Guess what? I don’t agree at all. It is actually dangerous for these “experts” to mislead their students with these body language signals.

Why? Because most guys EXAGGERATE the amount of interest a woman may have in them. After reading about some “body language” tips from a love doctor, they see a FRIENDLY smile from a woman and immediately think, “This girl wants my dick!”

This is fatal - especially in a professional environment. A lot of women are merely being “nice”. And the failure to recognize “nice” from “niiice” can cause you a lot of embarrassment.

So how do you tell if she’s interested? Well, it’s quite simple.

You test the waters and ask yourself the following question:

“Is she receptive of my advances?”

For example, let’s say you meet a girl at a club. You begin by smiling at her. If she turns away and stares at the other guys, then she’s NOT interested. If you still approach her without her permission, you’re only going to embarrass yourself, get it?

But let’s say she smiles back sweetly. Then you can nod and smile again. If she’s still receptive, she’s giving you permission to approach her.

See how this little trick could save you a lot of embarrassment? Use it to screen out all the cold women!

The same principle applies to the rest of the dating game. If she touches you, she will probably let you hold you hand; If she let’s you stroke her hair, she will probably let you kiss her. Get it?

Here are a couple of “real life” examples:

Signs A Girl DOESN'T Want You To Advance.

- 1) She ignores you when you smile at her.
- 2) She keeps turning AWAY from you when you try to approach her.

- 3) She seems to be bored when you talk to her. Like she makes absolutely NO effort in talking to you. Or maybe she just answers your questions “politely” when her mind is clearly elsewhere.
- 4) She keeps checking out all the other guys while you make small talk.
- 5) She hesitates when you ask for her number
- 6) She doesn’t return your calls
- 7) She backs off when you lean towards her.

#### Signs A Woman Is Giving You The Permission To Advance!

- 1) She smiles back when you smile at her. (She’s giving you permission to approach!)
- 2) She’s interested in talking to you. She asks you questions, comments on whatever you’re saying, and answers your questions. (She’s giving you permission to get to know her!)
- 3) She touches you. (She’s giving you permission to touch her!)
- 4) She gives you her phone number. (She’s giving you permission to ask her out!)
- 5) She goes on a date with you. (She’s giving you permission to take things to the next level!)
- 6) She lets you hold your hand. (She’s giving you permission for more physical contact – possibly a kiss!)

7) She lets you stroke her hair. (She's giving you permission to kiss her!) .

8) She lets you into her house. (She TRUSTS you and therefore gives you permission to advance!)

9) She lets you sit on her bed. (She MAY be giving you permission to cuddle!

10) She keeps grinding her hips on you. (She's giving you permission to show her your prowess!)

Your job as a smart dater is to learn to recognize these signals and make good use of them.

Dating Tip: Always Test The Waters First!

Dating is 50% leading and 50% reacting. Always TEST THE WATERS and watch the signals she sends you. Decrypt these signals and use them to determine whether you should advance or retreat. You will save yourself a lot of embarrassment this way!

A lot of times, guys are so blinded by their own lusts and emotions that they fail to see any of the signals women are giving them. That's why they have no idea when they should advance and when to back off. Don't make the same mistake. **Stay objective.**

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Does not seek permission.</li><li>- Invades a girl's personal space</li><li>- Does not recognize</li></ul>	<ul style="list-style-type: none"><li>- Tests for signs of attraction before advancing.</li><li>- Does not invade a girl's personal space.</li></ul>

any rejection signals or buying signals. <ul style="list-style-type: none"><li>- Moves too fast.</li><li>- Makes a girl feel uncomfortable</li><li>- Skips many steps</li></ul>	<ul style="list-style-type: none"><li>- Moves slowly.</li><li>- Gets permission from women before advancing.</li><li>- Makes a girl feel comfortable and safe</li><li>- Takes small steps</li></ul>
---	---

---

### Smart Dating Rule #3: Stay Objective

---

It is extremely important that you **stay objective** while you're dating a woman. Most guys tend to project their own feelings onto their mate's. For example, they think that just because they like a girl, a girl should like them back. And when the girl doesn't, they get very upset.

Here's a general rule: **never try to read a woman's mind.**

Why? Because you are probably going to be wrong. Whenever we try to read a girl's mind, we're not actually reading her thoughts. We're actually explaining her action in a *biased* way in order to justify our *opinion* of what we *think* she *should* be thinking about.

For example...we might think "She probably doesn't want to get into a relationship with me yet because she's still hurting from her past relationship."

Bullshit. If you were the guy she REALLY wanted...she would be DYING to have you.

Similarly, you should never believe a woman's words 100 percent – especially if she's playing mind games.



Here's a very simple trick you can use when you're not sure if a girl likes you or not, or if you're getting lost in one of her "mind games". It is called the "action compass".

Next time you talk to a woman, never mind her words – just focus on her action.

Women ALWAYS have a certain intention in mind when they throw a tantrum or play mind games. They play mind games because mind games can usually help them get what they want.

And very often their intention will show through their action. A woman can make up stories to tell you, but she can't make up her actions.

Let me show you what I mean:

- 1) If a girl tells you she loves you verbally but she's being a bitch to you otherwise, then she's just lying about her love for you. If she truly loved you, she shouldn't be *acting* like a bitch, would she?
- 2) If a girl whines about something stupid, watch her action closely. Chances are she is just using the "something stupid" to get something else. Don't be annoyed by the "something" she's telling you about. Does her action show she's trying to get attention from you? Or maybe approval?
- 3) If a girl hesitates when you ask her out, even if she says yes you know you're in trouble because her tone and body language shows she's just being nice. Unlike most guys, who will be VERY happy cause they're blinded by their feelings and don't realize that the girl is only going out with them to be polite, you know you have to work extra hard during the date to impress her.

- 4) A girl is calling you names and hitting you on the chest. But is she being playful about it? If so, then it doesn't matter if she calls you the biggest jerk on earth! Her actual action shows she likes you – quite a lot.
- 5) A girl agrees to go out with you but doesn't show up at the date. Well, no matter what excuses she makes up after, her action still shows she's a bitch!

With a little bit of practice, you can use this “action compass” to navigate your way out every time you get lost in one of her mind games or tantrums.

Dating Tip: The Action Compass

Always use the action compass whenever you get lost in a woman's mind game or tantrum. Don't bother to stick around and get all emotional with her. Remember: you can't beat a woman in her own game, so just get the hell out!

Comparison Chart

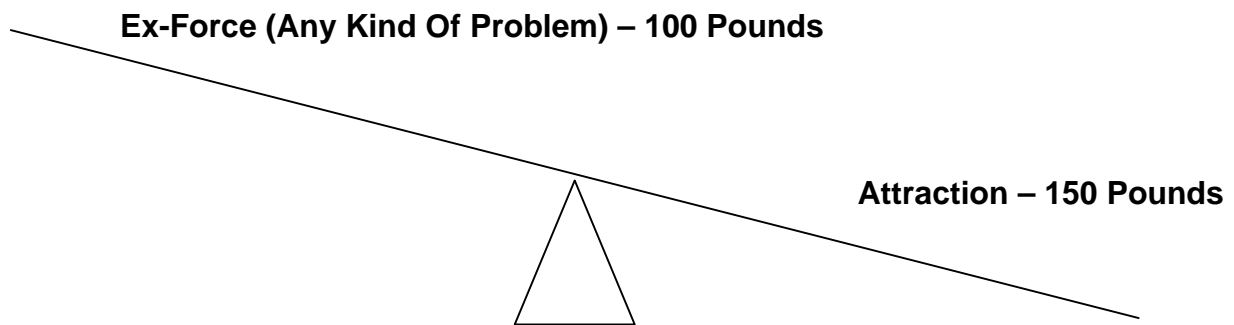
Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Projects his own feelings onto a girl</li><li>- Focuses on what women SAY instead of what they DO</li></ul>	<ul style="list-style-type: none"><li>- Remains objective</li><li>- Focuses on what women DO instead of what they SAY</li></ul>

---

## Smart Dating Rule #4: Attraction Cuts Through Everything

---

Remember the love balance scale from the last chapter?



According to the love balance scale, **attraction cuts through everything**. It doesn't matter how strong the ex-force is - **as long as the attraction is stronger**.

So stop whining about your height, skin colour, or baldness. Don't cry about your girl cheating on you with another guy. Don't complain about your girl's shyness.

At the end of the day, **attraction cuts through everything**. If your girl were more attracted to you, these problems would be solved **automatically**.

She would stop cheating on you.

She would stop flirting with other guys.

She wouldn't care about your height, age, or skin colour.

She wouldn't care about her family's opinion.

Heck. She might even elope with you if she liked you enough.

So...just stop whining about things you can't change and work on her attraction for you instead. **Keep your girl attracted to you, and she will stay with you for life.**

Comparison Chart

Average Frustrated Chump	Smart Dater
- Whines about his age, height, looks, job, wealth status, baldness, and just about everything else.	- Focuses on keeping a woman <b><u>attracted</u></b> to him because at the end of the day, <b><u>attraction cuts through everything.</u></b>

---

## Smart Dating Rule #5: Attract, Not Chase

---

Since attraction is based on feelings, not logic, it is very important that you **attract** instead of chase.

Attracting a woman means **communicating with her sexual feelings** and **building a connection with her directly.**

Chasing a woman means using "logic" to "convince" her that you would make a suitable mate for her. This is what most guys do.

Unfortunately, if a girl is not attracted to you romantically, no amount of "chasing" will make her stay. Sure, she might use you for a short while, but she's going to leave you sooner or later for another guy because she wasn't attracted to you in the first place.

If you look around, you will see that the guys that are really good with women are the guys that communicate with women **sexually**. They aren't the guys that shower a woman with attention. They aren't the guys that beg and push a girl into going out with them. They are the guys that know how to tease to please and how to flirt for skirt. We're going to teach you these techniques later in the course.

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Communicates with women "logically"</li><li>- Tries to chase women</li><li>- Showers a woman with gifts, flowers, and compliments</li></ul>	<ul style="list-style-type: none"><li>- Communicates with women sexually</li><li>- Attracts women</li><li>- Knows to "tease to please" and "flirt for skirt"</li></ul>

---

## Smart Dating Rule #6: Be A Challenge To Create Passion

---

Here's something you can do right now to stand out from most guys out there: be a challenge.

Everybody enjoys a challenge. Nobody likes a mate who's too easy. Think about it: As men, we might sleep with sluts, but we never stick around after. Wussy guys are the male equivalent of sluts. Women might exploit them when they are between boyfriends, but they're never going to marry or stay with a guy who's not a challenge.

Remember the formula we learned in chapter 1:

**Hope + Uncertainty = Passion**

The quickest and easiest way to sit up someone's romantic passions is to create some uncertainty by acting like a **challenge**. It will raise the stakes higher on the woman's part and make her work harder to keep you. If you never act like a challenge, why would a woman have to worry about losing you, ever? She knows that you will always like her. She knows that you will be there for her no matter what. She knows she has you wrapped around her little fingers. Jeez. How boring!

Furthermore, sane women **don't** want you to act like they are the only thing in your life that's important. They want you to actually have a life. You aren't being Duan Juan when you put a woman above everything else in your life; you are just being *pathetic*.

I can guarantee you one thing. **If you don't act like a challenge, a woman will lose her attraction in you sooner or later and go for somebody else.**

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Gives no challenge</li><li>- Makes a woman the central part of his life</li><li>- Acts really needy</li><li>- Afraid to leave a relationship</li><li>- Tells a woman that he "loves" her too early</li><li>- Tries to "please" a woman</li><li>- Seeks approval</li></ul>	<ul style="list-style-type: none"><li>- Acts like a challenge</li><li>- Has a life outside the relationship</li><li>- Independent</li><li>- Not afraid to walk out of a relationship any time</li><li>- Focuses on keeping a woman <b><u>attracted</u></b> to him because at the end of the day, <b><u>attraction cuts through everything.</u></b></li></ul>

## Summary of the Smart Dating Rules

Smart Dating Rule #1: It's Not How Much You Like Her, But How Much She Likes You That Matters!

Smart Dating Rule #2: You Need Permission To Advance

Smart Dating Rule #3: Stay Objective

Smart Dating Rule #4: Attraction Cuts Through Everything

Smart Dating Rule #5: Attract, Not Chase

Smart Dating Rule #6: Be A Challenge To Create Passion

### **Quick Self-Test: Are You Following The Smart Dating Rules?**

Do the follow self-test to see where you stand in the dating game:

- 1) Have you talked to your crush before, or does she not even know who you are? YES\_\_\_\_ NO\_\_\_\_
- 2) Do you want to “convince” your crush that you are the right guy for her because you love her? YES\_\_\_\_ NO\_\_\_\_
- 3) Has she rejected you before? YES\_\_\_\_ NO\_\_\_\_
- 4) Do you ever “rationalize” a rejection or a break of date? (“She’s busy”, “She’s sick”, etc) YES\_\_\_\_ NO\_\_\_\_
- 5) Do you skip over steps? (Example: Ask a woman out before you flirt with her.) YES\_\_\_\_ NO\_\_\_\_
- 6) Do you invade a girl’s personal space? (As in ignoring her rejection signals.) YES\_\_\_\_ NO\_\_\_\_
- 7) Do you project your own feelings onto a girl? YES\_\_\_\_ NO\_\_\_\_

- 8) Focus on what she says instead of what she *does*?  
YES\_\_\_\_ NO\_\_\_\_
- 9) Do you worry about your height? YES\_\_\_\_ NO\_\_\_\_
- 10) Do you worry about your age? YES\_\_\_\_ NO\_\_\_\_
- 11) Do you worry about your race? YES\_\_\_\_ NO\_\_\_\_
- 12) Do you worry about your \_\_\_\_\_? YES\_\_\_\_  
NO\_\_\_\_
- 13) Do you chase women with gifts, flowers, and  
compliments? YES\_\_\_\_ NO\_\_\_\_
- 14) Have you ever given a woman a gift or flowers on the  
first five dates? YES\_\_\_\_ NO\_\_\_\_
- 15) Do you do everything she asks you to do? YES\_\_\_\_  
NO\_\_\_\_
- 16) Do you tell her your feelings about her? YES\_\_\_\_  
NO\_\_\_\_
- 17) Do you wear your heart on your sleeve? YES\_\_\_\_  
NO\_\_\_\_
- 18) Do you try to impress her? YES\_\_\_\_ NO\_\_\_\_
- 19) Do you seek her approval? YES\_\_\_\_ NO\_\_\_\_
- 20) Do you try to please her? YES\_\_\_\_ NO\_\_\_\_

If you have answered “yes” to any of the questions, you don’t understand your game yet. In that case, you should go back and study this chapter again.

Go out and practice the seven dating rules. They are rules that you must follow at all times, **with no exceptions**.



Memorize the rules and do the self-quiz every week, until you have the discipline to follow the rules rigidly. Remember: every time you break one of these rules, it means you have made a mistake with a girl and lowered her attraction for you, whether you know it or not. Make a few more mistakes, and you're going to be out of her life – forever.

## Chapter 3

### Chapter 3: Attraction Secrets Exposed

**S**o...what DO women want? We will answer this question in this chapter. Let's start by debunking a few common myths about attraction:

#### Myth #1: "Women Only Like Jerks"

A common misconception about women is that they are only interested in "jerks". Log onto any forum, and you will most likely see depressive posts written by computer geeks that whine about how "nice guys always finish last" and "girls only go for assholes".

Don't believe into this propaganda. These theories are just excuses for the poor love lives of frustrated, asexual guys that have been conditioned by their mothers and sisters to be "nice" to women. Their complaints are out of pure jealousy.

Listen: women don't like "jerks". They just like **masculine men**. The only advantage "jerks" have over "nice guys" is that "jerks" usually carry more traditional masculine traits.

In the past 5 billion of years of evolution, **masculine males** have always been the men women fight over because they are:

- more physically fit
- more self-disciplined
- more decisive
- more spontaneous/adventurous
- more mature

- more responsible
- more successful
- more hardworking
- more determined
- more intelligent
- more interesting
- more independent
- more confident
- more exciting
- more sexual

### **Quick Self-Test: Are You Following The Smart Dating Rules?**

Do the following quick self-test to see how **masculine** you are.

- 1) Do you work out at the gym at least 3 days a week?  
YES\_\_\_\_ NO\_\_\_\_

(Explanation: Although your mama might have taught you that “the pen is mightier than the sword”, going to the gym and having a great body shows that you’re a real man with self-control and dedication who’s determined to succeed.)

- 2) Are you a leader? YES\_\_\_\_ NO\_\_\_\_

(Explanation: Most of the world’s greatest lovers have been the greatest leaders as well. Think Alexandra the Great, Kennedy, and Lord Byron.)

- 3) Are you adventurer? YES\_\_\_\_ NO\_\_\_\_

(Explanation: Adventurous/spontaneous men are the most exciting males on this planet. Women love them because they are so unpredictable. A girl will never know what surprise his guy has in store for her.)

- 4) Are you very sexual? YES\_\_\_\_ NO\_\_\_\_

(Explanation: Most of the really successful people and greatest lovers in history have been very sexual men. A real man is not afraid to embrace his own sexuality. He sees it not as something embarrassing, but as a great force of motivation that can push him towards success.)

Not matter how well or how poorly you scored on the self-test, I want you to understand that you can become a more masculine man without becoming a jerk. You can pick up all the masculine traits without becoming an abusive jerk. We will talk more about this in the next couple of chapters.

### **Myth #2: “Opposites Attract.”**

A second misconception about attraction is that “opposites attract”. This is the biggest lie since the Nigerian letter scam.

It has been proven over and over by psychologists that like attracts like. People always find other people that share similar values and attitudes more attractive. If two people do not share similar values, beliefs, and lifestyles, they are not going to find a connection.

This is why it's very important you find a mate who's similar to you. Remember this, guys: When you marry a girl, it's not just her body you're marrying. You're also marrying her values, beliefs, and lifestyle. If you can't stand her lifestyle now, things are only going to get *worse* as time goes on. Your problems are just going to *magnify*. So if you want to spare yourself some trouble, pick the right gal to start off with!

### **Myth #3: “Women Aren't Sexual By Nature.”**

If you look around you today, you will probably notice that most guys have been poisoned by the media and by the own mothers to believe in the “nice guy culture”.

Everybody on T.V says women want to find a “good man” they can love. Women get onto talk shows to cry about why they can’t find a non-abusive partner. Every woman and their sister talks about meeting their “soul mate”. Guys are supposed to control their sexual urges and pretend they want everything from women *except* sex.

But you know what? A few decades of talk shows and misinformation aren’t going to change 5 billion years of evolution. What women want today hasn’t changed much from what women wanted millions of years ago.

**Sex is still the key to reproduction – the reason we’re here on earth.**

Don’t buy into the garbage that women don’t like sex. Talk to any **attractive** women, and you will see that the best-looking women *always* have REGULAR sex.

If they hate it so much, why are they doing it? Think about it.

## **Social-Biological Conditioning**

So...if women love sex, why don’t they admit it?

The reason most women SAY they don’t like sex is because they are afraid of being labeled as a “slut”. Society has conditioned women into thinking that sex is only for “tramps” and “whores”, and that you should never sleep with a guy until you know him really well. As a result, a lot of women repress their sexuality for fear of being branded as a “slut” or “ho”.

In short, as humans, our sexual urges have been repressed by our **social conditioning**. As a few psychologists have suggested, “despite its potential for immense physical pleasure and the crucial role that it plays in propagating the species, sex nevertheless is sometimes a source of anxiety, shame, and disgust for humans, and is always subject to cultural norms and social regulation. (Goldenberg, Pyszczynski, Greenberg, & Solomon, 2000) In today’s modern society, **sex is threatening because it “makes us acutely aware of our sheer physical and animal nature.”**

But once again, a couple hundred years of *modern* social conditioning cannot undo five billion years of natural evolution. No matter what society tells us, **we still respond to the same sexual signals as our ancestors did billions of years ago.**

Let me give you a quick example:

*Imagine a girl standing in front of you, wearing a small, blue mini-skirt that just manages to cover her small tight ass. Her white crop top stretches sideways to cover her ample breasts. Her soft golden hair flows beautifully over her perfect shoulders. She smiles at you as you look into her deep, blue eyes.*

Let’s say you’ve just met this girl at a party, and you know NOTHING about her yet – except that she’s one of the most beautiful girls you’ve ever met. Ask yourself honestly: Would you feel at least a bit attracted to this girl?

*Next, imagine a fat, ugly chick in front of you. Her fat legs are sitting on a pair of old, stinky sneakers. Her hair is all messy and gross. There’s fat squeezing out of the old dress she’s wearing. As she smiles at you, you can tell she is missing a front tooth. Would you feel attracted to her at all?*

Now...let's say that this fat, ugly chick is the BEST wife you could ever have. The girl can cook like a chef...and she works as hard as a farmer. She promises to do all your chores for the rest of your life and she promises to never nag, lie, cheat, or deny sex.

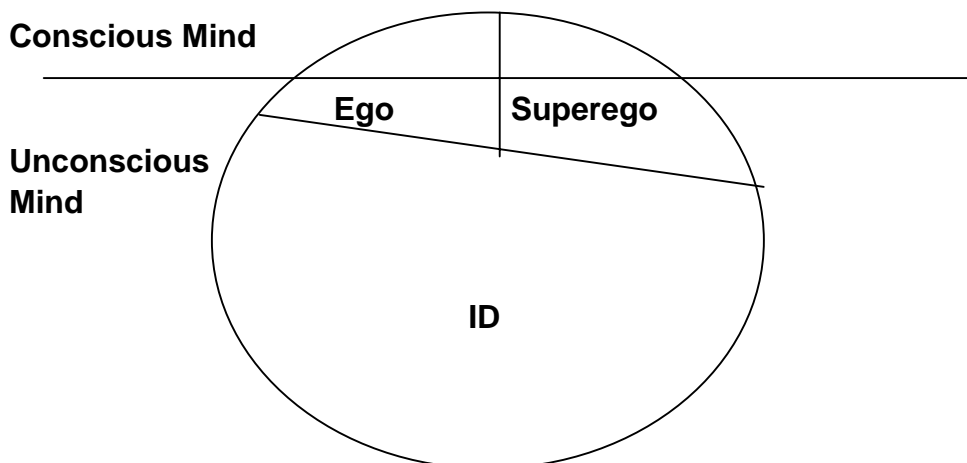
As for the first girl...there are tons of guys flirting with her every single day...and she can't cook at all. She also gets upset when you don't give her enough attention and she whines when you don't call her enough.

Which girl are you more attracted to now?

Probably still the prettier girl. Why? Because you cannot control your DNA. **Logic tells you that the fat woman would make a better wife, but your genital tells you the skinny girl would be better in bed.**

## Ego, Superego, and Id

If you have taken a psychology class before, you should know that the human mind is divided into the ego, the superego and the id:



The **id** is completely unconscious and contains your instincts – including your **libido (ex drive)**.

The **superego** contains the rules and restrictions of society. Think of it as your **social conditioning**.

The **ego** is the “logical” self – the part of the mind that controls your behavior. It acts as a mediator between the id and the superego.

When it comes to love and romance, a woman’s **libido** tells how she should be feeling. **Just like you can’t control your attraction for a beautiful girl, a woman cannot control her attraction for a masculine guy.**

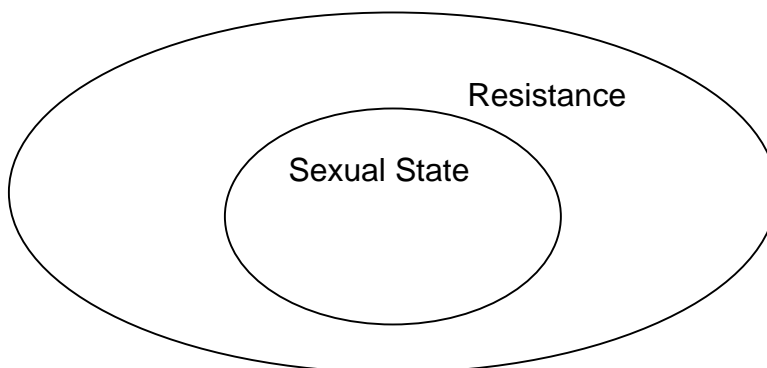
### ***The Smart Dating System’s Attraction Model***

So far in this chapter, we’ve covered:

- 1) The social conditioning of women. (“Sex is for ho’s”)
- 2) The “likes attract likes” rule.
- 3) Women are sexual (They all have libidos in their unconscious minds.)

We’re now going to put these three theories together to form our **Attraction Egg Model**:

Imagine an egg with a yolk inside...

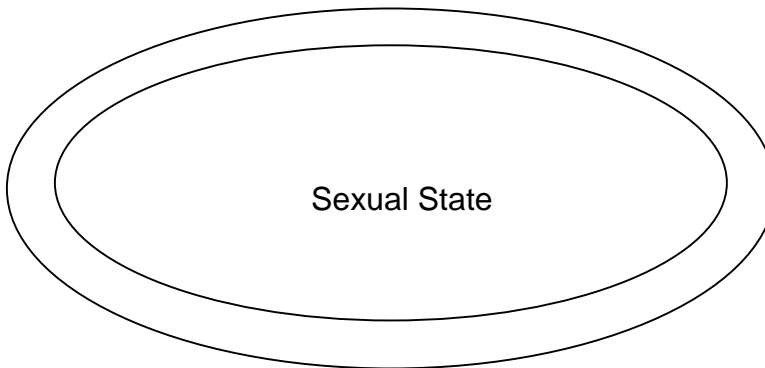




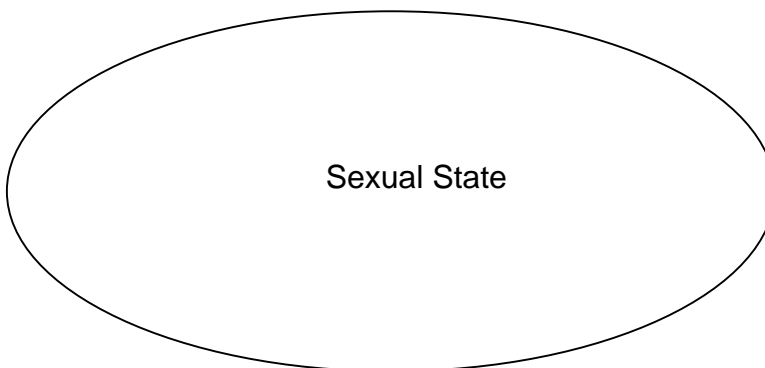
In the middle of the attraction egg is a malleable york that represents a woman's **sexual state**, or how horny she is for you.

Outside the york is her **resistance**. This is an impenetrable wall of resistance that you cannot infiltrate with any kind of physical power. However, it does let one thing go through: **feelings**.

To attract a woman, **what we want to do is to send feelings through her resistance wall and into her sexual state**. As more feelings build up within the malleable york, it will have no choice but to expand...



Until it reaches the surface:



At this point, her attraction for you should overcome whatever social conditioning that has been imposed on her.

## **Emotions, Desire, and Action – The Three-Step Approach Of *The Smart Dating System***

*The Smart Dating System* follows a strict three-step approach to attracting women: “**Emotions, desire, and action**”.

When we first meet a woman, we **calibrate her emotions**. We **drive her fear away** and **make her feel comfortable**. We then **arouse her curiosity** and **match our feelings** with hers to **create a bond** between us.

Using the techniques shown in this course, we then **convert her feelings into desire** and **anchor onto her desire** in order to **amplify** it.

Finally, we take **physical action** to advance things to the next level.

## Section Summary

### A Quick Summary Of The Smart Dating System

The three basic components of love: intimacy, commitment, and passion. Intimacy consists of flexibility, self-disclosure, and giving. Commitment consists of respect, integrity and loyalty. Passion consists of desire and uncertainty. Together, they combine into attraction, or the magnetic force that pulls two people together.

But since we cannot always control intimacy and commitment, we can say:

**Passion = attraction.**

Attraction cuts through everything and overcomes any Ex-force (resistance) such as family and religion.

#### **Behavior Rules:**

- 1) People Want What They Can't Have
- 2) People Make Conscious Decisions Based on Subconscious Feelings

#### **Smart Dating Rules:**

Smart Dating Rule #1: It's Not How Much You Like Her, But How Much She Likes You That Matters!

Smart Dating Rule #2: You Need Permission To Advance

Smart Dating Rule #3: Stay Objective

Smart Dating Rule #4: Attraction Cuts Through Everything

Smart Dating Rule #5: Attract, Not Chase

Smart Dating Rule #6: Be A Challenge To Create Passion

Women like **masculine men** that are **sexual** in nature, although their **social conditioning** tells them otherwise. But just like a man cannot control his attraction for an attractive girl, a woman cannot control her attraction for an attractive man.

To attract a woman, we send **feelings** through her **resistance** in order to **arouse her sexual state**. We can do this with the **three-step approach**.

The three-step approach consists of:

- 1) Calibrating a woman's **emotions**.
- 2) Anchoring and amplifying her **desire**.
- 3) Using physical **action** to advance things to the next level.

## ***Part 2: Basic Steps Towards Success***

## Chapter 4

# Dressing Towards Success

If you're a chick magnet on the wrong polar (meaning you repel women instead of attract them), you definitely need this chapter. In this chapter, you will learn everything you need to know about how to NOT repel women physically. This is the first step you must go through before you can attract any women. Remember, first impressions are important: You will never get a date if women are immediately turned off by your looks.

### How Women Check You Out

Let us begin this chapter by look at the results of a past survey done on a college campus. Throughout the course of a week, numerous girls were interviewed on what usually causes them to “notice” a guy initially, as well as what parts of the body they look at first when they check the guy out.

Here are the things that seem to catch a girl's interest the most.

- 1) **The style of the guy** – Style of dress and the way he moves. Does he have good posture and “stand out” from the crowd, or does he hide behind his friends?
- 2) **Whatever “gadget” he has with him.** Is he carrying a briefcase (Is he mature)? Or wearing a backpack (Is

he adventurous)? Or maybe he's carrying a cell phone? (Definitely not a loner.)

Once a guy catches their attention, they begin to check out his...

### **3) Face**

The hair – Is it messy or is it “cool”?

Pimples – Are there just a few? Or does his face look like a volcano?

Eyes – Do they look smart and confident?

Glasses? If so, ARE THEY CLEAN? And do they fit the guy's face?

Is the face dirty?

Is the face “cute”?

As soon as they are done “checking out” the face, the next part they check out is \*SURPRISE, SURPRISE\* not the abs or biceps, but:

### **4) The shoes.**

Are they clean?

Do they fit?

And only when they've finished examining the above do they turn their gazes to

### **5) The shoulders, the chest and the butt.**

Do you see a pattern in all of this?

Women look at the opposite of what men look at when men check women out. While men go right for the tits and arse, women go for the “accessories” such as the hair and glasses.

The good news is, these are things we can actually control.

## **Improve Your Looks Overnight**

Here is how you can improve your looks overnight:

### **1) Get a cool hairstyle.**

Don't brush your hair the same old boring way all the time. If you are totally clueless in this area, note hairstyles that you have seen on TV, or just ask your hairdresser to give you something fashionable. Remember that a hairstyle may dramatically change the shape of your face, making it look longer or more round. In general, girls like longer and leaner faces on guys since the absence of baby-fat signifies maturity. However, there are still those who like chubby faces. It's all up to you. By the way, girls like darker hair since it is another sense of maturity. (Gentlemen prefer blondes for the opposite reason.)

Here's a quick tip for you men out there with the “standard haircut”. Wet it with water or gel and then run your fingers across the top. It will create that artfully mussed look that a lot of girls like.

### **2) Wear Contacts**

If you're near-sighted, then either buy yourself contact lenses or wear a pair of glasses that fit. If you have big eyes, consider wearing contacts as a lot of girls think big eyes are “cute”. But if you don't want to get contacts,



then at least make sure your glasses fit your face. For example, if you have a big face, don't wear a pair of tiny glasses.

By the way, make sure your glasses are clean all the time. Girls hate smudged glasses. Of course...you will get to enjoy the ladies a lot better if you don't have to view them from a dirty window!

### **3) Wash Your Face**

Wash your face often to keep it pimple free. A few pimples are fine, but a big volcano on your face is just plain scary.

### **4) Shoes Make The Man**

Wear clean shoes wherever you go. Make sure your socks match your shoes. By the way, runners are for running, not dating.

### **5) Dress Nicely**

Don't overdress because some girls find that "gay", but at least pay a tiny bit of attention on what you're wearing from now on. Women love details, so keep that in mind when you dress! And if you're absolutely clueless in this area, watch a soap opera and see what the actors wear.

### **6) Try to wear a shirt**

### **7) Lips**

If you're planning to kiss women, you better keep your lips soft. Use lip balm.

## **7) Teeth**

Go to the dentist at least twice a year. Brush your teeth and floss daily.

## **Other Things To Watch Out For**

- 8) Keep your nails clean and cut them often. Long nails only look great on girls.
- 9) Wear a deodorant. There's nothing worse than being around a smelly pig.
- 10) You can wear a little bit of cologne, but remember that none is better than too much when it comes to cologne. Do what girls do, spray some in the air and then WALK THROUGH IT.
- 11) Shower often.
- 12) Get a nice watch. Doesn't have to be a Rolex. Just anything without a LCD screen will do. (You want to look mature!)
- 13) No sweat stains on your shirt please.

## **Hit The Gym**

Should you go to the gym?

The answer is a firm yes.

While it is true that most girls don't care if their lovers look like firefighters or not, it doesn't hurt to look good.

There are also many other benefits to working out in the gym: First of all, men who can find the time to exercise generally have more control over their lives. Girls know this too.

Remember: You have to be able to love your own body before girls can love it too. Carrying two hundred pounds of excessive fat on your body isn't going to help you. It's just going to send a pretty clear message to the ladies that you're a lazy slob. So get off the couch and get onto a treadmill!

Having a lean, healthy body can do wonders to your confidence. Exercise can make you healthier and you will be able to enjoy the ladies longer. Most important of all, working out at the gym releases the natural testosterone you need to be a strong, masculine male.

## **Getting A Tan**

By the way, a tan can do wonders to your body. It can make you much leaner and more attractive. If you don't like sunbathing, consider purchasing one of those self-tanning lotions on the net.

## Chapter 5

# Attitude Towards Success

**A** person's attitude towards something can greatly affect the outcome of a situation. Here's an example:

Two men apply for a job at a firm, but neither gets the job. Devastated by the outcome, the first man decides that he isn't fit for the field at all. The second says to himself, "Oh well, it's their loss" and goes off to find another job.

Who's the winner and who's the loser in this scenario? The answer is quite obvious.

The same thing can be said about dating. You can only be a failure if you think you're one.

Your initial state when meeting a woman is very important. Having the right set of attitudes will help you approach and attract them. Having the wrong one will just panic and confuse you.

In order for you to really succeed with women, you must get rid of all the negative attitudes towards dating and women in your head and replace them with some better ones. Think of it as replacing your old, faulty and "logical" beliefs with a new "sexual state" that you can use to attract women.

Below is a list of the most common "faulty attitudes", and how you can fix them.

## **Bad Attitude #1: The “I’m Afraid Of Rejection” Attitude**

When an “Average Joe” first starts asking women out, he is usually very insecure and confused. Most guys just have a secret crush on a girl and wait for months before that finally gather enough courage to ask her out. Instead of blurting out the words to get it over with, most guys just keep asking themselves the same question over and over:

“WHAT IF SHE REJECTS ME?”

Of course, this question would then lead to other questions such as:

"What if she embarrasses me?"

"What if she never talks to me again?"

"What if she tells everyone?"

But you know what? Does it really matter?

**You aren’t dating her now, so what have you got to lose?**

If you’re **really smart**, you should realize that every rejection brings you **closer to success**.

Remember Thomas Edison, the guy who invented the light bulb? He also invented the world’s first alkaline storage battery. It took him over 10,000 combinations of various elements before he finally found the right combination. When other people why he did not give up since his experiments weren’t producing any results, he replied, “Results? Why, I have gotten lots of results! If I find 10,000 ways something won’t work, I haven’t failed. I am not discouraged, because every wrong attempt discarded is just one more step forward.”

Dating is the same. **You must learn to fail before you can learn to succeed.**

Let's face it. You're not going to get everything right the first time. You're not going to strike a home run on your first try. But if you learn something new every time, you're making progress.

The key here is to have **creative persistence**. Without creative persistence, Thomas Edison would never have invented the light bulb or the battery. Without creative persistence, you won't ever get better with women.

## Creative Persistence

Creative persistence is more than just staying the course no matter what. It is the ability to **make adjustments** and **corrections** before you try again.

If you learn from your mistakes with women, you're going to be ahead of most guys already. Most guys out there never bother to learn from their mistakes. They just make the same mistakes over and over with different women.

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Is afraid of rejection.</li><li>- Whimpers and cries silently after a rejection, only to make the same mistakes again later on with another women.</li><li>- Never gets anywhere.</li></ul>	<ul style="list-style-type: none"><li>- Sees rejection as the key to success.</li><li>- Persists creatively. Learns from his mistakes and never makes the same errors again.</li><li>- Improves every time.</li></ul>

Furthermore, keep in mind that there are numerous reasons as to why a girl might be turning you down. Real life isn't like *Sex And The City*. Not every woman you come across is going to be on the make.

Most are going to be married, in a relationship, or simply not interested in meeting anybody at the moment. (70 percent)

Some are going to be lesbians. (Around 5 percent)

Of the 25 percent who are left, some have just been hurt greatly by other men and will need time to heal.

Some are just cold and antisocial.

And some just don't see you as their type.

Don't be offended by the last. Every woman has her own ideal image of a guy. There is no reason to take things personally. All right. So she doesn't see you as a potential lover. What's the big deal? Move on.

There are lots of other fish in the sea.

Remember, while you might be devastated by a rejection initially, in a few years you will only laugh when you think about it.

Think about the first time you were rejected. How devastated were you back then? But do you still feel the same now?

## **How To Avoid Rejection**

A good way to avoid rejection is to “test the waters” by flirting with a woman first. Instead of telling her that you like her (which you should NEVER do anyway), just flirt with her

and see how she reacts. If she flirts back, there's a chance she might like you. But if she ignores you, she probably doesn't like you at all.

As you flirt with a woman, make sure you're just flirting for the sake of bringing her pleasure, NOT because you're trying to "pick her up". Only flirt with women because you're a natural flirts who likes to make all the women around you to feel really good, but NOT because you want anything in return. This is an almost foolproof way to avoid rejection. After all, if you were just flirting casually and not trying to pick anyone, nobody could really reject you, right?

Dating Technique: Test The Waters First

A good way to lower your chance of rejection (and your fear of it) is to "test the waters" first. Remember the dating rule from Chapter 1: It's not how much you like a girl that matters; it's how much she likes you that matters. So if you can make sure she's interested in you before you even ask her out...the bumpy road to love is going to be a lot smoother.

Always test the waters first before asking a woman out by flirting with her casually. Examine her response in an objective manner. Is she responding in positively? Or is she giving you the cold "get lost" look?

Dating Exercise: Desensitization - Part 1

Psychologists use something called desensitization to help clients overcome phobias. For example, if you are afraid of spiders, they show you pictures of spiders and eventually get you to touch them until you're not afraid of them anymore. Basically, they try



to shock your system until you stop responding to these triggers as threats.

We can use the same technique to help you overcome your fear of rejection.

The first part is to overcome your fear of asking someone out. Next time you talk to an attractive woman in a non-romantic situation, I want you to think about asking her out on a date. Your fear of rejection is going to kick in and you're going to start to feel that fear in your chest. Hold yourself in this state for as long as you can bear before you stop.

Keep pushing yourself closer and closer to actually asking her out verbally. You will be able to do it eventually.

The good thing about this exercise is that it is all internal. Nobody will know what you're thinking except you!

#### Dating Exercise: Desensitization – Part 2

Once you are more comfortable with the feeling of asking a woman out, try to ask a woman out everyday from now on. She may be a girl from work, a new girl you are going to meet on the bus, a girl you're going to meet at the club, a total stranger or whatever. Who cares? Just ask somebody out. Or at least get her phone number.

"But I want to wait for that special someone!" You may argue. Well, but if you just hang around and do nothing now, you won't know what to do when your dream girl finally shows up on your doorsteps. So do yourself a favor: and start practicing now.

The point of this exercise is to get rejected as much as possible. Since this is your objective, you won't have to worry about being turned down or embarrassed! Just go out and have fun.

Who knows? Maybe you will even land yourself a date?

## **Bad Attitude #2: The “But She’s The Only Girl I’ll Ever Love” Attitude**

By now, you might be crying, “But I LOVE the girl I want. I only want HER. I don’t want to flirt with any other women. She is my world. She is the only girl I’ll ever need. We’re soul mates!!!”

Get off you high horse.

Here are a couple of hard truths for you:

**Reality #1:** If you don’t practice before you approach the girl of your dreams, you’re probably going to screw up.

**Reality #2:** There will always be other women in this world.

**Reality #3:** She might not like you at all, and it’s not how much you like a girl, but how much a girl likes YOU that matters.

**Reality #4:** You’re probably just infatuated with her, and infatuation is not love.

## **Quick Self-Test: Are You In Love?**

Do the follow self-test to see if you’re ready to call it “love”.

- 1) Have you been going out with her for more than 6 months? YES\_\_\_\_ NO\_\_\_\_
- 2) Do you know all of her faults? YES\_\_\_\_ NO\_\_\_\_
- 3) Do you know her favorite food movie, band, and colour? YES\_\_\_\_ NO\_\_\_\_
- 4) Have you met her family? YES\_\_\_\_ NO\_\_\_\_
- 5) Do you know all of her friends? YES\_\_\_\_ NO\_\_\_\_
- 6) Do you know any of her secrets? YES\_\_\_\_ NO\_\_\_\_
- 7) Do you know her greatest dreams, fears, and ambitions? YES\_\_\_\_ NO\_\_\_\_
- 8) Does she know who you are personally? YES\_\_\_\_ NO\_\_\_\_

If you have answered “No” to answer of the questions listed above, sorry, it’s not love.

Here’s the bottom line: If you’re centering your whole world on a certain girl, you’re way too obsessed with your love life.

## **Nobody Cares About Your Love Life**

Go out to your backyard tonight and stare at the night sky. See the billions of stars out there. Do you realize what you’re seeing has taken billions of light years to reach this world?

And how old are you? 18? 25? 30? 40? 50?

No matter how old you are, one thing is clear: You’re just on this earth for a couple of decades. With that in mind, how important do you think you are, compared to the universe out there? And most important of all, how important

do you think this girl really is, compared to the billions of stars out there? Does the universe care about you? Or the fact that you're crazy about a girl you don't even know?

You're right – nobody cares.

### **Bad Attitude #3: The “I Don’t Need Women” Attitude**

A lot of shy guys like to think of themselves as a sort of a “powerful loner”. You know, the wizard who hides in the woods because he is smarter than everybody else's. These guys like to see themselves as “above” the conventional practices of dating. They think they could just meet a special princess (who'll go to him) one day without “wasting any time” on the stupid rituals of courtship. Ha. These guys are never going to get laid. (Or married.)

Having this kind of “powerful loner” attitude towards dating is fatal because:

You won't ever want to ask any girl out since the act of asking someone out will show you you're not so powerful after all. (It shows you DO need love and sex, just like the average Joe. This fear of vulnerability can block you from picking up women. )

You will also have trouble connecting with women emotionally because you want to keep everything to yourself. And a lot of times you would want to “lose interest” in a girl and leave because you're afraid of taking things to a more emotional level and becoming addicted to her.

Lastly, you are probably going to be clumsy in bed because as a powerful loner, you're not even supposed to enjoy sex. When you're making out with a girl, you will pretend to be a gentleman and act like you're not turned on – when deep inside you're feeling so good you are paralyzed.

If you do suffer from this mindset, then maybe you were raised in a family that did not believe in showing affections in public. Here are some of the exercises you can use to purge this unhealthy “powerful loner” mindset:

Dating Exercise: Meditation

Remember that while hiding behind a wall may keep a guy from getting hurt by a woman, it will also stop him from getting women.

Spend some time meditating on this concept. Decide if you want to put away your “powerful loner” façade and admit that you DO need women. It is something that you must decide for yourself. I can’t force you to make the change for the better. YOU must make the decision for yourself.

Remember that love is a fair game. If you choose to play it, then you must open yourself to the possibility of getting hurt

No pain, no gain. Get it?

Dating Exercise: Keep A Journal

Keep a journal so you have a place to “spill your guts”. Listen, you DO have feelings – so just accept them, okay?

Blogs are good too!

Dating Exercise: Reach Out

Force yourself to reach out and make new friends. Share your experiences with your friends. No man is an island – so stop acting like a hermit.

Dating Exercise: Make More Physical Contact

Powerful loners usually keep their hands to themselves. It's time to change that. You need to admit you need physical contact too!

Hug all your girl friends. Work on getting a girl to hold your hand on a date. Make out as often as you can.

Dating Exercise: Let Your Horniness Control You For Once

Powerful loners usually keep their feelings under control. They never want to be horny in front of other people because they think they're "above" the average guy.

Well, if you do want to get laid, then it's time to let your horniness control you for once.

Stop masturbating until you get laid. Buy a cheap calendar and hang it on your wall. Every time you "slip" and play with yourself, mark a big "X" on the calendar. See how long you can go without getting a new "X".

From now on, the only way you will get off is with a woman, okay?

Let your animal instincts give you the primal drive to overcome your fear of women!

## **Bad Attitude #4: The “She’s Too Beautiful” Attitude**

If you’re like the average guy, you must do fine with the ladies until you meet a “hot babe” and get “paralyzed” on the spot. Have you ever wondered why? No, it’s because you’re falling in love. It is because a hot babe can trigger our most primal defense mechanism: fright.

Men stumble and get paralyzed by beautiful women because they are *afraid* of messing up. They see beautiful people as far more superior to themselves and they are afraid of embarrassing themselves in front of these hot chicks. They are so afraid of being frowned upon by these beautiful women that they:

- 1) Become paralyzed. (Can’t make mistakes if you aren’t doing anything.)
- 2) Stumble for the lamest jokes as they try to impress these women.

Well, here’s the truth: beautiful women are certainly NOT Goddesses. They are normal people just like is. They have their own problems to deal with and their own emotional baggage to whine about.

And to be honest with you, a lot of beautiful women are over-rated. Once you get to know a woman, she won’t be so mysterious and elegant anymore.

Here are a couple of techniques to help you from wetting your pants every time you meet a beautiful woman:

Dating Technique: The Underwear Technique

Visualize the girl in her underwear when you see her. Actors love using this trick at auditions!

Dating Technique: The Post-Screw Technique

Visualize the girl's face after five MASSIVE orgasms. She doesn't look so intimidating anymore, does she?

Dating Technique: Focus On Her Flaws

Pick out a flaw on her face and focus on it.

Dating Technique: The Nose Stare

If you have trouble maintaining eye contact with her, just stare at the bridge of her nose.

Dating Technique: Dissociation Technique

I learned this from an actor friend. Here is what you do: Visualize yourself floating outside your body and watch the conversation from a "third person's" point of view. You're going to be much more objective with the conversation!

Now that we've looked at the attitudes you should avoid, let's look at the attitudes you *should* pick up.

## Good Attitude #1: The Playful Attitude

The most common mistake the average guy makes on a first date is being too serious. This is the opposite of what a woman looks for in a guy. Women want a guy who is a relaxed flirt, a guy who is playful and funny. So don't ruin the night by being so darn serious!

Okay. Let's look at some of the things the average freaks over on a first date:



Am I wearing the right shirt?

Where should I touch her now?

What is she smiling at?

How do I impress her?

What am I doing wrong?

Does she like my car?

How do I hold her hand?

Can I go for a kiss now?

Do I ask for a second date now?

As you can see, the average guy worries too much about the “what’s” and “how’s” of dating. Listen, dude. Your mind can’t be on so many things at once. If you start thinking too much on a date, then you’re going to screw up your own game.

Here’re a couple of techniques that can help you become more playful with women:

Dating Technique: Care About Adventure, Not Outcome

Next time you’re out on a date, focus on the wonderful experience of being out with a woman, not on getting a second date. If a woman thinks going out with you is fun, you will automatically get a second date!

Dating Technique: The Playfulness Generator

Think about the following questions:

- 1) How much fun can I have tonight?
- 2) How far can I make this girl go?
- 3) How wet can I get her?
- 4) What do I find interesting about this girl?

## **Good Attitude #2: The “I don’t Care” Attitude**

Most guys worry too much about getting results. As you probably know already, guys usually do better in the dating game when they aren’t expecting to fall in love. Women swarm all over you when you don’t want to date them. But when you do, they reject you. Why? Because you’re probably so worried about impressing your date that you act all needy and desperate and lose your natural male charm.

Women like powerful men. And a powerful man never has to worry too much about a particular woman (at least not early in the dating game) because he has TONS of women chasing him, get it? So if you pick up the “I don’t care because I am already a player” attitude, women are going to find you much more attractive.

Dating Technique: Act Like a Player!

Whenever you’re around women, walk tall and act like you’re already getting five blowjobs from five supermodels every week! Girls will start seeing you as more attractive.

Furthermore, if you worry too much about results, then you will never have the guts to take any risks – and that’s the worst thing you can ever do because you will be limiting yourself.

Failure always comes before success. You MUST learn to fail before you can succeed.

If you're swinging a baseball bat for the first time, you're probably going to miss. Dating is like baseball. You must try and try before you "get it right".

Some guys think that "failure is not an option" because they are madly in love and cannot stand rejection. This is quite sad, as in many of these cases the girls they are in love with don't even like them at all. These guys don't understand the fundamental dating rule, that it's not how much you love like a girl, but how much a girl likes you that counts.

Once again, guys MUST learn to let go before they can experience success with women.

Dating Technique: No Day But Today

From now on, I want you to go out and live like today is your last day on earth. The world is going to end tomorrow so you better be adventurous and do all the things you've only dreamt of doing. Go out, flirt with strangers, hit on hot chicks and do all the wildest things you've never done before.

I know you're probably afraid of what people may think. Well, who cares about what other people think if it's your life? And to be honest with you, people secretly admire adventurers. You will probably get more attention and respect for doing crazy things than for sitting at home doing absolutely NOTHING.

Listen, players don't care about consequences. They are in the game for the ADVENTURE, not the outcome. You can't predict the outcome – so just enjoy the experience, get it?

Trust me. Just go out and be crazy and do crazy things – and I guarantee you will get laid like crazy!.

## **Good Attitude #3: The “How Far Can I Go?” Attitude**

A good attitude to have when you’re dating a girl is the “How Far Can I Go?” attitude.

Basically, the idea behind this attitude is to KEEP ADVANCING. When you are attracting a woman, every move you make should bring you closer to home base. Don’t waste your time idling or depending on “luck”. If you want something, you will have to get it yourself. And if you want to get into a girl’s pants, you will have to strip her defense down bit-by-bit, piece-by-piece, and step-by-step.

Always be charging forward.

When you meet her, get her phone number. When you have her phone number, get a date. When you go out with her, hold her hand. When you’re holding her hand, kiss her. Just keep advancing!!!

Here are the basic steps a man has to go through in order to sleep with a woman.

### The 10 Steps To The Bedroom

- 1) Initial Meeting
- 2) Phone Number
- 3) Date
- 4) Hold Hands
- 5) Kiss
- 6) Cuddle
- 7) Touch With Shirt On
- 8) Hands under Shirt

- 9) Foreplay
- 10) Sex

To go to from step one to ten, you will have to keep advancing. The trick to doing this is to keep working and working to get her ready for the next level. For example, if she isn't ready for a kiss, keep flirting with her till she wants one. If she doesn't want to take her bra off, sniff her neck and cuddle with her till she puts your hands on her breasts. She's worried about sex? Turn her on more with foreplay till she's begging you for it. Here's a good one. Tease her by saying, "All you have to say is please." If she says no, go back to cuddling and touching. Eventually she will be screaming YES.

Don't worry if you hit a few obstacles. Every time you bump into a wall, just see it as an opportunity to find out more about the girl. This is all information you can use later. See it as narrowing down a list of what she might like. Eventually you will find her sweet spot. No pun intended.

Dating Tip: Always Keep Advancing!

Always keep advancing! And if you encounter resistance, don't confront it head on. Go **AROUND** it instead!

By the way, if you don't advance when a girl expects you to, she's going to lose interest in you sooner or later. Like if she's been expecting you to ask her out but you never do, then in a couple of weeks she's going to say "screw this guy" and macks with another guy. Or if she keeps grinding her hip on yours but you still do not make sweet love to her, she's going to think you're gay.

See why you must keep advancing?

## **Good Attitude #4: The “Truth And Dare” Attitude**

Here is one of the most powerful attitudes you can have as a man: the truth and dare attitude.

### Dating Technique: The Truth And Dare Attitude

Remember how you used to play truth or dare as kid and did the craziest things with your friends? Have the same mindset when you're hitting on women. Always be DARING. If you're shy, chances are you aren't daring enough. So take this as a challenge and dare yourself to keep pushing the boundaries. DARE yourself to say hi. to her. DARE yourself to hold her hand. DARE yourself to kiss her and touch her.

As for the "truth" part, always tell yourself at the back of your head that she does like you. And it's up to you to uncover that truth. Your ultimate goal is to make HER tell YOU that she likes you. Even when you can sense she does like you, don't quit until she actually says it and proves it to you!

## Chapter 6

# Acting Towards Success

**H**ave you ever noticed how "nice guys" never get the girls? They always shower the girls with gifts and expensive dinners. They are never late on a date. They never do anything their dates have told them not to do. They obey their dates' every wish. So why to they always lose to the jerk down the street? Simple. Because most nice guys carry the two venoms that make them unattractive to women:

Insecurity and neediness.

### **Insecurity and Neediness**

These two almost always come together. An insecure man is usually needy because he is insecure about himself. He is always trying to "do" something to please a girl because he believes that if he doesn't keep on appeasing a girl, she's going to dump him.

Don't make the same mistake.

Keep in mind that more beautiful a woman is, the more spoiled she is. Attractive women are used to men throwing themselves at their feet. So if you do the same, they are not going to like you. As a matter of fact, they are not even going to notice you. After all, girls like special things, and you are not going to be special if you act insecure or needy like all the other men.

In many ways, a needy guy is a girl's worst nightmare. My friend Betty once went out with a needy guy who would phone her like every hour. Bad, bad, bad. She almost suffocated from the whole experience. While there are SOME girls that like playing mommy, most girls see neediness as a big no-no in a guy.

After all, she can't feel safe in your arms if you're not even strong enough to be secure about yourself. To a girl, the insecure guy is like a "fat chick" to a guy - very unattractive!

Most women can detect insecurity from five miles away. Some example traits of an insecure and needy guy include:

- 1) **Being over-possessive.** Always give a woman some breathing space! She can't like you if she does not feel comfortable around you.

Dating Technique: Always Leave Some Breathing Room

Hot women break up with their boyfriends all the time because they are too needy. As soon a needy guy ends up dating a hot chick by luck, he's scared of losing her and starts doing all sorts of stupid things like calling her 10 times a day. Well, guess what? You can never really possess a woman physically, you control freak. The more you try to possess her physically, the faster she will break up with you, get it?

I don't care how hot your new girlfriend may be. Just don't be over-possessive. If you do, you're going to be single again very soon.

- 2) **Being showy.** Lots of men try to show off, act cool, or simply say or do things just to attract attention or



compliments. Wrong. If you're truly confident, you should radiate charm. You don't have to bring it up every five minutes. Remember the golden rule – show, not tell.

Dating Technique: Hide Your "Bottom Card"

When you play Poker, you always hide your bottom card so no one knows what it is.

Dating is no different. Don't ever show your "bottom card" to a woman.

Let me show you what I mean. For example, if you're the owner of a construction company, you can just tell her you're in "construction". Don't tell her you're an entrepreneur with a Porsche, get it?

Women love playing detective and getting information out of you – so let them. Don't ruin their fun by offering information about yourself. If you tell them too much about yourself, they are going to find you boring by the second date and dump you by the third. You want to remain mysterious!

Furthermore, hiding your "bottom card" will let you come across as MUCH more powerful and dominant. In Poker, if everyone knows what your faced-down card is, then there isn't any point to playing since you can't bluff. In dating, if a woman knows everything about you already, you're going to be a lot less powerful.

Powerful people are powerful because nobody knows just how powerful they are. Cult leaders never reveal anything about themselves. Politicians never let you know about their backup plans. Armies always hide their true strengths until they attack

Do the same with women. Don't boast too much. Let her find out things about you. This way, she has absolutely no idea about how *exactly* powerful you are, so she will just think you're a real powerhouse or guru, get it?

- 3) **Being negative** and speaking badly of others. And we're not just casual funny remarks. You know how some men ramble on and on about people and events? Don't do it.

Dating Technique: Don't Act Like A Whiny Bitch

Has a beautiful woman ever ruined a date for you because she acted like a whiny bitch – even only for once?

Just not so long ago, I went out with this beautiful girl. We were having fun until she bumped into some girls. After talking her “friends”, she turned towards me and said “I hate those bitches!”

Ouch. Who's the bitch here?

Listen. Talking about other people ALWAYS create a negative atmosphere, and that's the LAST thing you want on a date. So just don't talk about any negative or unhappy stuff, okay?

Do not say ANYTHING bad about other people in general... and try to stay cool the whole time. I don't care if someone scratches your car or if the waiter forgets to bring the jet. The assertive man never loses his temper. So neither should you.

- 4) **Being indecisive.** Don't be the wimp who always asks her what to do. Make up your own mind. Be in control. She can't feel safe around you if you can't even make decisions for yourself!

Dating Technique: Make Decisions

Women love it when their men are in control. It's their secret fantasy. So don't act like a little wimpy going out with his mother when you go out with a woman, okay?

When you walk into a restaurant, choose where to seat. Just say "Let's sit over there" and take her hand. If she makes a suggestion about where to sit, say something like "No. Let's sit over there. It seems like a nice spot" and just take her there. No further questions.

I am not asking you to be a control freak. I just want you to start acting more assertive. Most guys are too weak in this area.

Women love to "surrender completely" to a guy. So make their darkest fantasy come true, okay?

- 5) **Being pushy.** Confident guys don't need to push their way into a date or into the bedroom. Remember: the more you push, the more a woman pulls away!
- 6) **Trying too hard.** It's easy to tell you're a needy person if you're always too over-eager.
- 7) **Being defensive.** Some guys tend to get pissed in response to a woman's questions of negative mood. A major sign of weakness.
- 8) **Boring.** Insecure guys are usually boring because they never talk about anything fun.
- 9) **Asexual.** Insecure guys are usually afraid of showing their urges because they are afraid of ruining their "powerful loner" self-images. Well, if a woman didn't

want sex, she would be dating a rag doll instead of a guy, wouldn't she?

In short, instead of being needy and insecure, you need to be **ASSERTIVE**, which means you're "confidently aggressive".

#### Dating Technique: How To Be Assertive 101

- 1) Do not express anger and annoyance while on a date. Always remain calm, even when you total your car, okay?
- 2) Speak up and learn to say NO. Women "tests" guys all the time – even at a subconscious level. They act like little brats and see if you will let them get their way. If you do, they will see you as a wimp and dump you. But if you don't even bulge, then they will have more respect for you. Have the "You don't have me fooled for a minute, dear" attitude every time a girl throws a tantrum.
- 3) Look at people when you talk to them. Stare at her eyes, not at her boobs!
- 4) Ask for help if you need it. The real man realizes he's not all-powerful and isn't afraid of asking for help.
- 5) Be in charge. You're taking the woman out, not the other way around!

Start acting more assertive, and the women will notice a difference in you almost immediately.

## **How To Be More Masculine**

Here are some ways to become a more masculine male. Remember: masculine males attract women naturally.

## **Become a leader:**

Masculine males are natural leaders. They are the alpha males of the pack. Here are some ways to become a leader:

- Take on protégées. Teach other guys one of your strengths. Let others see that you can be respected.
- Treat everyone good. The most successful CEO's are the ones that treat everybody (including the janitor) good. Be approachable, and others will come to you.
- Learn some effective communication skills. Take some public speaking classes.
- Make other guys feel good. Compliment and thank them whenever you can. Acknowledge their accomplishments.
- Take initiative. Don't be afraid to step up to a task. Do not wait to be told to do something, simply do it.
- Share the credit and shoulder the blame. Don't be afraid to be "wrong".

## **Pump Iron**

During intense weight training, your body further stimulates the release of testosterone. In other words, pumping iron at the gym can help you increase your testosterone and become more of a man.

## **Hold Eye Contact**

From now on, when you meet someone initially, hold eye contact until the other person breaks it off. Using this technique alone can make you seem like a much more masculine male.

## **Never Settle For The Second Best**

Real men are picky and don't like settling for the second best. Learn to be more selective in life. Be more selective about everything around you, be it your career, your car, your clothes, and even your women.

## **Lead, Not Push Or Ask**

The masculine man never pushes a woman into anything. Instead of pushing a girl, he simply leads the way. Lead like a man, and women will follow you.

## **Learn To Say “No”**

The masculine man knows how to say “no”. In contrary, saying NO can be very difficult for wussy guys with low self-esteem because they think they have to meet the expectations of everyone. Be a man, and learn how to say “no” to a woman.

## **Don't Take Any Bullshit**

A real masculine man never takes any bullshit from anyone, including women. He's always ready to walk away if a woman throws a tantrum or misbehaves.

## **Be More Adventurous**

The masculine male is always adventurous. He's never afraid of trying new things. Here are a few ideas on how you can expand your comfort zone and be more adventurous:

- Break out of your daily routines. Drive home a different route every day for a week and shop at completely new grocery store every month.
- Learn a new sport.
- Learn a new hobby.
- Travel more.
- Learn a new language.
- Go sky-diving

## **Walk Tall**

If you want to be a real man, then you have to walk like a real man. Lift your chest up whenever you walk!

## **Be Ambitious**

Real men are ambitious and shoot for the moon. Insecure men set goals that are really small because they are afraid of not reaching them. (That's if they set goals at all.) The masculine male likes to aim high and sets goals that are seemingly impossible to achieve. Then he works hard until his dream becomes reality.

## **Have Charm:**

Casanova had charm. Kennedy had charm. James Bond had charm. By charm, I mean being attentive in a smooth way. People who are charming always know where they are going. This is a big turn on for a woman because she can just lay back and savor the moment. If you still don't know what I mean, rent a James Bond movie and watch him closely.

## **Be Sexual:**

The real masculine male is a sexual beast. He knows he has a great sex drive and when he sees a girl he wants, he knows he will have her.

## **Other Attractive Traits:**

**Humorous:** This is a big, big one. Women love humor. Keep her laughing, boys!

**Optimistic:** This is another big one. A girl doesn't want to go out with a man associated with negative feelings. So don't start whining like a little girl. Always stay positive and be happy!

**Sensual:** Women love details. So be sensual and attentive.

**Thoughtful:** Remember that a girl wants to feel special. She wants to know you're thinking of her. Remember the golden rule: Show, not tell. A gift is just a symbol that you've been thinking of her. Just make her feel special, and she will be yours.

**Romantic:** This involves appealing to a woman's five senses and making her feel as if she's in paradise. Romantic men always know what a woman wants and how they can give it to her.

**Mysterious:** Women love trying to "figure" a man out. Stay mysterious!

**Intelligent/Educated/Cultured:** Intelligence is always a bonus. The truth is, lots of women nowadays think "brains are more important than looks". This is due to the fact that resource gathering in the modern world is more associated with intelligence than mere strength. And of course, who would want to go out with a "barbarian"?



## Chapter 7

# Communicating Towards Success

**C**an you remember a certain time when you came home and your family or friends immediately knew how you were feeling or what you were thinking about? Or can you remember a time when you could tell your best friend was happy or sad, without him even saying a word to you? So how did you do it?

By observing his body language.

Or take this: You hear a person shouting next door. You can't make out a word he is saying. But you know he's very angry. Why?

Because of his voice tone.

Notice how in neither case, words are not needed to understand the message.

Recent research has shown that language (as in the words you say) is only a *secondary* way of communication. Over 70 percent of communication is actually based on the body language and voice of the parties involved.

That is exactly why you should make sure you utilize your body language and voice before you worry about what lines you should say.

## **Body Language Basics**

You may have noticed that women are much more sensitive than men. They can pick up all kinds of subtle things from body language. They are like cats – they can sense what's going on or describe what's going on with a person by just looking at them.

This is why they can sense insecurity, neediness or low self-esteem from five miles away.

So how do you use your body to telegraph confidence instead?

You will have to work on your postures and movements.

## **Postures**

When you walk, always walk upright with your head held up and your shoulders back. Be proud. Don't hunch.

### **Dating Exercise: Good Standing Posture Stretch**

- 1) Stand straight with feet together.
- 2) Put your hands behind your back, with your fingers interlocked and your palms facing upwards.
- 3) Turn the palms down and notice the twisting movement at your elbows.
- 4) Inhale deeply.
- 5) Bend forward while exhaling. At the same time raising the arms until they are stretched out.

Note: Do not bend your elbows. They should remain straight throughout. Keep your head down and keep stretching your arms a bit higher and higher.

- 6) Remain a moment in this position, holding your breath.
- 7) Return to the standing position slowly, without unlocking your fingers.
- 8) Repeat the exercise a couple of times.

## **Good Sitting Postures**

When you sit, try to open your body up by taking up more space. Never let your legs crossed. Always keep them apart and your shoulders back. Back is the keyword here. Don't lean forward, lean back. As for your arms, just keep them uncrossed for now. You will learn how to use them later.

### **Dating Technique: Stay Open!**

It is very important to stay in an open position while you're sitting during a date. Avoid the following positions:

- 1) Hands behind neck. Guys love putting their hands behind their neck. But guess what? It's quite disrespectful on a date because it shows you think you're superior.
- 2) Crossing arms across chest: If you cross your arms across your chest, you're closing yourself and not listening very well.

- 3) Elbows on table, hands rubbing nose. This is the most offensive position you can ever use. It basically means you think you know much more than the girl you're talking to.

## **Movements**

Try to slow down your movements as much as possible. Remember that you can create mystery and intrigue by simply slowing down. People who are in control do not have a need to hurry. They are always relaxed because they know they are in charge of the situation. Every movement a confident man makes is slow and almost calculated. He just knows when to pick up his cup. When to make a tasking motion with his hand. You know what I mean.

The opposite of this is "flaming", which has long been associated with homosexual men. A lot of women find this disgusting. So don't do it. Slow down. If you don't know what to do with your arms, simply leave them relaxed and uncrossed. Don't start waving all over with them!

### **Dating Technique: Slow Down!**

Next time you meet a woman or go on a date, I would like you to try the following: slow down as much as possible.

When you talk, talk slowly. When you move, move slowly.

Why? Because slowing down will make you come off as a much more confident and mysterious person. Don't believe me? Here's your assignment for this week: rent any old James Bond movie. Really observe the way Bond moves. See if he's ever in a rush when there aren't any bombs exploding around him.

Remember, a man who is in control has no reason to be in a hurry. They are always relaxed because they just KNOW they are in charge of the situation. Every movement a confident man makes is slow and almost “calculated”. Just like James Bond, he just knows when to pick up his cup and when to raise an eyebrow. Women know this, and that’s why they go for the “strong, silent type.”

Want proof? Okay, here’s a more “recent” example. Remember Joe Millionaire on TV? Not the smartest guy, is he? But women find him dead sexy. He’s not exactly what I would call the most articulate person in the world, but all the ladies (including my own mother) dig him because of his body language. If you observe the way Evan moves on TV, you will find that he’s just about the slowest guy on earth.

Want more examples? Okay. Just watch any episode of “Blind Date” or the “5th Wheel”. The strong, silent and slow type ALWAYS win and get picked at the end. As for the hyperactive goofballs, they almost never get the girls. Now, who would YOU rather be?

The stud or the goofball?

You can also do wonders with your facial expressions. Always keep your facial expressions serious and “mature”. There is no need to laugh out loud. You may have a nice “mature” smile, but don’t start acting all goofy because it shows a sense of insecurity. (Hiding behind jokes and body gestures.) But smiling slightly is good. Women love men who are happy and positive.

Try to keep your head a bit tilted horizontally. (Chin towards neck.) This always makes you seem more mysterious and mature yet down to earth. You will be able to make wonderful eye contact in this position too. You may do

small things with your brows such as squinting them a bit and then raising an eyebrow to show some interest. But try to keep things simple as less is always more.

Here's a quick exercise for you to practice your body posture and movement.

#### Dating Exercise: How To Slow Down

Stand up and walk slowly. Remember to walk tall with your head up and shoulders back.

Practice turning your head slowly in this direction. Count how many counts it takes you to fully turn to the side and then try out other speeds. Like if you find 4 counts too fast, go for 5. See what speed works with you the best.

Make “eye contact” with various objects in your room as you walk and turn your head. Try out various patterns such as:

Turning your head to make eye contact without stopping.

Stopping to turn and make eye contact.

Make eye contact and then start walking towards the object.

And so forth.

Walk over to a chair slowly and sit down. Remember to open up and keep your body back.

Go out and practice. Next time you go to a mall, walk slower and turn your head slowly as you check out the window displays. Who knows? You may catch a glimpse of the reflection of a girl checking you out!

Remember that if you master the art of body language, a whole new world of communication will open up for you. You will become a far more accurate interpreter of what other people are thinking and feeling, and appear as a much more sensitive person than most men. Something I like to do is to watch the television with the sound muted. I love to study actors and analyze their body language. I also love to mirror their movements for practice.

## **Voice Tone**

If you want to turn a woman on right away, you better have a “deep, sexy voice.” Your voice always creates a first impression with every girl you meet. Most players have a FABULOUS voice and very good communication skills. They can talk their way into anything – especially into a girl’s pants!

Here is what marks a “deep, sexy” voice:

**Resonance** – How well your mouth resonate your voice.

**Musicality** – How musical the tone is. Is it all flat and boring, or does it sound rich?

**Articulation** – How well you articulate your words. Or do you just babble a lot?

Here is how you can improve your voice, no matter how whiny or high-pitched it may sound:

By talking slower and deeper.

Draw in a deep breath before you say something. And talk SLOWLY. I can’t emphasize this enough. It will definitely help your articulation a lot.

Also, remember that slow means confidence and power. Women will find you much more mature because you are “thinking” before you speak. Break off your sentences with pauses often. The women will be holding their breath and dying to see what you have to say next. Remember, anticipation is the key!

You may combine this with serious looks for even better results. For example: “Have you ever met someone who’s just...(pause) as (serious look) venerable as you are deep inside?”

#### Dating Technique: Pause When You Talk

Great speakers know how to build anticipation in their speech. They know when to pause – such as right before important words and ideas.

Film actor Harrison Ford is a great speaker. Watch his interviews. You will find he speaks VERY slowly – almost as if he’s searching for his words. And guess what? Women find him sexy!

Now let’s work on your voice a bit:

#### Dating Exercise: Tape Recorder

Get a tape recorder and record yourself speaking. This way you can hear yourself as women hear you. By the way, if you haven’t done this before, it may be very freaky to hear yourself on tape. The voice you hear is probably going to sound VERY different than the voice you hear in your head!

You can also use a tape recorder to tape yourself speaking with your friends. This way you can hear yourself speaking natural, unstructured dialogue.



What do you think of your voice? Do you have a deep, round tone that women find sexy? How clear are your consonants? Is your voice pleasant to hear?

Here are a couple of simple exercises you can try to improve your speech.

#### Dating Exercise: Discover Your Optimal Pitch

Your optimal pitch is your “natural speaking pitch” and the pitch you should use with a woman because it’s deep and sexy. However, this is a note that is lower than the note we usually speak during the day. We tend to lose our optimal pitch because the voice has a tendency to drive itself up. For example, when we’re excited and use more energy to project our voice our pitches goes up...and gets stuck up there.

You can discover your optimal pitch by saying the word “he” fast and hard. Kinda like when you’re coughing. Just repeat it and attack it as if you’re coughing. That’s your optimal pitch.

Another way to find it is to say an exaggerated “uh-uh” as if you mean “no way”.

If you have trouble finding your optimal pitch, try this one last method: Take a big yawn and let your voice slide down. Your voice should become “rounder” and more pleasant near the bottom. That’s your optimal pitch.

Once you’re reacquainted yourself with your optimal pitch, practice speaking down there. You will find yourself with a much rounder tone. You may need to find your optimal pitch over and over because we all tend to “lose” it throughout the day. But

reacquainting your voice with it should be no problem because this is a very easy exercise.

#### Dating Exercise: Resonance Exercise

For a start, try to feel your chest resonate when you speak. Inhale and take a big yawn, and as you go “down”, let out on a long vowel or a consonant-vowel sequence (e.g. aaah, oooh, eeeee, mmmaaaa, mmmoooo, mmuuu, baaa, beeee,). You can even do this in the car!

#### Dating Exercise: How to Stop Sounding Nasal

Some of you may have a very nasal voice. If you have heard yourself on a tape recorder and think your voice is too nasal, then your soft palate is probably being lazy and remaining dropped and blocking air from reaching your mouth. In that case, you need to learn to lift your soft palate when you speak.

To find your soft palate, imagine you’re singing the highest sound you can sing. Don’t actually sing it. Just IMAGINE it with your mouth closed. You will feel an area lifting up at the back of your mouth. That’s your soft palate. Now, try this again in front of a mirror, with your mouth open, to see your soft palate lifting up. Pretty cool huh?

Now add an “ah” behind every word as you read the following phrases. Really emphasize on the “ah” and open fully when you say it.

King Kong becomes King-Ah-Kong-Ah

Ding Dong becomes Ding-Ah-Dong-Ah

Bing Bong becomes Being-Ah-Bong-Ah

Ling Long becomes Ling-Ah-Long-Ah

Now record yourself saying these sounds. Do you sound less nasal? Incorporate the same technique to your everybody speech and with practice, you WILL be able to sound less nasal.

As for the musicality of your voice, I must say that it is a shame that most of us live in North America. Standard American English is simply not as “musical” as more romantic languages such as French. However, there are a few things you can do to develop musicality in your voice.

#### Dating Exercise: How To Work On Your Tone

Try putting a slight emphasize on “important words”, including

- 1) The name of the person you’re talking to
- 2) Verbs, adverbs and nouns that are associated with color and imageries such as “love, beautiful, red”.

A word of warning though, remember to keep your voice DEEP as you do this. The last thing you want to do is to sound too feminine. “Daaar-lliiinnng. How beeeeeaaaautiful!” You know what I mean.

#### Dating Exercise: Avoid The Fading Tone

A lot of guys sound boring because of their fading tone. They run out of breath before they finish their sentences!

Practice counting 1 to 10 while gradually increasing your volume as you speak. Repeat this until you know just how much breath you have in your body. This way you will know when to pause to take breaths

Next, substitute words for numbers. Read out simple sonnets and nursery rhymes. As you get more comfortable, work with other materials such as newspaper articles.

Dating Exercise: Practice Sonnet – Shakespeare's Sonnet 18

Shall I compare thee to a summer's day?  
Thou art more lovely and more temperate.  
Rough winds do shake the darling buds of May,  
And summer's lease hath all too short a date.  
Sometime too hot the eye of heaven shines,  
And often is his gold complexion dimm'd;  
And every fair from fair sometime declines,  
By chance or nature's changing course untrimm'd;  
But thy eternal summer shall not fade  
Nor lose possession of that fair thou ow'st;  
Nor shall Death brag thou wander'st in his shade,  
When in eternal lines to time thou grow'st:  
So long as men can breathe or eyes can see,  
So long lives this, and this gives life to thee.

Articulation means clarity of speech. You can improve your articulation (and stop stuttering in front of girls) by doing

tongue twisters. For my favorite tongue twisters, please see Appendix A at the back of the book.

Dating Exercise: Sample Tongue Twisters

You need unique New York.

The lips, the teeth, the tip of the tongue.

Topeka, Bodega.

The sixth sick sheik's sixth sheep's sick.

Red leather, yellow leather.

Rubber baby buggy bumper.

Sushi chef.

If you are serious about developing a sexy, irresistible voice, you should go look for some speech training tapes or CDs. Practice really makes perfect when it comes to speaking.

# ***Part 3:***

## ***Emotions...Desire...Action!***

## Chapter 8

# Meeting And Approaching Women

**N**ow that you have the proper mindset to enter the dating game, it is time to step aside from the theories for a bit and learn how to apply the three-step approach to attracting women: emotions, desire and action.

### What Kind Of Women You Should Date

Before you go out to meet women, you should have an idea of what type of girl you would like to meet. If you know what you're looking for, then you will be able to "spot" the girls you want easier.

For a start...

Dating Exercise: What Kind Of Women Do You Like?

Write Down:

- 1) 5 things about the physical attributes you're attracted to.
- 2) 5 things about the personality of your dream girl
- 3) 5 hobbies she may be interested in.

You should also figure out what “type” of women you’re attracted to. Do you like sporty chicks? Or do you like classy, professional workers? Or maybe you want a teacher who loves working with children? This is quite essential to the next part: where to meet women.

## **Where To Meet Women**

Research shows that a couple is more likely to stay together in a longer relationship if they have common interests. This is why you see a lot of men marrying women in their own fields or professions. Teachers usually marry other teachers, actors usually marry actresses, scientists usually marry other scientists, and so on. This is why some dating coaches believe it is better to meet a woman at work or through friends rather than in single bars.

And at the other end of the spectrum, there are single-bar experts who simply concentrate on one-night stands. They are just interested in getting into a woman’s pants (Aren’t we all?) and personally I don’t think there is anything wrong with that. (Except the fact that there will be a lot of other horny guys for you to compete with in the bar-scene.)

However, you shouldn’t limit yourself to any of these grounds. You should be able to hit on anyone, anytime, anywhere.

Be it the shopping mall or at a party...really...just go out and have fun. Generally, if you like a specific kind of women, you may go to places where they go. For example, if you like sporty women in their cute sport shorts, hang around a gym or sports field. If you like tough women, go take a self-defense class. If you like college girls, go to a university campus. For real smart women, go to a library or a bookstore. Simply think about where the kind of women you’d like to meet would most likely hang out. The point is,



always be trying out new locations and times. Do NOT limit yourself to just one location.

Dating Technique: Where To Meet Women

If you like a specific kind of women, then go to places where they may hang out!

Generally, you will put yourself in a higher probability if you go to places where women outnumber you like 10-1. My personal favorite is the dance class. Be it jazz or ballet or ballroom, you will probably be the only guy in the whole class. And guess what? All the women will be hitting on you.

Dating Technique: Let Women Outnumber You!

To increase your chances, go to places where women outnumber you 10 to 1. This happens a LOT in dance classes.

Dating Technique: Volunteer Your Way Into Paradise!

Most volunteer jobs have females outnumbering guys 10 to 1. Also, today most volunteers are younger college students, etc who are there to pick up work experience. This means they are going to be young and cute! These girls should also make nice girlfriends because no cold, lying, cheating, bad girl who enjoy playing guys would waste time volunteering! They would rather spend all their time cheating on guys instead!

When you volunteer, try to find a volunteering job you actually enjoy. Do you like art? Work at the art museum. Keep in mind that the volunteers who work at your destination will probably share the same interests as you.

What a great basis for a relationship!

The same goes for the city you live in. Always be looking out for more opportunities. If you are from a small town, you may want to move to a big city. An excellent location is LA, where every waitress looks like a future Oscar winner.

Be creative as you search for your hunting grounds. Don't be afraid to pick up women in ordinary places such as the supermarket. Remember that girls love the idea of meeting their soul mates "accidentally" and being swept away by the moment.

## **Expand Your Social Circle**

You should also expand your social circle as much as possible. If you go out enough, it is not hard to get "hooked up" by friends. Furthermore, you **MUST** have a social life before you have a love life!

Why? Because when you start dating seriously, your relationship will probably take you AWAY from your social circle. It happens at the beginning of every relationship. You start to see your girlfriend more and your drinking buddies less. And when you break up with your girlfriend 2.5 years later, you suddenly find yourself without any friends left.

This is why you must have a **close circle of friends before** you get into a relationship. You're not going to have much time to make new friends once you start dating someone exclusively.

So from now on, go out and make new friends every week. And who knows? Your new friends will probably know a girl or two that they can hook you up with.

Dating Exercise: Go Out Every Weekend From Now On

From now on until you have a girlfriend, I want you to go out at least ONCE every weekend with friends. If you're already going out with friends every weekend, then good for you. But if you're a couch potato – then it's time to get out of your shell and meet some real people!

Try rotating between different groups of friends. You will expand your social circle in no time.

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Tries to hunt for women at just one location.</li><li>- Never goes out.</li><li>- Doesn't have a social life.</li></ul>	<ul style="list-style-type: none"><li>- Meets women anywhere.</li><li>- Goes out with his friends all the time.</li><li>- Meets new girls through his friends.</li></ul>

## Before You Approach

Remember the three steps to attracting women – emotions, desires, and action? It is VERY important that you pay attention to the following emotions when you first approach a woman: **fear** and **annoyance**.

The **fear of rape** is the biggest concern a woman has when she meets a guy initially. Think about what an average hot blonde girl has to go through when she goes to a bar. She will probably see a dozen men stop talking and staring at her like they are dogs. She'll probably smile back and enjoy the attention. But if one of these horny guys come up to her and asks for her number right away, what do you think is going to happen?

She's going to have to **reject him**, even if she's a little bit interested.

**Safety is the biggest concern to every women.**

Unless you're Tom Cruise, you can't just walk up to a woman and start macking. You have to take **small, measurable steps** and **make sure she feels safe and comfortable**.

Similarly, you can't just walk up to a woman on the streets and surprise her by hitting on her. She's going to think you're a freak. Remember: no girl likes to have her personal space invaded by a stranger.

Let's say you're walking down the streets on a bright, sunny day, minding your own business. A man suddenly pulls up besides you and says, "I really like the shirt you're wearing. Hi, my name is...."

What are you going to think? How are you going to feel? Probably something like, "This guy is creeping me out. What a weirdo!"

This is exactly why you can't just approach a girl and hit on her on the street. Yes, there are some rare occasions when a guy can succeed, but it's probably not going to happen for most people.

So...how can you meet women "anywhere" if you can't interrupt a stranger?

**By becoming part of their world.**

Let's say there are two people walking on the streets. They're not part of each other's world. They are in their own little bubbles. In this case, there's no way for them to build a connection with each other.

But if the two people are sitting together...say...like at a bus stop, then it makes MUCH more sense for one of them to start chatting with the other person.

So...if you're a college kid hoping to get a girl, don't go drooling around campus and approaching every girl you see. Instead, approach girls that are sitting down or waiting in line with you. Approach girls after class, at the bus stop, or on a bench. But don't just walk up to a girl randomly to ask for her phone number.

Always wait till a girl has **stopped** before you approach her. If a girl is walking, it means she's trying to get somewhere and does not have time to chat.

By the way, if one of your friends know the girl you want, always get your buddy to introduce you to her whenever possible. This way, you won't be a stranger and she will feel much more comfortable already.

## **Direction Of Approach**

When you approach a woman, always approach her **from the front**. Let her see you first. **Women do NOT like surprises from strangers**.

Remember the first time a stranger called you or tapped you on the shoulder from behind you? Did you get more cautious usual? You don't want this reaction from a woman when you approach her. You want her to feel **safe and comfortable** with you.

## **Grab Her Attention With The Eye-Contact Test**

As soon as you've decided to approach a woman, you should **make yourself presence known to her AND signal your interest right away**. This is VERY important because once again, you don't want to surprise or interrupt a woman abruptly.

Whenever you see a young, attractive lady you would like to meet at a bar or club, **always stand or sit down in her direct view.** Then make **direct eye contact** with her and **smile** slightly. If she smiles back, you know she acknowledges your presence. If she looks down or blushes lightly, wait for about forty seconds and see if she steals another glance at you. If she does, it means you can approach her. But if she avoids your eye contact and looks away, it means she does NOT want you to approach her at all.

This simple eye contact test works fabulously because unlike using a pick-up line, it does not put anyone on the spot. By respecting the girl's personal space and being subtle about your pick up attempt, you can now approach women without the fear of getting rejected.

#### Dating Technique: The Silent Pick Up Line

Simply look at her and hold your eye contact for at least five seconds.

Don't look away until she does. A woman usually lowers her eyes when a man looks at her because she's shy, or feigns interest in something else in the room because she is so darn coy. But this does not mean she is not interested in you. Research has shown that if she looks up again within 45 seconds, she's onto you! If she does look at you again, smiles at her slightly and give her a friendly nod. If she smiles back you're halfway there. Some outgoing women may even strike up a conversation with you or at least say, "Hello."

Dating Technique: Make Your Move NOW

As soon as you meet a girl you're interested in, **MAKE YOUR** move. If you're too afraid to approach her, at least meet her eyes and catch her attention. Women **LOVE** spontaneity. They love to feel like a romance has just happened out of nowhere. Furthermore, if you don't let your presence known a.s.a.p, she may think you're a stalker when you suddenly appear out of nowhere later. So make your first move now – even if it's just a smile and a nod.

Dating Technique: ALWAYS Approach A Woman From The Front

Whenever you approach a woman, approach her **FROM THE FRONT**. Let her see you as you approach her. Do not ever approach her from the back. You don't want to surprise her and make her think you're creepy!

Dating Technique: ALWAYS Test A Women First!

It's **VERY** important that you test a woman with eye contact before you attempt to pick her up. Remember the golden rule: It's not how much you like her, but how much **SHE** likes you that counts. If you try to pick up an ice queen, you're setting yourself up for embarrassment!

## **What If Nobody Notices You**

If no woman ever pays any attention to you when you try the eye-contact test, it can only mean two things:

- 1) You're trying to approach girls that are busy. Once again, if a girl is busy doing something or walking somewhere, she is not going to notice you. In this case, just wait for a better situation. The smart dater knows there are tons of other opportunities out there.
- 2) You aren't demanding enough attention. Here's an example:

Two guys walk into a house party. The first guy rushes his butt to the corner to sit down and sits down alone. Half an hour later, he's still wondering why all the girls he's trying to make eye contact with are not responding to him.

A second guy shows up at the door. There, he pauses and says, "Hello, everybody. Having fun?" Then he checks out the room quickly and makes quick eye contact with everybody in the room with one clean sweep. His gaze finally stops at a guy talking to two beautiful women in the center of the room. He looks at the guy in the eyes and approaches him slowly, walking tall and moving with confidence. "Long time no see. How are you doing, buddy?" He smiles as he shakes hands, while keeping his eye contact until the other man looks away.

All around him, women are whispering to each other, "Who's this guy?"

Listen. If you act timid, *of course* you're going to get ignored. If you want attention from women, then you should start by *demanding* the attention. Be the guy that women talk about.

Here are a couple of tips on how you can get more attention from women at a house party or at a club:



- 1) **Stop at the door when you enter:** Stage actors do this when they get onstage. By stopping at the entrance, you will make your entrance more dramatic.
- 2) **Do a quick scan-around:** and make eye-contact with the women in the room
- 3) **Walk straight to a destination in the middle of the room:** If you have buddies with you, lead them and let them follow you.
- 4) **Approach the hottest guy:** Approach the hottest guy in the room if you know him. Give him a firm handshake and eye contact. Don't look away until he does.
- 5) **Walk tall:** Walk with confidence. Lift your chest when you walk.
- 6) **Stay in the center of the room:** Don't go off to the sides until you can isolate a woman into coming with you.

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Is afraid of attention</li><li>- "Gathers enough courage" to approach women</li><li>- "Surprises" a woman</li></ul>	<ul style="list-style-type: none"><li>- Demands attention</li><li>- Makes eye-contact with a woman instantly</li><li>- Tests for permission before the approach</li></ul>

## Your Opening Line

You know, guys are always looking for some secret guaranteed-to-work-scripted-chat-up-lines that can seduce every single woman on this planet. Yes, it would be cool if there were "seven magic words" (or any of that junk) that you could use to instantly attract women, but here's the truth: there aren't.

So here's the bottom line: CHEESY PICK-UP LINES DO NOT WORK! Use them, and you will end up like most guys: Lonely and sexually frustrated!

Examples of bad pick up lines:

- 1) Are you accepting applications for your fan club?
- 2) Can I flirt with you?
- 3) Want to taste my dick? (What!?! I said, "do you want to taste my drink?"
- 4) You know...you're so hot, your ass is on fire.
- 5) Haven't I seen you somewhere before?

You get the idea.

## **How To Start A Conversation**

The true purpose of an opening line is NOT to "pick up" a girl. Most guys think pick up lines are for "picking up women for sex", etc. They think a player can just say some "secret" pick up line that arouse a woman instantly and then go home with them. That is NOT true. The whole point of an opening line is to help you **calibrate her emotional state with yours.**

Remember that the first step of our three-step approach system is “**emotion**”. Before you can increase a woman’s desire for you, you must work on her emotions. She must feel connected to you **emotionally** before she can feel attracted to you.

Great emotional bonding will probably take the whole conversation to develop, but the opening line can help you to...

- 1) **Test the waters:** If she doesn’t even want to answer back, you know it’s a waste of time to talk to her.
- 2) **Break the ice:** A woman must let you into her personal space before you can calibrate her emotional state with yours.
- 3) **Establish a mutual emotional state:** Whatever you say can greatly affect a woman’s mood. Let’s say a woman is feeling neutral and relaxed at the bus stop. If you walk up to her and say something negative like, “I hate this transit system. I’ve been waiting here for an hour!” she’s going to quickly switch from a neutral mood into a negative one. She will associate you as a whiner and a negative person to be around. Another example is nervousness. If you approach a woman while you’re very nervous and tense, she’s going to feel the “awkward energy” in the air too. On the other hand, if you approach a woman in a cheerful manner, she will probably feel a little bit more cheerful as well.
- 4) **Make her feel comfortable:** A woman must be in a “relaxed” or “slightly curious” state in order for her to open up to you. That’s what the opening line is for: to get her to open up to you. For example, if you introduce yourself or ask for her phone

number right away, she's going to be scared. But if you say something nice that makes her laugh first, then she's not going to mind talking to you.

- 5) **Open up conversation:** A good opener can help you to lead a woman into further conversation, where true emotional bonding will take place.

## **The Four-Steps To Approaching A Woman**

### **Step 1: Eye Contact and Smiling**

Always do the eye contact test to test for her "buying signals" before you approach her. You want to let her know you're interested BEFORE you surprise her with an approach. Most guys just suddenly appear out of nowhere and throw out some cheesy pickup line that the girl has probably heard a dozen times already. Of course these suckers are going to get rejected! Always use the "silent pickup line" (eye contact) before you try a verbal one.

### **Step 2: Use An Opening Line**

Since every woman and situation is different, whatever you say should be "made up" on the spot with lightning speed. The more women you approach, the easier this will become.

Generally, there are four kinds of opening lines:

- 1) Situation openers.
- 2) Compliments
- 3) Question

### **The Situation-Opener**

The situation-opener is a great place to start for beginners. Basically, it's making small talk with women.

Simply pick something out of your environment and comment on it:

Example #1: "Nice day, eh?"

Example #2: "I love this song"

Example #3: "Great party!"

Example #4: "Pretty busy here tonight isn't it?"

Example #5: "Quite a crowd."

Example #6: "It's nice to see the sun."

Example #7: "Great concert."

## **The Compliment-Opener**

This one is harder to pull off for the beginner. Compliment her on something tiny. Stay away from her beauty and looks.

Example #1: "That's a nice book you're reading. I read it last month."

Example #2: "Nice shirt you're wearing. I think it suits you." (If it's a shirt with lettering...like "Diva.")

The best way to pull the compliment off is by doing a hit and run. Give a woman a compliment and then leave to do "something else" before she can react. She will probably pay more attention to you from that point on.

## **The Question-Opener**

The last kind of opening line is the question. Here are a few examples:

- 1) Enjoying the concert?
- 2) What did you think about the show?
- 3) Been waiting long?
- 4) Cabbage for tonight, eh?

## **A Quick Side Note**

Before you open your mouth, remember that it's not just what you say, but also HOW you say it that is important.

A lot of guys try to memorize or think of dozens of "cool" pick up lines to use on women, only to stutter or sound like horny perverts when they actually say them.

For a start, you want to **speak slowly and clearly** when you first say something on a girl. You should also look

You should also have **GOOD POSTURE** when you approach a woman. (Actually, you should ALWAYS have a good, confident, and grounded posture if you wanna become good around the ladies.)

Lastly, remember to keep your opening lines positive. Do NOT whine about ANYTHING. Keep your grieves and sorrows to yourself. Women like confident, funny, and HAPPY guys.

## **Step 3: Ask A More Specific Question**

The next step is to ask a more specific question, such as:

Example #1: "Are you from around here?"

Example #2: "So you like <genre>, eh?"

Example #3: "Have you seen their last concert?"

Example #4: "You go to school here?"

The key to this part is to find something that you have common with. This will be the step to bonding with her emotionally. You want to let her think, "Cool. We have something in common!" Once you've found something in common, it should be easy to start a conversation with the girl.

## **Step 4: Introduce Yourself**

Finally, you want to introduce yourself. Offer your hand and say, "I'm <name>". She should shake your hand and tell you her name. You can start a conversation with her at this point.

The reason why you should talk to her BEFORE you tell her your name is because telling her your name right off the bat won't do you any good. She'll probably just think, "Oh dear. Another guy hitting on me." But if you talk to her BEFORE you give her your name, then you're offering it as a sign of friendship AFTER she has already got to talk to you. This way, exchanging names will actually bring you closer to her because it's a **mutual exchange** between you two.

## **Chapter Summary**

### **Where To Meet Women:**

- 1) Hang out at places where women out-number you.
- 2) Expand your social circle.
- 3) Let your friends introduce you to a girl if they know her.
- 4) Do not hit on women that are busy or walking.
- 5) Always demand attention.

### **When you go to a party...**

- 1) Stop at the door when you enter.
- 2) Do a quick scan-around.
- 3) Walk straight to a destination in the middle of the room.
- 4) Approach the hottest guy.
- 5) Don't break eye-contact until the other person looks away
- 6) Walk tall.
- 7) Stay in the center of the room.

### **The 3 Kinds of Opening Lines:**

- 1) The situation opener
- 2) The compliment-opener
- 3) The question-opener

### **The 4 Steps To Approaching Women:**

- Step 1: Eye Contact and Smiling  
Step 2: Use An Opening Line  
Step 3: Ask A More Specific Question  
Step 4: Introduce Yourself



## Chapter 9

# How To Talk To Women: The Basics

**Y**our first conversation must be electrifying if you want to ignite a relationship with a woman. This is the time you want to radiate her with your personality.

Remember the personality traits and character archetypes we've learned earlier? It is time to use them! As you talk to her, inject your special personality traits into the conversation to make you seem different than the rest of the men out there. It is very important that you appear as a confident man. Remember that you want to come across as unique, original, interesting and most important of all, desirable. You should also try to make her laugh whenever you can. Of course, you will need to tease her like there is no tomorrow. We will talk more about flirting with women in the next chapter.

### The Point Of Conversation

The whole purpose behind talking to women is to build rapport with them. In other words, we want to match their emotional states with us. This is a necessary step we need to take before we can start building desires for us within their minds.

Talking to a woman will also let us know if she is intelligent and a good candidate for a girlfriend.

## What To Talk About

What should you talk about during the first time you talk to a woman? For some women, they may enjoy talking about the ballet or the theatre, but for some others, they may want to chat about their dog or psychology. So to sum it up, every woman is different.

### Dating Technique: Topic Generator

- 1) Make a list of your hobbies.
- 2) Make a list of your favorite movies.
- 3) Make a list of your favorite T.V. shows.
- 4) Make a list of your favorite food.
- 5) Make a list of your favorite CD's.
- 6) Make a list of what's important to you
- 7) Make a list of what you enjoy doing with friends.

It is very important to discover what kind of topics can engage your girl in a conversation. To start off with, you should also **discuss your environment**. (Think of this as an extension of step 3 in the 4 steps to approaching women.)

After awhile, you can talk about:

- 1) People you both know
- 2) Your favorite television shows

- 3) Your favorite movies
- 4) Your favorite music
- 5) Your favorite hobbies

And so on.

Here are some examples of the lines you can use:

Example #1: "So what's your favourite band?"

Example #2: What do you like to do in your spare time?

Example #3: Are you a big "Sex In The City" fan?

The key is to find **common ground** in these trivia topics.

## **Topics To Avoid**

Here is a list of things you should avoid talking about with a woman:

- 1) Sex
- 2) Politics
- 3) Gore
- 4) Computers
- 5) Sports
- 6) Her past relationships / other men

7) Anything negative

8) Money

## **How To Keep A Conversation**

If you have trouble connecting with a woman, you will probably find a lot of “awkward pauses” throughout the conversation.

Take a look at the following dialogue:

**You:** So do you like coming here?

**Hot Woman:** Yes.

*(Awkward silence)*

**You:** Umm...So do you want a Martini?

**Hot Woman:** Sure.

*(Awkward silence)*

**You:** What kind of music do you like?

**Hot Woman:** Classical music. Like Mozart.

**You:** Oh. Cool.

*(Awkward silence)*

These awkward silent moments during a conversation are called "dead-air beats". These beats are extremely dangerous. If they happen too often, you can say goodbye to the girl you're talking to.

Here are a few techniques you can use to keep a conversation flowing smoothly:

## **TECHNIQUE #1: Ask Open-Ended Questions**

The first technique is to ask "open questions" instead of "closed questions". Closed-questions are questions that request a "yes" or "no" answer, such as a question beginning with "do".

Open-ended questions are questions beginning with "who", "What", "why", "when", "where", and "how".

Unlike closed-questions, an open-ended question makes women talk and go into more details. It also shows a woman you CARE about what she thinks. And most important of all, it helps the conversation develop.

If you ask a woman a closed-ended question such as "Do you like ice-cream?" you will simply get a "yes/no" answer.

And guess what happens after? **DEAD AIR.**

But if you ask her "What kind of ice cream do you like?", she will have to answer something like "Vanilla", which will give you something else to talk about.

Here are some examples of open-ended questions:

Example #1: "What do you think about the movie?"

Example #2: "Who was your favorite actor?"

Example #3: "What do you like about the food?"

With a little bit of practice, you will be able to have "never-ending conversations" with the women you meet.

## **TECHNIQUE #2: Active Listening**

Another good technique is to let the woman talk while you listen actively. It's MUCH easier to let a woman talk than to do all the talking yourself. First of all, you won't have to worry as much about what you should talk about.

Furthermore, most guys out there only know how to brag about themselves. So if you learn how to pay close attention to what the WOMAN, not yourself, you will do better than most guys already.

But unlike what most shy guys think, active listening does NOT equal "just listening". You don't want to just sit there and listen. You want to show you're actually interested in what the woman is saying by participating in the conversation.

Here are some sample phrases you can use to show your interest:

"Wow..."

"How interesting"

"Yes"

"Go on"

"Tell me more..."

"I totally understand."

"No way!"

"What happened after?"

Dating Technique: Listen!

Most women like men who actually LISTEN, because very few guys are good listeners.

Think of it as an interview. You're the host who is interviewing a girl...to see if she's good enough to become your girlfriend. (Yeah...that's the right attitude, buddy!)

### **TECHNIQUE #3: Being Empathetic**

One last important technique is to be empathetic to women. By being empathetic, you're showing you UNDERSTAND how she is feeling. When a woman feels you understand her, a strong bond is created between you two.

When you're talking to a girl, pay attention to what she is saying. Nod slowly in approval when you agree.

NEVER criticize her. Stay away from comments that begin with "you should" and "you shouldn't".

If a woman seems happy or proud, be happy and proud too. Show your agreement by reflecting her emotion in your response. (Example: "That's cool!", "Great!")

When she is sad, give her a hug and a shoulder to cry on.

Become her emotional fountain, and she will never run out of things to say to you.

## How To Develop A Conversation Through Subject Words

Almost every sentence has a **subject word** that can be led to the next sentence. Just look for any interesting subject matters that come up when she talks.

Here is an example:

**Girl:** Yeah. I know. It's such a sunny day. I wish I could be out on the beach instead of being stuck indoors.

**You:** Oh? Do you go to the beach often?

**Girl:** Sometimes. I like walking by the **water**.

**You:** Oh? So do !! I love walking by the **water** and...

In the first sentence, the subject is the beach. And that's why you ask about the beach.

In the next sentence, the subject word is water, which is why you make a comment about it.

This method is quite powerful because it can turn any normal opener into a stimulating conversation.

With this method, you could start out by talking about some trivial events and then lead a girl into a deeper conversation with you. This is going to build a good foundation for the next step – transiting from *emotions* into *desire*.

## How To Establish A Verbal Connection Quickly

- 1) Use a lot of “we’s”: A good way to build connection is by using a lot of “we’s” when you talk.



- 2) Repeat her name: Try to say her name whenever you get the chance.
- 3) Ask them how they *feel*: Girls LOVE to talk about feelings. Whatever she tells you, make sure you let her know you feel the same way. This will make her think you're the most sensitive men on earth. Combine this with a little bit of teasing, and she will think you're a masculine man who's really sensitive on the inside!

### **General Conversation Techniques:**

- 1) **Use A Lot of Details:** When you talk to a woman, elaborate on all the interesting details. Women LOVE little details. Give her all the sensory details, such as the smell, the sound, and the texture. Paint a pretty picture in her mind!
- 2) **False Choice Questions:** This is a technique that a lot of salespeople use. Basically, you phrase a question in such a way that it will impossible for the girl to say no.

Examples:

"Would you like me to kiss you softly and kiss you passionately?"

"Would you like to go out Thursday night or Wednesday night?"

Come up with your own examples!

## **Always Put The Spotlight On The Girl**

A good way to build rapport with a girl is to focus on HER when you talk.

Instead of saying, "I really like football", ask, "Do you like sports?"

Instead of saying, "I go to this school", ask, "Do you go to school here?"

The logic behind is that charismatic guys are always the guys that make *other* people feel important and cared about.

## **Do Not Brag**

No matter how successful you are, if you brag in front of women, she will see you as a little man because the real successful men have no reason to brag. Real successful men are confident enough without telling everybody about their fancy sports car.

Besides, you will appear as MUCH more powerful if you "let a woman figure you out". Women LOVE to play the detective and find out more things about you - so do not volunteer information up front.

Talking to a woman is a lot like playing cards. You DO NOT want to show your hand because once you do, the game is over. She has found out everything about you, so she has no reason to stay!

Dating Technique: Don't Show Your Bottom Card

Don't brag or reveal too much about yourself so:

1) She will think you're even more powerful because you're so mysterious. Just remember, if she doesn't know what your

bottom/face-down card is, she doesn't know the "limits" to your power.

2) She will enjoy digging information out of you. Women love playing detective - and if you keep your mouth shut she's going to find you really intriguing. (In other words, hot)

## **From Emotions To Desire**

Once you have created rapport with a woman and matched her emotions with yours, it's time to turn her **emotions into desires**.

As you talk to her, try to get at least some of the following information from her:

- 1) What does she like and doesn't like?
- 2) What are her dreams/ambitions?
- 3) What makes her happy or sad?
- 4) What makes her scared / feel safe?
- 5) What makes her feel good
- 6) Her childhood.

Of course, you can't just bombard her with all these questions as if you're interrogating her. You will have to do it smoothly and subtly. What you should do is to talk casually and swindle from one topic to the next. Simply be sensitive as you invade deeper and deeper into her territory. The key is to derive your topics from the tenants of the original questions.

Here is an example:

*“What do you like to eat? Ice Cream? Wow. So do I. What a coincidence! I like chocolate the best. What? You like Strawberry eh? Oh. My sister loved strawberry too. Say. Do you have any siblings too? No? You’re an only child? I guess your parents must like you very much then. Oh I am sorry to hear that.”*

Remember that you’re going to have to seem very interested in the things she says.

As you talk with her, try to focus on her desires. Remember that human beings all have their own desires. Try to go deeper and deeper until you’re at her roots. My personal favorite is to try to inquire about her childhood to bring the little child out of her. Try to ask her to explain why she likes something. And then why she likes the something that makes her like something.

Let me give you an example:

You learn that a woman likes tall men. So you ask her why. She tells you because she feels safe around tall men.

And then you ask her, “So you don’t feel safe when you’re alone?” She then admits that sometimes she feels a bit alone. Then you give her a big hug.

Or take this for another example:

You learn that she is a great Star Trek fan. So you try to inquire more about the subject. Pretty soon, you learn that she likes science fiction. And why does she like science fiction? Because she has always wanted to go into space.

And why does she want to go into space? So that she can be free among the stars.

As you get to understand her, you should begin to formulate a list of her deepest desires in your head.

Desires such as:

Seeing the world.

Flying.

Returning to childhood.

Etc...

## **Using Her Desires To Your Advantage**

This is the fun part. Once you know what desires a woman has, you can attempt to recreate them in her mind with your voice.

To start off, you will need to learn how to create the experiences. I would suggest using a lot of imageries and vivid descriptions. Be as descriptive as you can. And use a lot of colors. Don't forget the colors are is basis of perception. With normal adverbs and adjectives you have to work at a "secondary" level. (It takes longer to bring up the pictures in your mind.) But with colors, you can sense the colors immediately.

Also, remember that some women respond to visual images better while some to sound or physical sensations. Let me show you what I mean by using artists as an example. Painters are usually very visual and like to deal with shapes and colors. Musicians usually concern themselves with audio, tone and sound in general. Sculptors are best with texture and form. If you find out what type your

woman belongs to, you can then build a mental connection with her.

There is actually a very easy way to tell what category your girl belongs to. Simply observe her eyes when she talks. Visual thinkers like to look up when they try to remember or figure things out, listeners tend to look from side to side/ear to ear while touchers like to look down.

Once you know what type your girl is, you can adjust yourself to her system of operation. If your girl is visual-oriented, then use a lot of visual imagery by using phrases such as “It looks like” and “You see...” If she is a listener, use “It sounds like” and “I hear you”, etc. If she is a feeler, use physical contact combined with phrases such as “sensation”, “I feel”, “Do you feel”, “feeling” and so on. And now, let’s look at several techniques you may use to recreate her desires. Remember that you can choose to work with visuals, sounds or sensations in these techniques.

Conversation Tip: Confirm What She Has Just Said

The most basic technique would be to repeat what she has just said. You’re bound to hit the “right spots”.

Example: “So you would like to get onto a spaceship and travel aimless among the stars...”

Conversation Tip: Ask Her A Question

This is when you lead her on and talk about a similar experience.

Example: “Wouldn’t it feel nice to launch yourself up into the stars in a little spaceship?”

Conversation Tip: Make a Suggestion

This is when you make a subtle suggestion.

Example: “It would be nice to travel across the galaxy and see different worlds.”

Conversation Tip: Quote Something

This is when you repeat something from a third source. (Your creativity?)

Example: “I once read a book about a woman who saw a spaceship traveling in the stars and...”

## **Adding You To the Picture**

If you can successfully recreate pictures in her mind...then Bravo! You've come a long way already! However, in many cases you may want to add yourself to the picture. This is an excellent way of strengthening the bond between you and the girl of your dream.

Conversation Tip: Sharing A Common Desire

Let the girl know that you are interested in the same thing as her. In this case, describe YOURSELF going through the experience.

Example: “If I could somehow just get off Earth and into the galaxy, I would be....”

Conversation Tip: Play Around With Time

Imply to her that you will still be with her 6 weeks or 6 months or even 6 years from now.

Example: “Maybe a few years from now, we will actually get the chance to explore the galaxy together. After all... ”

Conversation Tip: Let Her Know How Special You Are

Let her know how lucky she is to have found you!

Example: “Isn’t it exciting to learn that after all these years, you have finally found somebody who can truly understand you and is just as exciting about going off into space as you are?”

## **And Right When She’s Starting To Desire You...**

So...you’ve been turning her emotions into a desire for you throughout the conversation. She’s laughing and flirting with you and having a great time. What do you do now?

You pull back and tell her you have to go.

Remember that people fall in love AFTER they’ve met someone. We always fall deeper in love with someone when they are NOT with us. So just get her number and go...

**Always leave a woman wanting more!**



## Chapter 10

# Chapter 10: Non-Verbal Ways To Help Spark Her Feelings

**A**S we've learned in the previous chapter, verbal communication only account for about 30 percent of total communication. So even though you've learned already some pretty powerful verbal techniques on how to transform emotions into desire, there are still many non-verbal techniques that you should use on women.

Have you ever experienced the electrifying sensations of having someone you love glance at you? And have you noticed how models and movie stars have this special penetrating power with their eyes. Have ever you looked away when an attractive woman looked at you because you felt electrified as soon as her eyes met yours?

Eye contact is certainly one of the most useful tools you can use to seduce women, as powerful eye contact can immediately stimulate strong feelings. In many ways, it is a basic animal instinct because strong eye contact calls forth either one of the two basic actions: approach or retreat. When you make eye contact with a beautiful woman, you either want to approach her or wimp out.

Eye contact is directly related to love and attraction. We enjoy gazing into a cozy fire or an attractive person, while we turn away whenever we see something ugly or disgusting. When we are intrigued or in love with a woman, we want to gaze at her for all eternity. But when we are bored, we begin to look away to avoid her eye contact.

It is quite common knowledge that people who are deeply in love usually gaze at each other much more when talking and are slower to look away when something disrupts them. Go to any bar and you will see couples with their eyes locked onto each other. The whole ceiling could come crashing on them and they wouldn't notice a thing because they are so locked up in their own little perfect world.

## **How To Stimulate Love With Your Eyes**

You can stimulate the senses of being in love in a girl by simply increasing my eye contact as you talk to her. Simply "linger on" with your eye contact for just a bit too long when you talk to her.

### **Dating Technique: Keep Good Eye Contact**

In order to fool a girl into thinking she is already in love with you, you will need to increase the eye contact with a girl to about eighty percent of the time when you talk to her. Try to look deeply into her eyes and even through it. Of course, you don't have to count how many seconds you have to look at her. Simply let your eyes glued to hers a little longer, even during the silences; and when you finally must look away, drag your eyes away slowly as if you're feeling quite reluctantly, and look back at her again as soon as you can. This will shoot the energy level way up to the outer space!

## **How To Get Sexier Eyes**

Remember how girls always look at the eyes and face first when they check out the guy? And how many times have you heard a girl talk about how attractive a certain man is because of his “sexy eyes”?

While only a few people are born with charming eyes, the good news is that most of us can learn to make our eyes more attractive. The trick is to make our pupils larger. Just look at any photographs for a movie star, and you will see enormous pupils. Girls love huge “puppy eyes”!

It is true that we cannot consciously control the size of our pupils, but we can do it subconsciously by thinking about loving thoughts. For a start, simply gaze at the most attractive feature on a woman’s face. Does she have a very cute nose? If so, gaze at her. Your pupils will gradually enlarge as you enjoy the views.

### **Dating Technique: How To Enlarge Your Pupils On The Spot**

To keep your pupils big and sexy, just look at the most attractive spot on her face.

You may also practice the following exercise to enlarge your pupils at will:

### **The Charming Glance/Passionate Gaze**

Find a mirror and relax.

Now, try making different expressions with just your eyes to see its power. Try joy, love, passion, shock, cunning, sadness, joy, etc. Basically, just try to explore the power of your eyes.

Now, close your eyes and think deeply at someone who attracts you. Wish that person is standing in front of you as you open your eyes to look into a mirror.

Imprint the image on your mind.

Close your eyes and relax for a minute, without thinking about anyone.

Now, open your eyes and try making the charming glance again. Let the attractive person cross into your mind so your pupils will grow, making you a much more charming person.

Eventually, you will be able to project that charming look in your eyes, making you a very sexy man.

Lastly, you can look into a woman's eyes and access how much she likes you. If she keeps breaking off eye contact and shifting her gaze to other parts of the room, then she is probably not interested in you. (Or she just wants to change topics). If her eye rolls up while she talking, she's probably thinking. If she winks at you, then she's definitely flirting with you!

## **Mirroring**

Mirroring is when two lovers move in synchronicity with each other as though they are confirming their newfound affection for each other. You can see it in a single's bar or restaurant all the time. Two lovers reaching for their drinks or lifting their forks at the same time. They laugh together. They frown together. Once a newly met couple has reached this state of complete synchronization, they tend to stay in synchronicity until the outside world intervenes and force them to stop. If you see a new couple

mirroring each other, you can almost be certain there is going to be a second date.

While most people would think you could achieve the same results by forcing synchronization (meaning you copy whatever she is doing), it is important to stress that mirroring is mostly the results of sexual chemistry. While you can induce mirroring somewhat, you must already have a fairly strong bond with a girl before you can do it. You must have a good conversation with a girl before you can start mirroring with her. Think of it as going from emotions (talking and sharing feelings) to desire (building a connection) and to action (the physical action of mirroring each other).

## **How To Induce Mirroring**

In order to be in a position to synchronize with your partner, you must be facing her. If you two are sitting side by side, there must be gradually switch from just heads turned toward each other to whole bodies facing each other should the meeting be a successful one. With each increasing turn, intimacy will increase. And each time you turn away, intimacy will decrease.

This whole sequence can take anywhere from minutes to hours, depending on the girl and your experience. Here are several keys that can help you speed up the process:

- 1) Keep your body relaxed the whole time so any moves you do won't appear as jerky.
- 2) Nod your head in response to whatever the girl is saying and then use the motion to twist your shoulder a bit.
- 3) When she talks about something intriguing (or really, just about anything), show interest and turn your body

a bit as if you're just paying more attention. This one works like magic!

- 4) Invade her space. When she talks about something intriguing, show interest by turning your body towards her. Follow up by leaning just a BIT more forward. If she leans forward with you – BINGO.. She's catching on! If not, then move back as if you were just repositioning yourself to be more comfortable. A good safe.
- 5) Keep strong eye contact. It is ESSENTIAL that you keep good eye contact with her as your mirror her. Look deeply into her eyes for as long as possible every time she speaks!

## **The Actual Mirroring**

Once you've accomplished the steps listed above, you should be all set to mirror a person – if it is not happening automatically already.

Reach for the glass at the same time. Smile at the same moment. Basically, you want to synchronize with the other person.

### **Dating Technique: The Mirror Test**

To test if a girl is interested in you, adopt her body position. For example, if she has one hand on the table, put a hand on the table as well. If she changes her body position right away (sub-consciously) to break away from your match, then you still need to do some more work on her!

Once you're in mirroring mode, you will be isolated from the rest of the world. It will be just "you and her" – and

time will fly. The next time you glance at your watch, you may notice hours have gone by already!

## **Touching**

Lovers often touch each other, either deliberately or “accidentally”. However, it is also a very “touchy” subject.

**There are women who do not like to be touched.**

There is why you should always wait for a woman to touch you before you touch her.

Never touch a woman more than she touches you.

Even if she is touching you all over, you should only touch her on her hands, arms, shoulders, and knee. Do NOT touch her thighs, torso or feet.

## **Ways To Touch Her**

### **Touching Technique #1: The Handshake**

Since your handshake with a woman is your first physical contact with a woman, you want to make it memorable. Look into her eyes and offer your full hand. Take her full hand into yours. Make sure your hand is firm, and try to linger on her hand just a bit “too long”. When you pull back, slide your hand off her hand gently.

### **Touching Technique #2: Touch Her Arms When She’s Funny**

When she says something funny, laugh and touch her lightly on her arm or shoulder. Do not do this too often. And if she looks like she feels uncomfortable about it, then stop. (Remember: Don’t touch her until she touches you for the first time! )

### **Touching Technique #3: Read Her Palm**

Borrow or buy a cheap book on palmistry and read it thoroughly. Then offer palmistry sessions to girls you see. Girls love that stuff! You could even joke around by twitching an eyebrow and then saying in a serious tone, “Hmm. Interesting. It looks like you’re going to be meeting a new friend tonight...”

### **Touching Technique #4: Massage Her**

Take a few massage lessons. Giving a girl a massage is a GREAT way to get some physical contact with her.

### **Prepare To Be Touched**

Lastly, if women don’t touch you often, then you should prepare yourself mentally to be touched. How you respond to a woman’s touching is even more important than touching her. If you stiffen your muscles while she brushes you lightly across the arm, she may interpret it as a sign of rejection. So be prepared and be relaxed.



## Chapter 11

# Making Compliments

Everyone loves compliments. Some people are modest or like to play modest, but deep inside, everyone wants to be loved. This is especially true in the Western culture, where every girl is taught they are special and unique, and that no matter how ordinary they may appear to be, deep inside they are the most fascinating person in the world. This is why if you learn how to make a woman feel good by complimenting her the right way, she is going to be very happy.

However, massaging a woman's ego requires mastery. It's not just a matter of telling her how beautiful she is whenever you see her. Most guys make the mistake of sucking up to a woman, which actually does more harm than good since it will come across as meaningless flattery in the woman's eyes.

Here are several keys to making a successful compliment that can make you stand out from the other guys.

### What to Compliment On

Every woman is different. Not everyone wants to feel brilliant or beautiful. The girl's ideal self-image of herself will be crucial to what your compliment should be about.

Usually it's what the girl WANTS to be, rather than what she is already. For example, I can almost bet you money that attractive women are used to compliments on their looks. If she really is beautiful, she already knows it. She doesn't need another ass-kisser to tell her she is hot enough to be a model.

Dating Technique: Don't Compliment A Beautiful Woman On Her Looks

Never compliment a beautiful woman on her body. She already knows how hot she is. Compliment on her intelligence instead.

Dating Technique: Always Compliment An Ugly Woman On Her Looks

If you compliment an average-looking or ugly woman on her looks, she will be flattered as long as you do it in a "sincere" way.

Your compliment should reflect the ideal self-image of the girl. Before you compliment her, think about what she would want you to compliment her for. What would she most like you to recognize her for? Her intelligence? Her sense of honesty? Or her humor?

Dating Technique: Compliment On Her Ideal Self-Image

It works better to compliment someone on what they WANT to be, rather than what they are.

For example, if you already know you have a cute face, it won't be a surprise to you if a girl calls you cute. You may be a tiny bit flattered, but not that much.

But if you've always wanted to have a nice set of abs but don't believe that you do, if a girl compliments on your nice stomach, you're going to be flattered.

Chances are, you are not going to know too much about the girl because you have just met her. No problem. Over the years, I've come to realize that most attractive women want to be praised for intelligence and insights, while less attractive women want to be told how good looking they are.

Remember that giving a compliment is a way of showing your approval. Every woman wants to be loved, so if you approve her or something that has never been approved by any other men before, she is going to dig you.

Dating Technique: Show Your Approval

Women is always seeking your approval. Always give it to them. When a girl asks, "Do you like my earrings?" do not put her down or ignore her. It only takes a moment to say "Yes, darling, I love your Earrings."

It is also vital that your compliment is about something the girl is responsible for. For example, if you do compliment on a girl's looks, don't tell her she has a nice body. If you do that, you are really just complimenting the Creator, not her. Rather than complimenting her on something she's born with, compliment her on something she has accomplished herself – such as how nicely her blouse matches with her skirt.

Dating Technique: Compliment On What She Has Accomplished Herself

Try to compliment on something the girl is responsible for!

## **Details, Details, Details!**

Always be detailed and clear. Girls love details. If she is wearing socks that match with her top, it's not by coincidence. Let her know you noticed. It will make you seem much more sensitive and sincere. She will think you've noticed her because she is special. You can never be too detailed when it comes to giving a compliment.

Dating Technique: Be As Detailed As Possible

Let me how you show you a couple of examples:

"I really like the little inscription on your necklace. Where did you get it?"

"I think I would really enjoy working with you because you seem like the sort of person who would be able to give some intelligent insights on a situation during a crisis while other people wimp out."

"I love these shoes. They match really nicely with the top you're wearing today."

"Your blue eyeliners look really nice with the skirt you're wearing today, you know."

"What nice handwriting you have! I love "the way your write your "T", I think it reflects your personality..." (Then I go on...)

You get the idea!

## **When and How Often**

You will have to resist all temptations to over-compliment your girl. Remember, if you compliment her

every minute, after a short while she will become immune to your compliments.

Dating Technique: Do Not Over-Compliment

Do not compliment a girl too often. Your compliments won't mean anything to her anymore if you compliment her too much!

I personally compliment girls only every once in awhile, and when she least expects it. A compliment is always more powerful when the woman is not expecting it. I tend to draw little details out of nowhere and compliment her on it. I also like to mix it with a bit of flirting. For example, she may be cutting some vegetables in the kitchen when I walk in and spank her lightly on the butt. And before she can say it anything, I give her a quick peck on the kiss and say, "That was for doing such a good job with these mushrooms. They look so good."

Women love it.

Dating Technique: Compliment Her When She Least Expects It

Your compliment will be much more powerful if she never saw it coming!

Dating Technique: "Reward" Her When You Compliment Her

Every once in awhile, give a girl a "reward" when you compliment her. Give her a spank here, a hug there. It works like magic!

## **Mean What You Say:**

Always remember to really look into her eyes when you compliment her. Also, never use false flattery. And when you compliment a girl, go all the way. Don't hold back. There's nothing more insulting than a half-ass compliment. If you say something, then mean it. Or at least practice in front of the mirror till you sound like you mean it. Trust me, after repeating something so many times, you will start to believe it!

Dating Technique: Mean What You Say

Do not use false flattery on a woman. Women are very good at picking out the bullshit!

## **Complimenting a Stranger: Hit And Run**

Most guys compliment a girl they meet because they want a date. Don't be like them. Compliment her because she is special, and because you want to. I personally like to compliment a girl and then leave. This always makes a girl warmer to me the next time I see her again. (Like 5 minutes later in a bar situation!)

If you do this right, she will be flattered and try to find out who you are as you walk away! (Strike one!)

Dating Technique: Hit And Run

Try this trick. Make eye contact with a woman. Smile. Approach. Then give her a very good compliment and then LEAVE.

She will try to figure out who you are or even watch you from afar as you go back to your friends. And when you re-visit her later in the evening, she's going to be much more open to you.

## **How to Receive Compliments:**

You know, American men are usually horrible at receiving compliments. They usually just mumble a weak “thank-you”. Or worse, they say something like “Oh. That was just luck”, or “Not really.” Sometimes they are just trying to be modest, but most of the times it’s because they don’t know what to say.

### **Dating Technique: Reward A Girl When She Compliments You**

If you make a woman feel good about complimenting you, she’s going to want to compliment you again! But if you make her feel bad about compliment you, then she will never want to do it again!

These types of responses are very hurtful or even insulting to a girl in some cases. The “Not really” type of response is especially bad, since the man is actually denouncing the perceptions of the girl.

And guess what she will do if you keep giving her a negative response every time she compliments you? She will see you as a little man who is not worth complimenting at all. Rather than saying you as modest, she will see you as impolite and insecure. So what should you do instead?

Turn the compliment around! Say something to make her feel good for complimenting you!

Some examples are:

“That’s very kind of you!”

“Thanks, You remembered!”

“Oh! How nice of you to notice!”

If you can make her feel really good for complimenting you, she will try to find more excuses to praise you in the future. And guess what? During the process, she may suddenly realize she's in love with you!”



## Chapter 12

# Transforming Emotions Into Desire: How To Flirt For Skirt

## The Dangers Of Just Connecting With A Woman Emotionally

Just because you bond with a girl emotionally does not mean you're going to get far with her. One of the biggest mistakes guys make is to jump into action and ask for a date or phone number right after an emotion connection has been made. Remember the three-step system? In order for a girl to feel attracted to you, **you must fire transform her emotions into desire.** Emotions...desire...and THEN action. If you skip the second step and ask for her number right away, you're just going to get rejected.

What's the difference between a friendship and a romantic relationship?

Sexual chemistry.

**Without proper sexual chemistry, a relationship is nothing but a friendship.**

The Average Joe "befriends" a woman and hopes that he will get to go out with her eventually? But guess what? Because there is no sexual chemistry, Miss Right will never notice Average Joe as nothing more than her best friend – the guy he goes to when she is between her boyfriend. She will date every guy around her *except* Average Joe, as she

just does not feel “that way” about him. When Joe finally breaks down in front of her and tells her that he “loves” her, Miss Right will simply say something like “I am not ready for a relationship yet” or “let’s just be friends”.

## **Flirt For Skirt...Right From The Beginning**

Here’s the bottom line: If you’re interested in a girl, you must flirt with her to build the sexual chemistry NOW.

The longer you wait, the more you risk becoming her best friend. It doesn’t matter if you have already clicked with her emotionally. Without sexual chemistry, you will never be anything more than a friend. Sure, you could be her “best friend”, but still a friend nevertheless.

## **What Flirting Means**

According to the American Heritage Dictionary, the definition of flirting is as follows:

*To make playfully romantic or sexual overtures.*

In other words, flirting is a game that adults play for courtship. It is the sexual communication that happens between men and women.

Flirting speaks directly to a woman’s sexual psyche. It communicates at a level that is completely different than that of social communication. The things people do when they’re flirting usually do not make any logical sense, as flirting is not for the communication of logic, but sexual feelings.

If you look around the animal kingdom, you will see that most animals know how to flirt with members of their own species instinctually. Almost all animals chase each other around or even wrestle each other playfully before they “suddenly” get down to business and start to mate.

For example, squirrels and dogs love to chase their mates around before they mate. They also like to wrestle around and mock-fight. Even though these mock-fights might look pretty hardcore to a third-party like a human, the squirrels or dogs always know they are just playing.

Like all other animals, humans *know* if they are just playing when they flirt. Women understand flirting much more than guys do, so you can almost guarantee that they always know if you're flirting or not. This means you should never have to worry about "offending women" or "scaring women away" when you flirt. As long as you keep it playful, women will know you're just flirting and they will play along.

## **Your Playful Attitude**

Your attitude is the most important when it comes to flirting. 99 percent of your success with flirting will come from your playful attitude.

You should be playful and fun when you flirt, without expecting any results. Flirt because you enjoy bringing pleasure to women, not because you're trying to "pick them up". There is a huge difference between flirting playfully and trying to get into somebody's pants. If you're just being playful, most women will sense it and play along. But if you're too serious and try to "seduce" a woman by flirting, most women will be able to see through your bullshit and reject you.

In short, make it a rule to always flirt with every woman you see. Flirt to bring fun and pleasure to those around you, not to satisfy your own selfish needs.

## Test The Waters By Flirting

Flirting is also a good way to test the waters with a woman. Always flirt with a woman before you ask for her phone number or for a date. If she ignores your flirting, you can take it as a sign that she does not have any romantic interests in you.

But if she flirts back, then there is a slight possibility that she likes you. It doesn't mean that she likes you for certain – some girls are just big flirts – but it means that she doesn't hate you. In that case, tune up the flirting to build up the sexual chemistry.

If you keep up the flirting, one of the following is going to happen:

- 1) **She stops flirting:** In this case, you know that the girl is just a big flirt. It's better to know it now than later.
- 2) **She becomes attracted to you:** If you keep on flirting and a girl does not resist, sooner or later she's going to feel *really* attracted to you.

Comparison Chart

Average Frustrated Chump	Smart Dater
<ul style="list-style-type: none"><li>- Never flirts</li><li>- It always serious</li><li>- Just bonds with emotionally instead of emotionally <i>and</i> sexually</li><li>- Tries to "befriend" women</li><li>- Never tests for attraction with a woman before he does something stupid</li></ul>	<ul style="list-style-type: none"><li>- Loves to flirt with everyone</li><li>- It always playful</li><li>- Bonds with women emotionally <i>and</i> sexually</li><li>- Flirts with women from the beginning</li><li>- Always tests for attraction before asking for a woman's phone number or for a date</li></ul>

## **Basic Flirting Techniques**

### **Flirting Technique #1: Make Eye Contact:**

Most of flirting is done with your eyes. Keep good eye contact on a woman when you talk to her. Just keep your eyes focused on her bit "too long."

### **Flirting Technique #2: Say "Hello" With Energy**

When you approach a woman, say "Hello" in a flirty way. It will make her think you are sexier than the average geek who walks up to her and gives her a shy "Hi".

### **Flirting Technique #3: Shake Her Hand A Bit Too Long**

When you shake her hand, let your hand stay on hers for a bit too long and then brush against her hand as you pull back. Do this while smiling and looking into her eyes sincerely. You don't want to come off as a pervert.

### **Flirting Technique #4: Repeat The Woman Name**

As you talk to her, repeat her name as much as you can. Say her name slow, softly and sensually each time you say it.

Example: "Hello, De-bbie, I am very glad you came here..."

### **Flirting Technique #5: Stir Your Drink**

Stir your drink with a rhythm as you talk to her. The effect can be "hypnotizing" under the right atmosphere.

### **Flirting Technique #6: Lower Your Volume**

Lower and lower your volume so she has to lean towards you to listen.

### **Flirting Technique #7: Whisper**

When she gets close enough, whisper to her. This works well in a bar, when the music is so loud you have to talk in each other ears.

### **Flirting Technique #8: Be Playful**

Ask yourself the following questions:

- 1) How much fun can I have tonight?
- 2) What sorts of interesting things can I find out about this girl?

### **Flirting Technique #9: Use Nicknames**

When you get closer to a woman, make up a cute nickname for her.

### **Flirting Technique #10: Touch Her Back**

If she starts touching you, then touch her on the shoulder or arm when you laugh. Increase the frequency of touching as the night goes on.

### **Flirting Technique #11: Wink and Wave**

Next you meet a woman, wink at her, smile and wave.

### **Flirting Technique #12: Exaggerate Her Movements**

When a woman does something, do the same thing but exaggerate it. For example, if she raises one eyebrow, do the same thing but exaggerate it.

### **Flirting Technique #13: Leave Her Wanting More**

Do what strippers do the guys. Get a girl all hot and then leave her wanting more!

#### **Flirting Technique #14: Laugh At Her Jokes**

Laugh at her jokes whenever she makes one. Touch her on the arm lightly when you laugh if she already touching you.

#### **Flirting Technique #15: Listen To Her Stories**

Pay attention to what she says. Be focused on her, not on the hot waitress.

#### **Flirting Technique #16: Drop A Compliment**

Drop her a compliment every once in awhile. Not too often though!

#### **Flirting Technique #17: Tease Her**

Incorporate teasing into your flirting. Tease her till she's wet!

#### **Flirting Technique #18: Get More Personal**

Ask her more and more personal questions as the evening progresses. Things about her childhood, etc!

## **How To Tease Women**

Little girls love to be teased. And big girls still love to be teased. They may not admit it. They may even deny it. They may call you all sorts of names or make nasty comments about you when you tease them.

But then, if you have teased them right, they will laugh and let you tease them again.

Why? Because teasing is the magical formula that can:

- 1) Release the little girl inside every woman.
- 2) Bring out a woman's insecurity and desire to be loved.
- 3) Make women want what they can't have even more.
- 4) Tame a spoiled woman by breaking down her barrier.
- 5) Let the women know their men are in control.
- 6) Creates a sexual tension between a man and a woman.
- 7) Challenge a woman and demonstrate self-confidence at the same time.

Quite powerful eh? So do you tease women properly?

By doing what little boys do to tease little girls on the playground.

## **How Little Boys Tease Little Girls**

Let us observe how little boys tease girls. They:

- 1) Call them names and make fun of their insecurities.
- 2) Give toys to girls and then take them away.



These tricks work when the girls are 8 years old, and guess what? Women love them even more when they're 28.

So how do you tease a woman? You:

- 1) Bust her balls as much as possible. (Make fun of her)
- 2) Send mixed feelings by "giving" it to her and then pulling back. (Giving them toys and then taking them away)

## **Busting Her Balls**

### **Teasing Technique #1: Bust Her Balls**

This is a wonderful way of messing up a cold woman. Remember that every woman has her own insecurities. Some think their legs are too short. Some think they are so tall. In short, they all see countless flaws in themselves. You should use this to your advantage bust their balls as much as possible.

Remember that most men try to kiss their royal asses. They are USED to cheesy compliments about how beautiful their hair looks or what a nice body they has.

Beautiful women are approached by men all the time. Their whole response system is set on autopilot, meaning if you do the same thing every other guy is doing, you will get the same response: *The "Get lost!" look.*

But if you come across as crass or even uninterested in her, she will look at you differently and BINGO...you have her attention at least. She is very likely to see you as different or special because you are not trying to get into her

pants like all the filthy pigs are. And who knows? She may even see you as a challenge and want to seduce you just so she can dump you and boast to her friends later. (But like she's going to get a chance!)

However, notice that there is a HUGE difference between teasing and being plain rude. Telling a girl one of her earlobes is lower than her other is considered teasing, but telling a girl she's a worthless tramp with an ugly face is just plain RUDE. It will get you blacklisted so fast that it won't even be funny.

So how do you tease a girl without offending her?

By using humor.

After all, she can't hate you if you're laughing with you. Right?

## **How To Be Funny: A Quick Lesson**

In order to be funny, you must first learn to relax.

A lot of guys try to "be funny". But you can't try to "be funny". You will only look stupid. Women will just think you're an idiot if you crack dumb jokes in front of her.

The good news for you is that most guys are automatically funny when they are relaxed. Remember the last time you were relaxed with a group of close friends? You were probably joking around naturally because you were feeling relaxed. Now remember the last time you were talking to a stunningly beautiful woman. What a difference, eh?

## **Tip #1: Don't Laugh At Your Own Jokes**

By the way, if you act all serious when you say something funny, the woman will have to figure out if you're

bullshitting her or not. The joke becomes much funnier as a result! Remember: your jokes will lose power if you laugh at your own jokes. Let her wonder if you're serious or not.

## **Tip #2: Don't Be Afraid To "Be A Man"**

It is okay to be a little cocky, crass or even arrogant in your teasing, as long as you are funny enough to make her laugh with you. Sometimes women actually find men who are arrogant or cocky in a funny way to be very interesting.

If you listen to women in conversations, you will see that a lot of times they explain a guy's action by saying "Well. He's a guy..." and then laugh. They know that you're different than them. They know that men are "stupid" at times. And they like it. So just be yourself, and make her smile.

Here are some ways you can use to bust a woman's balls.

### **Teasing Technique #2: Give Her A Hard Time**

Give a hard time about something TRIVIAL and small – like dropping a spoon or a necklace she is wearing. If you keep the thing you're making fun of TRIVIAL and also do it in a flirty way, she will probably play along.

### **Teasing Technique #3: Fake Disappointment In Her.**

Fake disappointment at something she's doing. Shake your head and wave your finger. Be dramatic about it. Then say, "You aren't my favorite person anymore...." and shake your head some more.

### **Teasing Technique #4: Use Reversed Compliments**

Compliment her about something, and then tease her about it. For example: "I really like this shirt you're wearing...too bad you didn't iron it this morning."

## **Send Mixed Feelings**

The second part of teasing women involves sending mixed feelings. You know how women like to go like “He loves me, he loves me not...”? They just love to play guessing games.

So what should you do? Two words:

Be unpredictable.

For example, you can give her total attention one moment and then completely ignore her the next. And when she’s wondering whether you love her or not, suddenly make her feel like a princess again.

Or you can say no when a girl asks for a hug. But then later you suddenly embrace her with your arms.

### **Teasing Technique #5: Be Unpredictable**

Don’t be too predictable when you’re with a woman. Always surprise her with little things. Like one time she does something and you hug her. But the next time you give her a little spank on her ass. Keep your relationship fresh!

### **Teasing Technique #6: Take It Away**

Another good way to tease a woman is to give her special feelings one moment and then take them away the next.

Women like to have their goodies taken away from them every once in awhile. Besides, they can’t appreciate how great something truly is until they lose it! So make them horny, and then stop. And then go again. It will drive them wild.

For example, you are making out on the couch with a girl. You suddenly stop and then look away. Your girl looks up and sees you staring out the window. She pulls your face towards hers, but you just pull away and continue to stare at the night sky. Knowing that you have something in your mind she sits back and wonders if you like her as much as she likes you. Then without any warning, you turn around and pin her to the couch.

And so on.

### **Teasing Technique #7: Stop And Go**

Let's say you're making out with a girl and she's clearly enjoying what you're doing to her. STOP and pull back. She's going to want you to continue and start touching you, etc. Ignore her for a few minutes and then start making out with her today – but only this time, go “further” than you were going earlier. If you do this right, she will let you go further because she doesn't want you to stop again.

The best thing about this trick is you can do it over and over!

Remember that with a woman, you have to keep moving. And just because she won't kiss you and let you touch her boobs doesn't mean she doesn't want to. She just wants more foreplay first. Women love foreplay, remember? If she says stop, simply tease her some more until she's hot enough to advance to the next level.

Just keep teasing her until she's begging you to take her.

(Remember: NEVER force a woman. It's illegal and plain stupid. Just take things slowly, okay?)

If you want a safe shortcut, then cuddle with her. Women love to be cuddled. Remember that women love to have feelings taken away from there. So stop and go while you cuddle. And try to refrain from anything too sexual. Simply keep smelling her neck and smelling her neck, but don't kiss her or anything – even if she's begging you to. And by the time you actually kiss her, it will send complete pleasure throughout her whole body.

### **Teasing Technique #8: Build Anticipation**

A good way to tease a woman is by build anticipation and by giving her what she wants. For example, if you touch her AROUND her boobs but not on them, she's going to feel MUCH hotter when you finally play with them. Use this to anchor onto her desire before you finally transform it into physical action.

### **Teasing Technique #9: Send Mixed Verbal Signals**

Another good way to tease a woman is by sending mixed signals verbally.

You do this in old time movies a lot, when the characters say something but really mean something else. Never say "I love you" to a woman. Always imply it through something else. This will always make them wonder. Or simply say one thing but do another thing instead.

For example, you may hold her hands and then drop it as you say "Nah. No holding hands this early." But then you take it again. The woman will be too busy to figure out what's happening to put up any defense.

She will be delighted to see that there is "an inner battle" within you as you try to make out your feelings for her. It turns her on to think that she's seducing a real man like you into falling for her.

## **Teasing Technique #10: Delayed Gratification**

Another method used to send mixed feelings is to never give her anything she wants until you feel like giving it. This is called DELAYED gratification.

For example, when she asks for a kiss – don't give it to her. But kiss her when you feel like to. Let her know that you won't spoil her like all the other men because you're special and unique. And when you finally give something to her, make sure she knows that you're sensitive and thoughtful enough to remember she wanted so-and-so.

on to think that she's seducing a real man like you into falling for her.

## **Teasing Technique #11: Make Her Say "Pretty Please"**

Every once in awhile, tease a woman by making her say "pretty please" when she wants a favor from you. You can also do this when you're making out. Make her beg you a bit (playfully) before you give anything to her.

## **Teasing Examples:**

### **Example #1:**

Instead of telling her you like her, you say "you really like me" in a teasing manner. If you say "I really like you", she may reject you on the spot because it's direct and blatant. But if you say "You really like me" PLAYFULLY, then you can get away with it because you're just joking.

You may also accuse her of hugging you or kissing you a lot. And then you give her a hug or kiss back. This will leave her wondering if you're really attracted to her or not. Women love MINDGAMES. They love to pick petals off a rose and say, "He loves me, he loves me not"

**Example #2:**

You can make fun of something small about her (don't overdo it though). For example, say one of her earlobes is lower than the other PLAYFULLY. (Being PLAYFUL is the key) She will probably go like "No it's not!" Then you look into her eyes and say, "It's all right, you're still pretty."

**Example #3:**

Give her a personal nickname or tease her about something that is special to both of you. Like if something funny or interesting happens while on a date, use it to your advantage.

**Example #4:**

Some women like to touch a guy while they talk. When a woman touches you on the leg, say in a serious tone, "May you stop touching my leg?" Then when she seems thrown off, say "Well, if you want to touch me, I would enjoy it even more if you would touch me a little bit closer..."

**Example #5:**

Let's say you're cuddling or making out with her, try to smell her neck, kiss her, etc but then SUDDENLY STOP. She's going to be all hot and bothered and ask you what's wrong, etc. She may even put her arms around you to try you to get back to it. After a few seconds, start making out with her again...but more fiercely this time. This is a VERY good way to advance through her boundaries.

**Example #6:**

Be unpredictable. While sitting on a bench on a date, suddenly pull her up and then give her a hug. Then you say



"I just wanted to hug you." If she asks you why, say "Cause I felt like it." playfully or "I wanted to see if you'd feel good to hug." If she asks you if you think she's good, just say "Well, I think I need a second try first..."

**Example #7:**

Give her your arm French style. Then walk with her for a while. Then stop and look at a window or something. Then when you walk again hold her hand. See how she reacts. If she seems to enjoy it, rub it a little bit. See how she reacts. If she likes it, then continue. But while you're doing this, act like you think she's your best friend. (This will REALLY make her wonder if you do like her or if its all "in her head")

**Example #8:**

Ask her about her love life. Then ask, "Do guys find you so beautiful that they are afraid to approach you?" If she says "yes", then say "Do you let it go into your head?"

**Example #9:**

Let's say you've been talking to a woman for a while at a club. Find an excuse to leave her for a bit and then get out onto the dance floor. Dance for awhile, make sure she sees you dancing with your friends, then go back to her and say playfully, "What you are still doing here, wallflower?" Lead her onto the dance floor.

**Example #10:**

A woman needs you to do a minor favor. You smile a smug smile and say, "Only if you say pretty please." Whatever she says after, if it's not "pretty please", just smile say "pretty please" playfully. Repeat till she gives in.

**Example #11:**

Let's say you are making out with a woman and you're kissing her neck and kissing her neck. She seems to be loving it. Pull back, stroke her hair, and ask, "Do you like it when I nibble on your neck?" If she says "no..." stop, say "fine" playfully and don't neck with her again as a punishment. But if she says "yes", ask, "Do you want some more?" If she says "yes", tell her to say "pretty please".

**Example #12:**

Let's say a woman drops a piece of food onto the table by accident. Shake your head and shake your finger and feign disappointment. Then start talking about all the starving children in Ethiopia. Finally, say, "You'll have to make up for the food you wasted." When she asks you how, tell her to give a piece of something to this poor Ethiopian child (while pointing at yourself) from her plate.

**Example #13:**

While on a first date, if a woman is clearly interested in you, joke about hooking her up with a guy if she needs any help with men.

**Example #14:**

If a girl is clearly interested in you, you can tell her playfully that you have liked her in the past, but do not anymore. If she asks you why, make up a funny excuse, like "Because you are too mean to me" or "Because I just came out of the closet." Don't forget to be PLAYFUL when you say the line.

**Example #15:**

If a girl is wearing high heels, say something like "If you're any taller, you could be an Amazon."

One last thing: Remember that a big part of teasing is to be unpredictable. So don't get too comfortable by getting into any "set patterns". Be creative with your teasing rather than having the same response every time. Just put yourself in the proper "playful" mindset so that you can react to your environment and do the "right" thing at the "right" time.

## Chapter 14

# Advanced Flirting Tactics

## Technique #1 - Romantic Intent Signaling

In order for you to become a true master at flirting, you must first master the skill of using your VOICE tone to communicate. Your voice tone will dictate most of your meanings when you flirt with a woman.

For example, “I hate you” could mean “I like you” when said playfully.

Or you could be imitating a girl who’s saying “I hate you” to you.

To practice this, repeat the following phrases using the verbs list below.

For example, say “Hi” while trying to “amaze” or “challenge” an imaginary woman in front of you.

Or ask “How you’re doing” while you’re trying to “beckon” or “blame” your imaginary partner.

In other words, just stick an action verb into each phrase and use it to change the meaning of your phrase.

## Practice Phrases

- 1) “Hi”
- 2) “How are you doing?”
- 3) “What’s the story behind that?”

## **Practice Verbs**

aid	court
allure	criticize
amaze	crush
amuse	dare
anticipate	defy
approach	delight
arouse	direct
assess	displease
assist	divert
bait	dominate
beckon	dramatize
beguile	draw
bewitch	duck
blame	ease
bless	educate
bluff	elevate
boost	elicit
bribe	enchant
cajole	endear
call	endure
catch	enlighten
challenge	entangle
chastise	entertain
cheer	entreat
clarify	eschew
command	estimate
conceal	evade
condemn	evaluate
confirm	excuse
confuse	execute
consider	feed
contest	force
convince	free
correct	frighten
corroborate	frustrate

gag	pose
help	propose
jumble	purify
humiliate	reject
humor	release
hurt	satisfy
hypnotize	scold
imitate	sedate
induce	seduce
indulge	settle
inspire	shake
insult	shame
interview	sicken
intrigue	soothe
invite	spoil
judge	still
lead	stretch
lecture	suggest
liberate	summon
lure	support
magnetize	suppress
manipulate	surprise
mend	tease
mimic	tempt
motivate	tickle
mystify	tolerate
oppose	understand
orient	warn
panic	worry
patronize	worship
please	

Once you have mastered using your voice tone to communicate, you can flirt with women by adding another layer of subtext to your verbal communication. For example, you can say something perfectly normal and innocent and have it mean something else. This is a more advanced form of “sending mixed signals”.

With practice, you will be able to project your sexual thoughts WITHOUT talking about them verbally at all.

## **Technique #2 – Act Like She’s Hitting On You**

Once you’re certain that a girl is quite interested in you, you can tease her by claiming she’s interested in you. Instead of telling her that you like her, tell her that SHE likes you.

For example, if she says “It’s getting late. I should go home for bed,” you could say, “No way. I don’t know you well enough yet. No way I am going to bed with you.”

You could also accuse her of “touching you a lot”. When she gets angry and defensive, tell her “It’s okay” and grab her hand.

You could even initiate the contact yourself and then ACCUSE her or doing it. For example, when you’re out dancing on the dance floor and you’re wiggling around with a girl, you could rub her ass with yours, pull away with a surprised look on your face, and ask, “Did you just rub my ass?” Then when she says, “No...” you follow up by saying, “It’s okay. I forgive you. But next time, I would prefer it if you would rub it a little bit harder.”

## **Technique #3 – Steal Her Frame**

Another good way to tease a woman is to steal her frame.

Basically, steal every line and trick women uses. For example, if she touches you, you can tell her, “I don’t like treated like a sex object. Why do women always treat me like I am just a piece of meat? I have feelings too, you know.”

Or, you could ask, "So...where do you work and how much money do you make a year? In case you haven't noticed, I am one of those high-maintenance very shallow men that only care only about that what they can get from a woman. \*pause\* You're not like me, are you? Oh, too bad. We could have gone shopping together."

### **Technique #4 – The Whisper Compliment**

When you're in a conversation with a girl, ask her if you can tell her a secret, then lean in to her ear and whisper a killer compliment, such as "Your hair smells really good."



## Chapter 15

### From Desire To Physical Action

Once you have created a desire in a woman and anchored onto it through flirting and teasing, you can finally take physical action.

If you're just interested in sex, then you can attempt to pick her up for a one-night stand.

But if you would like to develop a long-term relationship with a woman, then you should get her phone number. Despite what all the "seduction experts" say, you should NOT have a one-night stand with the women you're interested in dating.

The mottos these "seduction experts" use, like "dating is only for women you're already sleeping with" and "I always sleep on a first date" are just plain wrong.

Remember: a successful relationship needs to have **passion, intimacy, and commitment**. These things all need time to build up. So if you start a relationship prematurely, it's probably going to end prematurely as well.

Here's the bottom line: **The faster you get together, the faster you break up.**

But no matter which path you choose, you should follow the following rules:

**Take small steps:** Remember to take small, measurable steps. Don't jump from talking to her to suddenly kissing her, or from "being her friend" to suddenly asking her out.

**Don't move too fast:** Don't rush. Let your girl feel comfortable with each step before you lead her to the next one. Remember: If a girl becomes uncomfortable at any point, she will pull away and you will lose all your chances.

**Don't move too slowly:** At the same time, don't be too passive. If you are too slow, you're going to lose your "window of opportunity".

**Remain in control:** Always keep your backbone and remain in control. The moment you let a woman whip you around, she's going to lose all respect and attraction for you.

**Lead, not push:** The more you push a girl into doing something, the more she will pull away. That's why you lead a woman instead of push her.

**Use anticipation:** Don't forget to "stop and go" every once in awhile to create anticipation.

**Be a challenge:** Continue to be a challenge and be unpredictable. Continue to surprise your girl.

## Chapter 16

# Getting Her Digits

**A** lot of times my readers ask me for help because they have trouble getting girls to give them their phone numbers. Others mail me because they don't know how to deal with women who appear to be cold or rude on the phone.

Now, something I've noticed over the years is that women can never give you a direct "no". If you ask a typical girl for her number and she's not interested, she's not going to say "no". Instead, she will give you tons of lame excuses. This is **ESPECIALLY** true when you're hitting on cashiers and waitresses. They are not interested in you but they don't want to be rude to you because they don't want to be chewed out by their boss. (Or maybe they just want your gratitude!) So don't be too happy if a girl gives you her number – she may just be being polite!

Dating Technique: How To See If A Girl Is Interested In You By Asking For Her Number

Next time you ask for a girl's number, I want you to examine her reaction.

If she hesitates, then she may not be interested.

If she freaks out for a second and then smiles, then she's just being polite

If she seems really happy and blushes, etc, then she probably likes you.

## **Golden Rules On Getting Digits**

First of all, don't leave your phone number and ask her to call you. Some guys think that make them special because the women have to call them blah, blah, blah but seriously...this is stupid. There is a dating manual out there that teaches men to hand out business cards to as women as they can because a few of them are bound to call. Stupid. As soon you turn your back, your business card is going to get trashed.

### **Digits Rule #1:**

Never offer your phone number instead of asking for hers.

If a chick asks you for your number instead when you ask for hers, do not fall for it. She's going to throw it away.

### **Digits Rule #2:**

Do not let a girl take your phone number instead of giving you hers.

Here are some counters for women who want to take your number:

**Counter Technique #1:** Just smile and get her to trade. It's only fair. You can even do it jokingly, "Oh come on. I'm only going to call ten times a day." Most women don't want to give out phone numbers because it's a big invasion of their privacy. And that's why if you can see through this and joke about it, you will have gone a long way already.

**Counter Technique #2:** Bust her and say “Oh come on. You’re just going to show it to all your girlfriends and then toss it away.”

In theory, you should ask for her number AFTER you’ve talked to her for a while. (And got along) If she sees you as an interesting person, she will probably want to give you her number. And if you don’t click with her, there’s no point getting her digits anyhow. Remember: it’s always easier to give a number to an interesting new “friend” than a stranger you’ve met for 30 seconds. As soon as the conversation get REALLY interesting, tell her you have to leave but would like to continue talking to her at another time. There. You’re almost guaranteed to see her again. But if she clearly does not like you and you still keep on asking for her digits, you’re just setting yourself up for rejection, get it?

**Digits Rule #3:**

Only ask for a girl’s number after you’ve talked to her for a while AND got along.

Also, remember getting the digits is not your only option nowadays. Don’t forget email and instant messenger nicknames. Women give out emails much easier because...if you turn out to be a freak, they can just block your address or get another hotmail account.

**Digits Rule #4:**

Try to get her email and IM nicknames.

As soon as you get her number or email, get lost. I mean it. That’s no point in hanging around since you have her contact info. Hanging around more could mean messing up and losing your chance with her.

**Digits Rule #5:**

Leave as soon as you get her number.

How long should you wait before you call? At least a five to six days. Why? So she'll be wondering why you haven't called yet and be even more eager when you finally do. DO NOT call her right away. It will make you seem desperate. Good thing only comes to those who wait, so patience, young Jedi!

**Digits Rule #6:**

Wait at least 5-6 days before you call her!

When you call her...please do not leave any messages on her machine. Please. My friend Jenny told me how she got home after a short trip one weekend and found 5 messages from the same guy on her machine. Needless to say, she was very annoyed.

**Digits Rule #7:**

Do NOT leave any messages on her machine or send her any text messages. Call her from a pay phone if you don't want your name to show up on her Caller ID. DON'T call her too often!

Also, don't call her to talk. Only call her to ASK FOR A DATE. Guys only get phone numbers so they can ask for dates, and women know it. So do not call her just to "talk". She will think you're the biggest wimp on earth.

**Digits Rule #8:**

Only call her to ask her out!

THINK about what you're going to say BEFORE calling her. Have the time and location ready before you ask her out. In fact, have two times ready. Say "Let's have dinner Wednesday night or Friday night at eight. What day is better for you?" This way it will be less likely for her to run into time conflicts and you will still be in control.

**Digits Rule #9:**

THINK before your call. Have at least two times ready for the date in case she can't make one of them.

If she turns you down, really listen to what she says. If she makes a counter-offer, like "Sorry I am busy on both days. How about we go out on Saturday instead?" then everything is still all right. But if she says something like "I'm busy, but how about some other time", that's a rejection. You can forget about her and toss her number away.

**Digits Rule #10:**

She either counteroffers or she doesn't go.

Another trick women may use to fool you is the "Can you call me the night to confirm."

Ha! She's just using you! She's either not interested at all or just using you as a back-up plan. If she can't find a REAL date that night, THEN she will go out with you so you can pay for dinner.

**Digits Rule #11:**

Don't fall for the "Call me later to confirm" trick.

Finally, shut your mouth and hang up as soon as she agrees to go out. You don't want to mess up. Save everything you want to say for the big date.

**Digits Rule #12:**

Shut your mouth and hang up as soon as the date is set!





## Chapter 17

### Your First 10 Dates

#### Where To Go For The First Date

This really depends on what you want and how well you know the women already. If you would like to get to know her a bit better or maybe connect with her a bit, then you should go see her in a coffee shop or somewhere that is not too distracting. Somewhere quiet where you can bond with her.

But if you feel you have known her enough already or you just want to have fun, then by all means, go somewhere fun. You should always take her somewhere stimulating. Remember what I told you in chapter 1? If you take her somewhere stimulating, she will see YOU as the source of stimulation.

If she is an outdoor person, rock climbing or hiking should be good – as long as there's good scenery. My personal favorite is the amusement park. The last time I went there with a girl her eyes were basically lit up the entire time. All the rides had really stimulated her excitement and brought the little girl out of her. You may also consider putting dancing on the top of your list. A lot of girls complain that guys don't like to dance enough. So be the special guy who loves to dance. Take dance lessons, or simply just move around. I don't care. Just go dancing. And remember that fast dances are the best. It can really work up a woman before you slow dance with her later.

Dating Technique: How To Fast Dance

"Club dancing" is 10 percent skills and 90 percent attitude. Most people who look great on the dance floor do not have training in ballet/jazz or anything. A lot of them can't even count, actually!

But these guys are still admired because they always look like they are enjoying themselves. They are the people who can just get up to the dance floor and "go crazy".

Dancing is a form of expression, so as long as you learn to EXPRESS YOURSELF through dancing, you'll look like you can dance well!

Lastly, keep in mind that most guys are ridiculous dancers. Actually, I take that back. Most guys do not dance at all - so going onto that floor will already score you A LOT of brownie points, no matter how bad you are!

You should try to stay away from "normal" dating locations such as "going to the movies" at all costs. Movies are a waste of time. You should be *talking* to her instead. If the movie is bad, she will blame it on you. And if the movie is great, then she forgets about you. Also, it is much more interesting to do something together than going out on a "date". Sometimes "going on a date" sounds stupid. Know what I mean? Make it something else. Like "hiking" or "dancing". Just don't call it a "date".

Dating Technique: You're Just "Hanging Out"

Do not take a girl out on a "traditional date". Instead, hang out with her as friends while flirting like crazy and having a good

time. In fact, when you ask girls out, ask them to come “hang out”, not “go out”!

In short, when choosing a location for a date, consider the following rules:

Dating Rule: How To Pick A Date Location

- 1) It must be fun and something you can do together.**
- 2) It must be physically, emotionally or mentally stimulating.**

If you follow these rules, then the environment will be working in your favors! Don't forget to make “creative” suggestions. If she absolutely hates an idea, she will let you know.

## **How To Set Up The Date**

Call the women and ask directly for a date. Again, if you don't know a woman enough yet you should definitely ask for a “coffee” type of date and then ask her out on a SECOND date (to somewhere more exciting) if the first date goes well.

When you phone the woman, let her know how you had fun hanging out with her the other night and ask her if she's interesting in joining you for a cup of coffee and another wonderful conversation. You get the idea.

Dating Technique: When She Hesitates...

If the girl hesitates or doesn't want to answer, then joke and tease her about it. A nice “Am I that scary eh?” should do the trick.

#### Dating Technique: When To Go Out

When you first meet a woman, only go out with her on weekdays. This will set you up as an important person who has a social life on weekends. If she asks you about what you're doing on the weekends, always tell her you're "busy" – even if you're actually just sitting at home!

Lastly, make it clear to a woman that you just want to "make friends".

This lets her know that you're not a needy, insecure kind of guy. You perfectly understand that the world will still revolve without her! It lets her know YOU are picking her, not the other way around!

### **What to Wear On A First Date**

Make sure you are very careful about what you wear on a first date. You don't have to wear a 3-piece suit, but no matter what you wear, make sure it's the best thing a guy can wear to whatever place you're heading to. This doesn't mean you have to be overdressed, but just make sure whatever you're wearing doesn't look cheap.

### **The First Date**

For me, a first date usually starts with going for a cup of coffee together. This gives me enough time to get to know the girl a bit more and see if she is still worthy of my attention.

Also, this gives me time to talk to her and create a little bond before we even go somewhere. This is very important, as it will make the date seem much less awkward. You won't have to go through the trouble of knocking on her door, giving her flowers, and then trying to decide if you should hold her hand or not. By talking to her over coffee,

you can skip all this “official date” crap and make the whole date seem so much smoother.

If you DO go pick her up for whatever reason (like for a second, third or forth) date, then arrive there a bit early in case her apartment is hard to find or there are no parking spots, but do not knock on her door until you’re right on time.

Dating Technique: NO Gifts Please!

Do not give a woman any gifts on a first, second, third, fourth fifth, sixth, or even seventh date! (Or until she is your girlfriend!) Don’t scare her off by making her feel she has to give something back (like love) in return!

After I’ve talked to her over coffee and we’re now good friends, I can then take the girl somewhere else as the second part of the date. The location will really depend on the girl.

At this point, I start to tease her more and more while “being her friend.” I also try to have as much fun as I can with her. This is extremely important...as the whole point of going on a date is to have fun! (aside from getting laid...)

Dating Technique: Send Mixed Signals

When you’re hanging out with a woman, act like you just want to be friends WHILE you’re flirting with her. This will make her wonder, “Does he like me?”

While I always try to be funny, I always make sure I act chivalrous throughout the date. This includes things such as opening doors for her and walking on the roadside of the pavement. This is to protect her from being hit by a car. If she doesn’t know about this you can tell her. She will

probably find it very cute. Yes, it's true that there are crazy women out there who feel insulted when you open a door for them. Stay away from these crazy feminazi's!

Dating Technique: Chivalry Code 101

Here's how to be a classy gentleman:

- 1) Offer her your arm.
- 2) Open doors.
- 3) Always walk on the outside of the pavement
- 4) Select the table at a restaurant and pull out her chair.

Don't ask her for permission to do any of this stuff. Listen, YOU'RE taking her out! Be in control!

I also make compliments and tease my date like crazy to drive her mad for me. The art of making compliments and teasing women will be covered in the following chapters.

## **Dinner**

I usually take my date to dinner only "after" a first date. (So I don't have to waste any money on a bad date.) There are several rules I go by when I take a woman out for dinner:

Choose the right restaurant: I always make sure I can go to a place where I can pay for the most expensive item on the menu. I always try to find a place where the atmosphere is great. This doesn't mean it has to be an expensive restaurant. It just means it has to be special somehow. One of my best dinner-dates happened in a tiny, tiny seafood

restaurant near the ocean – with just the two of us. Needless to say, we had a nice time at the beach after.

Dating Technique: Cruise The Restaurant First

Cruise the restaurant before the date. Take a look at the menu and make sure your face won't cringe when you order. Pay attention to the atmosphere. (Too loud or too quiet?) See if there are any particular tables you want.

I always put on my best manners. No talking with my mouth open, make sure my teeth are clean, etc. Basically, the things your grandma would make you do.

Dating Technique: Table Manners 101

- 1) Do not play with the table utensils or crumble the bread.
- 2) Do not put your elbows on the table, or sit too far back, or lounge
- 3) Do not talk loud or boisterously
- 4) Be cheerful in conduct or conversation
- 5) Never cough or sneeze at the table.
- 6) Never tilt back your chair while at the table, or at any other time.
- 7) Do not talk when the mouth is full.
- 8) Never make a noise while eating.
- 9) Do not open the mouth while chewing.
- 10) Don't scramble or mix food on the plate. It's sick.

11) Eat soup with the side of the spoon, without noise.

By the way, I always tip the waiter handsomely.

Here are a few more rules for a first date:

Dating Technique: Do Not Tell Her Your "Love"

Never tell a woman on a first date that you like her. It ruins everything.

Dating Technique: Be A Good Listener

Listen to what the lady has to say. She will think you're a sincere person – even if you're not!

Dating Technique: Look For Subtle Clues

When a girl asks you "Would you like to" do whatever, she's not asking, she's implying she wants it.

Dating Technique: Don't Drive Too Fast

Keep the crazy driving in the arcade. Do not scare her on the road!

Dating Technique: Keep Your Cool



Keep your cool no matter what happens. Never get angry in front of a woman until you're married. Losing your temper will only make you look stupid.

## **The Second Date**

If you decide that you like the woman on your first date, you can then set her up for a second date.

Sometimes I like to get the idea for the second date from the first date itself. For example, if she tells you that she likes ice-skating, then say, "We should do it together sometime." But then I change topics.

I used to ask a woman out on a second date while on the first date. But I've found it usually works better if you wait. This way, you will seem even less desperate and she will wonder if she will get to see you again.

Dating Technique: Do Not Ask For A Second Date

Never ask for a second date while on a first date!

You may want to take this concept further by denying her when she asks you to come into her home. (Unless you're just looking for a one-night stand, of course. In that case, go in!=) Otherwise, be the first guy to say "Sorry, I have to wake up early tomorrow"!

I know this goes against what most "pick-up gurus" out there may teach you. "Dating is for a woman you've already slept with", they always tell you. But I sincerely believe that if you want to have a long-term relationship with someone, then it is important to take things slowly.

The faster you get together, the faster you breakup, get it?

Good things only come to those who wait, so work on your self-control!

## **A Few General Rules**

Here are a few “Do’s” and “Don’ts” to end this chapter:

### 10 “Don’ts” on a first date

- 1) Don’t talk about politics or religion. She may not share the same view.
- 2) Don’t check out ANY other females. Leave that waitress alone! FOCUS YOUR ATTENTION ON YOUR GIRL!
- 3) Don’t talk about your past relationships. In fact, don’t talk about yourself too much at all. Remember the golden rule: keep the focus on HER!
- 4) Don’t make any offensive jokes. Humor is good, until feelings get hurt. (Than it’s hilarious...just kidding!) Seriously, be FUNNY – but not offensive or rude.
- 5) Don’t talk about your sexy kinks. Unless you know she’s...hmm...into the same stuff. (Like unless she tells you first and it happens to be the same thing you like...)
- 6) Don’t get into ANY sort of argument with her. Seriously, it’s going to ruin the whole evening.
- 7) Don’t kiss her ass.
- 8) Don’t tell her you love her. Don’t even tell her you like her!
- 9) Don’t be late on the first date. Don’t show up an hour early and then wait for her either. BE ON TIME.

10) Don't act like this is your first date in your entire life. Try to play it cool!

#### 10 "Do's" On A First Date

- 1) Do groom yourself properly before you go out. Dress nice!
- 2) Do flirt with her and tease her like there is no tomorrow during the date.
- 3) Do buy some fresh condoms AND clean up your room, house or apartment before the date. Just in case!
- 4) Do give her a big hug as soon as you meet her. Why? A little physical touching right off the bat can be a good start!
- 5) Do advance through her boundaries and limits subtly. Holding her hand? See if you can get a kiss next, and so on.
- 6) Do have a stimulating conversation with her.
- 7) Do act like a gentlemen and open doors for her, etc.
- 8) Do compliment her. (Not too much though!)
- 9) Do only go to a place where you can afford to order the most expensive item on the menu.
- 10) Do relax and have fun!

## Chapter 17

# How Women Tests You And What You Can Do About It

## Why Women Test Men

If you go out with a woman, you're going to get tested. Every woman tests the guys she dates, either consciously or unconsciously. There's no way around it.

Women tests men because she has to find out if the guy she's dating is strong enough for her. Understand that the more beautiful a woman is, the more choices she has – meaning there are plenty of guys she can date any time. In order to go through all these guys and find the one she REALLY wants, she must test them all in a systematic manner and dump how the guys that flunk her tests. If you're a big wuss, women need to screen you out of the game early so they don't have to waste any time on you.

Think of dating as a series of interviews before you get married. If you mess up, you're going to get fired right away. Unfortunately, most guys get fired by the 5<sup>th</sup> date.

Here is some ways women use to test you, and how you can counter them:

### Category 1: Asking You Questions

Women love to interview guys on a first date. So prepare to answer the following “scripted questions” from women:

**1) “Are you seeing anybody else?” / “How’s your love life?”**

This is a VERY common question that women ask on a first date, and also a question that most guys screw up on.

A lot of guys freak out when a woman asks them this question. They think, “Oh no. If I answer ‘yes’, she will think I’m a player.” So they answer something stupid like, “No. You’re the only girl I like.”

Stupid.

Proper Response Examples:

**“Well, I have a couple of prospects right now.”** (Then wink at her and smile.)

**“Why? Are you hitting on me?”**

**2) “How much money do you make?” / “So what do you do?”**

Most guys will start bragging about themselves at this point. Don’t be the same. Good women don’t care about how much you make. Only gold diggers do. Just reflect the questions.

Proper Response Examples:

**“Enough.”** (Smile smugly at her.)

**“Why. Are you one of the really shallow women that only care about how much a guy makes?”**

**“I am an exotic dancer. But I don’t really like it when women treat me like I am a piece of meat. \*pause\* I have feelings too, you know.”**

**“I’m a gigolo. I’m a very shallow man who only likes rich women. So how much do you make, dear?”**

## **Category 2: Breaking Agreements**

Some women love to break rules or act bratty to see how much a guy can take. These spoiled women will keep trying to push back your boundaries to see if you will put up with it. Here are some examples:

### **1) Canceling dates at the last minute**

**Solution:** This is completely unacceptable. Give her a hard time and don’t ask her out again until SHE asks you out. (Even then, you should play hard to get and don’t be available. No matter when she asks you out, pick another date.)

### **2) Being late**

**Solution:** Women are often late. But if she pushes this too bad, you’ll have to be firmer. Be stern.

### **3) Changing plans at the last minute**

**Solution:** Don’t put up with any of this. If she changes plans at the last minute, just cancel the date and tell her she doesn’t have to come. Tell her “it’s okay” because you’ll “find somebody else to go with”.

## **Category 3: Challenging Or Disrespecting You**

There are also times when women will try to disrespect you by challenging or disrespecting for you, such as:

**1) Blatantly flirting with other men in front of you.**

**Solution:** If she's only flirting a tiny bit, act cool about it and don't be jealous. But if she's flirting too much, give her the silent punishment. Don't argue with her or yell at her. Don't act upset. Just give her the silent punishment to let her know she's in deep shit.

**2) Complaining and finding fault with your clothes, hair, etc.**

**Solution:** Be like, "Too bad, I like it."

## **Category 4: Trying To Change You / Dominate You**

Women also love to see if they can "change" you. Don't let them. Remember there is really no reason to change. You're the person she fell in love with. If there was something horribly wrong with you, she wouldn't have fallen in love with you, would she?

Here are a few examples:

**1) Pouting because of your friends or hobbies**

Some women will try to get you to choose them over your friends and hobbies because they're jealous of anything that displaces them. (Football, music, friends, beer, cars, music, etc.) Don't let them.

**Solution:** Try to include her in your activities early on. If she doesn't like them, too bad. She will either have to be flexible, or she's not the right person

for you. She must accept the fact that you DO have a life outside of dating women.

**2) Complaining and finding fault with your clothes, hair, etc.**

**Solution:** Be like, "Too bad, I like it."

## **Category 5: Sex Withdrawal**

Some women like to "pussy-whip" guys by withdrawing sex until they do whatever she says. Don't let her. If she tries to use sex as leverage, just ignore her. Flirt with her and turn her on – but don't try to bed her. Repeat until SHE is sexually frustrated. Then make her say "please".

## **Punisher Technique – The Silent Treatment**

Imagine you're in a car with your girlfriend. You've been out together having a great evening...but now...she's suddenly not talking to you. How are you going to feel? Uncomfortable and scared I bet. You're probably going to think, "I'm losing her. This can't be happening! Oh my! I must be doing something wrong!"

Well, guess what? If you were to do the same to her, she would probably feel the same. You see, this technique is a VERY powerful technique that attacks a girl's insecurity DIRECTLY and make her want to "work harder" and keeping you.

So how can YOU use this?

Well, this technique works best under the following situations:



1) When you're going out with a "popular" girl who does not seem to be "that" interested in you.

Application: When you go out with a "diva" that gives you the "This is so boring. I can't wait till you get me home" attitude and doesn't seem to be enjoying your first date, just keep your enthusiasm and be really friendly with her. Keep EVERY moment devoted to HER. But about 15-20 minutes before dropping her off, CHANGE YOUR ATTITUDE 180 degrees.

Stop paying attention to her and be TOTALLY aloof. Don't talk to her, don't smile at her, and don't respond to her. Don't look at her, period. Heck, pretend you're thinking about ANOTHER girl while you're at it.

She's going to think, "Shit. What did I do wrong?" and subconsciously tries to make it up to you. She's going to be MUCH friendlier to you and asks you, "What's wrong?", etc. She may even start complimenting you like crazy. The tide has turned around. YOU have COMPLETE control now!

2) When your girlfriend is turning into a "spoiled brat"

Application: Instead of arguing with her, try to just give her the silence treatment instead. Trust me, it will work MUCH better than trying to argue with her. If you argue with her or try to ask her to "change", she's just going to get all defensive and fight with you. But if you show her you mean business by giving her the silence treatment, she's going to freak and try to compromise to make you happy again because she does not want to lose you.

3) When your girlfriend is losing her interests in you.

Application: Give her the silence treatment after a date to make HER feel you're losing interests in HER. Humans are always afraid of losing what they have, so she'll probably freak due to her fear of losing you. See...this is a

very powerful technique that can TURN YOUR RELATIONSHIP AROUND!

A few warnings about this "silent treatment" technique:

1) It's extremely powerful. Don't abuse it. Use it ONLY on girls that are acting like spoiled brats. Remember that this is a "punisher" - meaning it should only be used when a girl is MISBEHAVING, such as acting like a spoiled little diva or flirting with other guys. Don't give them the silent treatment unless they actually DESERVE it.

2) It's important to have SELF-CONTROL and not break the silence yourself. You're probably going to feel VERY uncomfortable with the silence too...but don't worry...just keep in mind that she's probably feeling even MORE uncomfortable than you are because she does not know the silence is intentional. JUST HAVE SELF-CONTROL AND DO NOT ATTEMPT TO RE-START THE CONVERSATION AT ALL!

## **How To Test Women**

Just like women test you when you go out with them, you should be testing women when you go out with them too. Think of your first nine dates as a series of interview. You want to find out if your date would make a good long-term girlfriend.

It doesn't matter how hot she is. Remember that when you go out with a girl, you are not just going out with her body. You're also going out with her personality and lifestyle. If you can't stand her nasty habits now, guess what? They are only going to get worse as time goes on.

Remember the smart dating model? The perfect women should have:

## **Intimacy**

**Flexibility:** She should be flexible and willing to compromise. If she only wants to do things her way, sack her.

**Self-disclosure:** She should be willing to disclose herself to you. If she doesn't tell you anything, sack her.

**Giving:** She should be willing to give as much as she takes. If she takes all the time but never gives, sack her.

## **Commitment**

**Respect:** She should be giving you the respect you deserve. If she doesn't, sack her.

**Integrity:** She should have integrity and doesn't lust after material goods. If she's shallow, sack her.

**Loyalty:** She should always be loyal to you, as you are loyal to her. If she cheats or screws around your back, sack her.

## Chapter 18

### From Desire To Action: Getting Physical With Women

*Anticipation is the key.*

**A**ll right. You have just finished having a dinner with the girl. What do you do? Some people would tell you to take her home or go to her place after the first date and work your magic from there, but I say it's your own choice.

And it really depends on the girl too.

#### If You're Interested In A Long-Term Relationship

If you're interested in a long-term relationship, do NOT make any sexual moves on her at all. No matter how hot she is getting or how hard she is trying to seduce you, do not give in. Keep tempting and teasing her, but do not actually let her lead you on. You may cuddle with her or give her casual kisses, but don't go any further than that.

Trust me. By the sixth or seventh date, she will be ready to attack you in her apartment. It will probably be the best sex you have ever had.

Dating Technique: Hold Off Sex

To make a woman lust after you, tease her and tempt her to get intimate with you but do not actually give it to her. Remember the classic rule strippers go by: "Tease guys about something they want, and then don't give it to them!"

But make sure you give in a little every once in awhile, or else she will lose interest. For example, if she is grinding her hip on your crotch and rubbing you through your pants, then you may want to let her have her way!

This is the path you should take if you're interested in a long-term relationship with a girl.

I don't care about what other "experts" say. They can call me stupid and claim that you should only date a woman after sleeping with her. I will just laugh when they breakup with a girl or end up dating a slut who blows every guy on the street.

Remember: The faster you get together, the faster you breakup.

#### Dating Technique: Delay The Relationship

To build a more solid relationship, do not "get together" with a woman as soon as you meet her. Play it slow to keep her wondering if you like her.

For your first few dates, go out with her as a casual friend while teasing her and flirting with her. After a month or so, crank the chemistry on by dropping compliments every now and then. Then accelerate until she is your girlfriend.

Getting a one-night stand is NOT hard. In fact, I have a bonus report that teaches you how to sleep with girls. I have NOTHING against having casual sex with women – I just don't think you should do it with a girl you may "love" because having sex on the first date change the dynamics of the WHOLE relationship.

## **If You Just Want A One-Night Stand...**

If you're interested in a one-night stand with no long-term commitment, then just keep advancing and advancing. Just keep turning her on and turning her on until she is ready to advance to the next level. And if she wants you to stop, then stay at that level till she is turned on enough to go for more. (Don't force her into doing anything though. It's dumb and illegal.)

Even if you're just in it for sex, remember that the keyword with women is still trust. She won't sleep with you if she doesn't feel safe. She won't even let you into her house if she doesn't feel safe.

That's why I usually try to kiss the girl before we head back to her house. This is better than kissing her at the door or in her house because if you kiss her now, she will feel very comfortable when you kiss her again on the porch. And if you don't have any physical contact now, it will become awkward when you suddenly start feeling her up when you get into her place.

Dating Technique: Always Kiss A Girl Before You Go To Her Place

Always kiss a girl before you head to her place to avoid the "awkward moment" when you start making out.

## **Holding Hands**

No matter you're in it for a quick one-night stand or a long-term relationship, this is an essential step you have to go through before you can kiss her. I will say it again: you must hold a woman's hand before you can kiss her! Think of holding hands as a set-up for the big kiss later.

There are many techniques I use to start holding hands with women. Here are some of my favorites ones:

Dating Technique: Hold Her Hand By Teasing Her

Sometimes I take the initiative and take her hand and hold it for a few seconds. Then I take it away and tell her that we shouldn't be holding hands this early. Then awhile later I hold it out as if I am asking her to take it. When she does I take it away and say the same thing. I keep repeating this in a playful her. And when she finally stops reaching for my hand, I simply grab her hand and hold onto it.

Dating Technique: Read Her Palm!

Sometimes I comment on the shape of a woman's hand. Then I use it as a launching pad to give her a palmistry session. And after that...I just don't let go.

Dating Technique: Give Her a Hand Massage

Another alternative is to give her a hand massage right there. This can also lead to a neck massage and shoulder and...you know what I mean=)

Dating Technique: Rub Her Hand

If you're holding a woman's hand, try flirting with her by squeezing her hand or her fingers. Or rub your thumb on her hand. See how she reacts. If she likes it, she will reciprocate. Good – now you can flirt with her while walking or watching a movie!

## **First Kiss**

Once you're holding hands with the girl, it should be much easier to get a kiss. Remember, never ask a woman for a kiss. 9 out of 10 times, they will turn you down just to play hard to get. Simply do it. However, if she resists, stop immediately.

Dating Technique: Don't Ask A Women For A Kiss

Don't ever ask, "Can I kiss you?". A real man just goes for it.

Dating Technique: How To See If She Is Ready For A Kiss

Here's a nice trick to see if a girl is receptive to a kiss or not. Stroke her hair lightly and look into her eyes with the passionate gaze. Tell her she has lovely eyes. Or soft hair. Or whatever.

If she smiles and seems receptive, move the hand to the back of her head and reach down to kiss her. (I am assuming the girl is shorter than you...once I dated a tall, tall blonde who was 6ft 1 and kissing her was a bit of a challenge!) If she pulls away, then you will have to tease her and work her up some more before you can try again.

After the kiss, look deeply into her eyes again. There. You're one step closer to spreading her legs.

## **Going Indoors**

A good way to invite her into your house would be to "show her something". Maybe it is your CD collection or



videos or posters. Don't just "invite her home". Give a reason.

Dating Technique: Invite Her Home

Always invite a girl home by telling her an "excuse". Do not ever tell her to go back to your place so you can "sex her up".

I am not suggesting that you "lie" to women. It's just that no woman want to be thought of as a slut. She already KNOWS why you're inviting her back to her place. So make her comfortable by giving her an "excuse" to go to your place!

To get yourself invited into her house, you will have to play a bit hard to get. My favorite technique is to tell her that I have to go to bed early since I have work the next day, blahblahblah, but then I tell her that I could stay for 15 minutes while I lead HER into her own house.

Dating Technique: Get Yourself Invited Into Her Place

After you take a woman home, tell her that you have to go to work tomorrow and can't stay. But then say you can hang around for a drink for 15 minutes or you have to go to the bathroom. If she's interested at all, she will let you in.

Once you're inside the house, hers or yours, do not make any moves at all for the first 20 minutes or so. Remember that women want to feel safe, so you MUST act like a complete gentleman when you're inside her place. After 20 minutes or so, you may move closer and kiss her on the cheek and then move back away. Then cuddle with her and turn her on. Remember the key to this path is to keep advancing. If she lets you hold your hand then kiss her. If she kisses you back then try to take off something. If she resists then kiss and cuddle some more. Repeat till she has all her clothes off and... you get the idea.

## **How To Satisfy A Woman Physically**

Here are few tricks on the fine art of “making out “

Before we go on, let me remind you that unlike men, who are mostly turned on by visuals, women get very turned on by their other senses.

This is why they love to be touched (through kissing, stroking and cuddling), smelled, tasted (licked) and talked to. Let us focus on touch (kissing, cuddling and touching) first.

### **How To Kiss**

According to a recent survey, more than half of all women consider their men to be lousy kissers. You can't really teach a person how to kiss as it comes from experience. However, here are some general tips:

#### Dating Technique: Kissing Rules

Keep your breath fresh.

Keep your lips moist.

Tilt your head the OPPOSITE way the girl is tilting.

Keep your lips soft, tender and open.

Here are a couple of kissing techniques you can use. Remember to vary them to keep things exciting!

#### Kissing Technique: Triumverat

Kiss her lightly between the eyes, then on the tip of the nose, and finally on the lips.

Kissing Technique: Top And Bottom

Kiss her on her top lip, then the bottom lip, and finally both.

Kissing Technique: Lick Her Lightly

Run the tip of your tongue slowly along your girl's lips.

Kissing Technique: Kiss Her Earlobes

Gently kiss, nibble, and suck on her earlobe. This trick can drive a woman WILD.

Kissing Technique: Kiss Her Neck

Trace the sides of her neck with your lips and tongue.

Kissing Technique: Front OF Neck

Kiss the front of her neck with your lips and tongue.

Kissing Technique: Tease And Denial

Kiss everywhere but her lips, until she pulls you to their lips. You can also use this trick on other sensitive spots. For example, you can tease one of her nipples by kissing AROUND it until you finally kiss it.

Kissing Technique: The Sensual Kiss

Look in her eyes and whisper you want to kiss her. Press your lips gently to theirs', caress their lips with yours and give her a passionate kiss.

Kissing Technique: Forehead Rub

Rub your forehead with your girl gently and kiss her.

Kissing Technique: Cheek Rub

Gently brush cheeks with your partner and kiss her.

Kissing Technique: Nose Rub

Gently rub the tips of your noses together and kiss.

Kissing Technique: Suck Her Lips

Make a small "O" with your lips. Press your lips against your girl's skin and suck softly. Lift your lips off a little, move over slightly, and repeat over and over.

Remember not to limit your lips to her lips. There are lots of other places you can kiss. Her neck, her ears, basically any part of the body can be kissed. Just member to drool all over her dedicate body. Remember girls like sensual men.

## **Cuddling**

Cuddling is another crowd pleaser. Women love men who would take the time to cuddle with them. Trust me. Some women can get so turned on from cuddling that they suddenly attack you out of the blues.

Don't believe me? Do some field-testing. Next time you get a chance to go on a date, cuddle with the girl. Just

give her a hug and then cuddle with her like there's no tomorrow.

You can also smell her neck, lick her earlobes and whisper sexy things in her ears while you're at it. Just don't stop cuddling.

Let me tell you a real story, not long ago I met this new girl and I told her how much I loved to cuddle. "Heck, I think I like it even more than sex." I joked casually. Her eyes brightened up and asked me if I would like to cuddle with her. I said yes and we went out the back to the fire exit. We just sat on the stairs and started cuddling endlessly. After about 30 minutes, she was so turned on that she climbed onto me and basically raped me right there. We were lucky we didn't get caught!

Trust me, cuddling works wonders in getting into a woman's pants. You gotta try it sometime!

Make Out Technique: Cuddle With Her

Next time you get to make out with a chick, cuddle with her till she rapes you!

## **Touching**

Women love to be touched and stroked. Here are a few general rules for touching:

Make Out Technique: How To Touch Women And Make Them Purr Like Pussy Cats

- 1) Touch her softly and slowly.
- 2) Constantly change the way you're touching her. Do not keep touching her the same way for more than one minute.

- 3) Apply different pressure with your hands. For example, linger your fingers softly on her chest and then suddenly rub it hard for a few seconds and then touch her softly again.
- 4) Touch her as you would touch a pussy cat.
- 5) Imagine white light coming from your hands and use this light to heat her body up.
- 6) Don't ever lose contact completely as you change from one hand to another.
- 7) Enjoy what you're doing. Admire her body and caress her sensually .

## **Smelling and Licking**

Women love to be smelled. If you keep smelling her neck and smelling her neck while you cuddle, it will drive her totally wild. Try this:

### **Make Out Technique: Smell Her Neck!**

Smell her neck and shoulders for 15 minutes. Simply run your nose and lips over her shoulders and neck smelling her while telling her how great she smells. The same thing with licking. Slightly run your tongue lightly against her earlobes and other parts for 10 minutes. See her as an ice-cream cone and tease her with your tongue. Make sure you don't drool all over her though.

## **Talking Dirty**

You may choose to talk sexy to her. Remember to include lots of details, and try to stimulate her senses with your words. Drive her wild with your imagination! You may also describe what you're going to do to her next, and how great it will make her feel when you're doing it. It will drive her crazy for you. Here are a couple of good techniques:

Make Out Technique: Describe What's Happening

Describe what's happening as you're making out or having sex with her. Remember to use a lot of details. The whole point of this is to paint an erotic picture in her mind!

Example:

"I love the way you smile when I kiss your neck. It really gets me hot to see you so happy."

Make Out Technique: Tease Her With Questions

Tease her with playful questions like "You're a horny princess, aren't you?"

Make Out Technique: Make Her Beg

A good way to tease a woman during sex or a make out session is by getting her to beg for it. For example, while you're making out with her, you can say "All you have to say is please." Keep doing this until she is screaming "PLEASE!"

Make Out Technique: Release Her Horny Side

There's a horny little princess inside every girl. Learn to release it by saying things like:

- 1) “You know you want me to make you feel good.”
- 2) “You enjoy being told what to do by a man.”
- 3) “You know you love the feeling of surrendering to your man.”
- 4) “Tell your man what you want him to do to make you feel good”

#### Make Out Technique: Command Her

Women love to “surrender” to a strong man. Try commanding her in the bedroom by saying things like:

- 1) “Spread your legs wide.”
- 2) “Kiss my chest.”.

Do not try to talk dirty until she's very hot and horny.  
And most important of all, WATCH HER REACTION. If she gets angry, then stop!

### **Erogenous Zones - Where To Kiss, Touch, Smell or Lick**

Below is a list of pleasure zones for women you should try to please!

Face: mouth, nose, earlobes, cheeks, eyelids  
Back of neck  
Breasts and nipples  
Abs and naval  
Her spine on her back  
Inner thighs and back of knees  
Buttocks, anus and perineum (area between vagina and anus...lick it to drive her wild!)



Arms, elbows and hands  
Her vagina

## **The Keys To Arousing Her – Anticipation and Denial**

Here are a couple of techniques you can use to arouse a woman:

### **Make Out Technique: Stop and Go**

Whenever a woman seems to be REALLY enjoying what you're doing to her, STOP. This will make her want you to continue. She will probably put her arms around you and try to get you to go back to doing whatever you were doing earlier. Ignore her. After awhile, go back to whatever you were doing – but advance a bit further this time. For example, if you were fondling her boobs over her shirt before you stopped, try to slip a hand under her shirt this time. You can use this trick over and over until you hit home base.

### **Make Out Technique: Avoid Sensitive Areas**

If you avoid touching her most sensitive parts of her body like the breasts, crotch and anus, she will be even more turned on when you finally get to them. For example, circle her nipple with your tongue for a while before you lick it directly. She will squirm when you finally do!

### **Make Out Technique: Blindfold Her**

Blindfold your girl with something like a bra. This will make her anticipate or even fantasize about what you're going to do to her next. It will also stimulate her senses tremendously.



## Chapter 19

### How To Keep A Beautiful Girlfriend

*Most couples breakup within 60 days.*

**C**ontrary to popular belief, keeping a girl is much harder than getting a girl. Just because you have gone out on a first date does NOT mean you are entitled to keep her for the rest of your life. In fact, it usually it takes more than 4-5 dates before a girl is certain she is attracted to you. Unfortunately, most dating manuals out there do not address this issue. This is why I've decided to devote a chapter to the fine art of KEEPING a girlfriend. This is an extended version of the very basic bonus report "Nasty Breakups" I wrote for my ezine readers a while back.

#### Stage 1 – The Courtship (First Date To “Will You Be My Girlfriend?”)

Technically, your first few dates should be fun and flawless. Think of the first few dates as a prolonged interview. Every time she sees you, she's looking for reasons to reject you. (Not for reasons to date you, as she is already dating you.)

Flirt with her plenty, but exhibit self-control. Do NOT strangle her with your everlasting love like most guys do. Go out with her only once a week initially, twice at most. You don't want to see her too often because your dates will become less special if you do.

Relationship Tip: Don't Go Out Too Often Initially

When you first start dating a woman, don't go out with her too often. Once a week is enough, twice at most!

Try to stall her as long as you can before you ask her to become your girlfriend. Remember: the faster you get together with someone, the faster you breakup.

Relationship Tip: Stall Her!

Do not give a woman too much attention at the beginning. Tease her and flirt with her and do all the usual things, but don't let her know you like her yet. After 5-8 dates, start turning up the romantic chemistry until one of you asks or hints the big question naturally: "So are we together?" THEN you can ask her to become your boyfriend.

I know 5-8 dates may sound like a long wait, but if you are serious about having a long-term relationship with someone, then it is defiantly worth the wait.

Some keys to keeping a girlfriend at this stage:

- 1) Capture her attention
- 2) Remain a challenge
- 3) Stay mysterious
- 4) Make her laugh a lot
- 5) Send mixed signals

## **Stage 2 – The Honeymoon Period (First 1-3 Months Of Being Together)**

The honeymoon stage is usually fun and exciting, as both people are usually trying to please the other all of the time. This is partly due to the chemicals that get released in your body when you first meet someone.

Use this time to REALLY have fun with a woman. Go out and do wild things. Create a happy memory that you can both remember for the rest of your lives.

But DO NOT let your guard down just because you're going steady with her. You MUST keep her attracted to you. Some keys to keeping a girlfriend at this stage:

- 1)        Remain a challenge. Do not start acting like you're mama's boy.
- 2)        Be romantic and take good care of her. Women wants to be protected.

### **Stage 3 – The Getting To Know Each Other TOO well Period (3-12 months)**

After a few months, the “Let's have sex 3 times a day” chemicals become the “Let's settle down” chemicals – and this is when some serious problems may occur. You may find that some of your fundamental values are different. You may also find that the blonde goddess you're dating may not be so special after all.

Flexibility is the key to this stage. Unless both parties are willing to be flexible and compromising, the relationship will fail. If you end up dating a selfish, inflexible woman who never compromises, you should consider ending the relationship. (Actually, end it WAY before – like after a first date!) Love is a two way street. If she's not willing to be good to you too, then things are not going to work out. Always keep in mind that if a lady TRULY loves you, she will be flexible because she wants to please you. (Just like you want to please her!) This is why it is very important to keep a woman ATTRACTED to you.

Some keys to keeping a girlfriend at this stage:

- 1) Remain a challenge.
- 2) Be flexible. Compromise.
- 3) Keep her attracted to you.

## **Stage 4 – The “We’re Married” Period (1 Year And On)**

After awhile, you feel like you’ve known the person for all eternity. However, it does not mean you’re safe. Your relationship could still go down the drain!

It is essential that you do not let your girlfriend “pussywhip” you. Do not become a little man! A lot of guys get pussywhipped by a girl overtime - and that's why they get dumped eventually!

It is also important to bring back the “honeymoon moments” every now and then. Be romantic at least once a month and do something special!

Remember that keeping a long-term relationship is not like investing in the stocks market. You ONLY get back whatever you put in. You can seduce a woman and make lots of babies, but if you don’t put in the time and commitment required for a long-term relationship, it’s not going to work out!

## **The Key To Keeping A Relationship Healthy – Keep Her Attracted To you**

As long as a woman is very attracted to you, she’s not going to cheat. This is why it is very important to keep her interests level high.

Here are some ways to keep the interest level up:

**Fun and Romance:** Well, first of all, if you have used my techniques to seduce the girl, you should keep it up. Tease her, flirt with her. Remember how I taught you to tease her till she's blushing in deep red? Or how to drive her crazy with my few moves that's guaranteed to turn her on? Keep applying the techniques to relive the romance. Don't be afraid to love her.

**Be attentive:** Sorry to say this, but most guys do start to slack off after a while. They stop paying attention to their women and end up losing her. Please don't make the same mistake. Notice the details. Do thoughtful things. Leave little messages that say "I've been thinking about you...." from time to time. Compliment her when she does something good.

**Talk to her:** Have at least one good talk every week. Maybe before bed. Maybe when you're walking in the park. This will help you solidify the bond with her. I don't care how busy you're with work. If you can't even spare an hour on your girlfriend once a week, then it's really your fault if the relationship turns sour.

**Remain in control:** Another big thing. Some guys use the techniques I've taught them to seduce a sexy girl they've always wanted, and then after awhile they just give up their control and start kissing the girl's ass. Remember: everything I've said about remaining in control of a relationship still applies after the initial courtship! Never lose control! Be a man!

**IMPORTANT NOTE:** Under NO, NO, NO circumstances should you be attempting to please her with money and physical gifts. Money and wealth is NOT an alternative for love. Money can buy you sex, but it can't buy you love. I don't care how rich and busy you are. Never, never pamper a woman with money. The last thing you want is a spoiled girlfriend! It will lead you quicker to a breakup/divorce, as the

relationship will only become hollower every time you attempt to bribe her with cash.

## **How A Woman Breaks Up With A Man**

When a man breaks up with a woman, he usually feels bad after. (Except if he was just using her for cheap sex.) But if a woman initiates a breakup, than the scenario is very different. (By the way, the women usually initiates the breakup.) Why? Because a woman usually tries to bear discomfort with a man before she is finally pushed over the edge and decided to dump the guy. And when she does, it is \*for real\* with no way of turning back because she has made up her mind. She has allowed her anger to build up and there is simply no way she will be going back.

## **Breakups Do NOT Happen Overnight**

As you can see, breakups do NOT happen overnight. Most men are surprised when a woman leaves them, when they have been careless watching the "warning signs" for weeks/months. It is very important about to stay awake in a relationship and NOT take a woman for granted – unless you're willing to get dumped.

## **Warning Flags**

Here are some warnings flags that hint your relationship may be deteriorating:

**Mood Changes / Irritability:** Your girl may be edgy and often in a bad or depressed mood. They may act like they are irritable, touchy, sensitive, argumentative, and hypervigilant. And worst of all, she just won't stop nagging about the smallest details on earth. She may also start fights without any reasons.



**Contact:** Is contact between you and your girl trailing off? Is she always too busy to go out with you now?

**Secretive:** Can you sense your girlfriend being more secretive, as if she's hiding something?

**Routine:** Are you falling into a routine with your girlfriend? Have you stopped being adventurous?

**Separation:** Are you more "separate" than before? Do you plan separate activities instead of doing activities together?

**Communication:** Is she avoiding in depth conversations, especially questions about your relationship?

**Criticism:** Is she suddenly acting like a nagging bitch? Is she over critical of you? Does nothing you do please her?

**Intuitive:** Do you have a "gut-feeling" that tell you something may be wrong? Distant: Does one or both partners seem to be distant, distracted, or miles away in their thoughts? Is one or both partners daydreaming more than usual?

## **How To Play The Love Cop**

If you want to keep a relationship healthy, then it is quite essential that you learn how to play the "love cop" and examine your relationship objectively at all times. The key to "reading" a woman:

Look at her actions, not her words.

Women's words cannot be trusted because they are not "direct" speakers like we men are. They like talking in circle and going through a thousand places before they finally make a point. And of course, a lot of time they are masking how they REALLY feel.

So in short, their words may not necessarily represent their thoughts. For example, a woman may tell you she loves

you while sleeping with other guys behind your back. Or she may say, "I hate you" playfully and mean "I love you!"

This is why you should ALWAYS look at a girl's actions, not her words. Watch her attitude/facial expressions/actions. How is your girlfriend treating you?

Remember: her actions can't lie!

## **Surviving A Breakup**

As a smart philosopher once said, sh\* happens. And most of us do end up breaking up with a girl or two some time in our lives. I've personally encountered a few painful breakups myself. They do suck, don't they? Nowadays, it's usually me who leave a girl, but I have been ditched a few times too when I was younger.

Anyway...this is a couple of steps I've gathered from my personal experiences.

ALWAYS figure out what went wrong:

Do you know why she dumped you? I don't want to stir up any painful memories, but I think it is necessary to know why you were dumped. If you're attentive, you should probably know the answer already. Also, keep in that what she tells you is not necessarily the truth. But from my own experience, the truth is probably already inside you – you just have to have the courage to search within yourself for an answer.

If she has left you for another guy, always see why he did. Don't just enter into a jealous rage. Is there something the other guy could give her that you couldn't? If so, it must be one of your weaknesses. So how do you fix that up? Remember, if there's anything not working with the tactics

you used this time...you can certainly fix it so you won't have to make the same mistakes next time around.

## **Decide Whether You Want Her Back Or Not**

You should really ask yourself the following questions: Is she really worthy of your attention or love? If she's a cheating whore, is she really worth your time?

Remember: If she has lied to you once, she will be very likely to lie to you again. This applies to cheating as well. If she has cheated on you once, she is probably going to cheat on you again.

Also, it's much, much harder to fix a relationship than to start a new one. The scars are going to be there – permanently. Only time can heal them.

Ask yourself this question: Could there really be a future between you two? A lot of times, a couple gets back together – only to break up again shortly after.

## **Should You Want Her Back...**

Okay. So you would like to get her back. Please don't make the same mistake most guys make. Do NOT beg and beg for her to take you back. It won't work. It will only succeed in making you seem whiny and annoying.

Remember we humans like to ask ourselves the following question: "What's in it for me?"

You've just broken up with her. So what's in it for her if she gets back together with you?

You will have to give her temptations. Let her miss the things she lost when she broke up with you. Show her how much you understand her. And tempt her with new things.

Flirt with her again. Make HER want to get back together with you.

Remember, whatever she will be getting from this new relationship **MUST** outweigh the problems of the previous relationship.

And even then, you will still have to work very hard, together with her, in solving the problems you two had in the past.

Note: For a complete guide to reversing your breakup and getting your ex-girlfriend back, visit <http://www.reverseyourbreakup.com>

## **Move On**

If you've decided to move on, here are a couple of general tips.

**Workout:** Trust me, it works wonders when you do some physical activities to get her off your mind. Of course...seeing all the nice little buns on the treadmills will help too...

Get involved with some new hobbies:. Again to take her off your mind.

**Socialize:** with your friends. Meet people, etc. They are going to introduce you to many new girls!

**Start dating:** other women as soon as you feel ready. Remember going out is very casual nowadays. If there are many other chicks that like you cause you're cute and nice, why not hang around with them for a while?

**Polish your skills:** Re-read my eBooks and really polish your skills for the next round. Remember, practice, practice and practice!!!

Remember, breakups hurt is because you're used to a living certain lifestyle and suddenly your whole world has changed. So take a cold shower and try to

start afresh. Use this as an opportunity to get into a NEW lifestyle.

Lastly, now that you're free of the ball and chains, think about all the exciting, beautiful women you're going to meet!

## Chapter 20

### Closing

I / ve done what I can to teach you how to meet, attract, and date beautiful women.

But now, everything is up to you. You can put this book on your bookshelf, tell yourself that you've become a great womanizer, and forget everything I've taught you. Or you can go out now and practice the stuff.

I sincerely hope you will choose the latter.

Attracting women is a skill, and just like any other skill it needs to be practiced. So I urge you to please go out and start applying the techniques you have learned from this book.

Read this course manual over and over. Study the cheat cheats. Then print out a few copies of the self-checklist in the *Love Diagnosis Kit* and do a self-test every week.

Every once in awhile, somebody emails me and says, "Marius. I am afraid this isn't working for me. I am still having no success with women at all." But when I ask them a few questions from the checklist, it turns out they haven't even been following the *Smart Dating System*.

Once there was a guy who used the dating techniques in this course to approach a woman and had a fabulous conversation with her. He bonded with her emotionally and the girl was very interested in him. But then he made a fatal mistake. When the girl told him he was into the "intellectuals", he decided that he was "above" the flirting

techniques taught in this course and decided *not* to flirt with the girl. The girl lost interest in him after three dates and never went out with him again. By the time he emailed me (and the poor guy dared to blame the *Smart Dating System* for his lack of success even though it was his own fault for not following the rules) it was too late to repair the damage.

Then there was this guy who flirted with a girl and got into her pants. But then he didn't have the self-control to be a challenge anymore. He told her that he loved her and asked her if he could be her boyfriend. The girl freaked and said, "I am not ready for a relationship yet." She never talked to him again.

Here's the bottom line: Don't try to be a smart-ass and "bend" the basic dating rules or use shortcuts. *The Smart Dating System* consists of a set of rules and techniques that are *universal* and *time-tested*. Everything in the system has been tested and tested by thousands of men across the world. They *work*. But in order for these rules and techniques to work, you must follow them to the heart. If you have any "no's" on your self-checklist, then you *still* have things to work on.

But if you do work hard, do follow the rules, and do email me at [mariuspanzarella@datebeautifulwomen.com](mailto:mariuspanzarella@datebeautifulwomen.com) when you have questions, you will become better at dating. In time, you will see your success.

Good luck and never give up!

## Appendix A – How To Turn A Friend Into A Girlfriend

A lot of guys seem to have a fantasy about befriending a hottie and sucking up to her until she finally sees what a great guy he is and decides to date him.

Ugh. It doesn't work that way.

You see, to a women, there are 2 guys of men: "potential lovers" and "just friends". Once you fall into the "just friends" category, it's hard to get out. You are most likely to be stuck for life.

If you meet a girl you like, please...make your move. Do not become the "doormat" she runs to when she is between boyfriends.

Now, you may be "stuck" as a friend already (too bad you hadn't read this earlier eh?) so I am sure you want some tips on how to turn a friend into a girlfriend. First of all, DO NOT tell your friend you like her! I am serious. DO NOT tell your friend you like her directly.

Most guys spend days or weeks gathering the courage to tell a girl they like her, only to fail miserably! Remember the key to attraction is...it's not how much you're attracted to a woman, but how much she is attracted to YOU that matters.

Women do not care about a man loves them. They only care about how much THEY like a man. I am sure you like her, but does she like you? YOU DON'T KNOW!



And that's why you should NOT risk embarrassing yourself!

Also, men who "gather the courage" to "suddenly tell the girl he loves her" usually do it at the "wrong" time, like when a girl least expects it. Surprises are scary and women don't know how to react. Their NATURAL reaction is to turn you down on the spot ("I have a boyfriend" or "I am not looking for someone right now", etc) just to be safe - even if they regret it later.

So, instead of putting the focus on your feelings and worrying about how you can tell her you love her, I want you to focus on getting HER to tell you she likes you.

Now, the biggest difference between a friendship and a relationship is that there is sexual/romantic chemistry, and that's why I want you to start flirting with her and drive the chemistry up. It's time to ATTRACT her, not to chase her. Your goal is to get HER to fall for you and eventually ask you the "Are we together?" question.

Lastly, flirting with her will allow you to see if she likes you or not. If she ignores you or doesn't respond well to the flirting, then she's not interested in you. But if she flirts back, she may want you!

## **Appendix B – What Women Really Mean**

“Let’s be friends...” – I don’t like you romantically. So screw off.

“Call me on Thursday night to confirm the date.” – You’re my backup plan. I will probably not go out with you.

“Sorry I don’t have a phone.” – I don’t want to give you my phone number you freak.

“Give me your number instead.” – So I can never call.

“I want a sexy man.” – I want a man who can make ME feel sexy.

“I want a guy who’s a good communicator.” – I want a guy who’s a real man and won’t be afraid to bust my mind games.

“Let’s chill for a little while.” – Let’s break up

“Let’s see where it goes.” – It’s not going anywhere.

“We are in a transitional stage.” – It’s over.

“I am tired.” – I don’t want sex right now.

“Our values have changed.” – I cannot change you, so goodbye.

“I’ll think about it.” – No, I will never go out with you.

“I like you...but” – No, I don’t like you.

“We have chemistry.” – I really like him.

“Would you like to <whatever>?” – I want to <whatever>  
NOW.

“So are we together?” – Please. Ask me to be your  
girlfriend now.

“Do you like me?” – I like you.

“We’re too different.” – The door is that way.

“I want a sensitive guy.” – I want a guy who’s dominant  
*and* sensitive.

“I want to feel safe.” – I want a real man.

“I don’t like money.” – Sure, that’s why I brought it up.

“I cannot figure you out.” – You’re a real challenge. I  
really like you.

“Fine.” – Conversation over. Now shut up.

“Maybe.” - No.

“I need some space.” – Without you in it.

“I am not looking for a boyfriend” – I am not looking to  
date YOU.

“I don’t know; what do you want to do?” - You have  
nothing planned? Loser.

“We need...” - I want...

“It’s your decision.” – You know what I want.

“Nothing” when you ask, “What’s wrong?” – Everything.

“What do you like?” – I want to please you.

“It’s getting late.” – You aren’t coming to my bed tonight.

## Appendix C – Tongue Twisters

Here are some tongue twisters for you to practice with should you want to work on your articulation.

Six sick slick slim sycamore saplings.

A box of biscuits, a batch of mixed biscuits

A skunk sat on a stump and thunk the stump stunk,  
but the stump thunk the skunk stunk.

Peter Piper picked a peck of pickled peppers.  
Did Peter Piper pick a peck of pickled peppers?  
If Peter Piper picked a peck of pickled peppers,  
where's the peck of pickled peppers Peter Piper  
picked?

Red lorry, yellow lorry, red lorry, yellow lorry.

Unique New York.

Betty Botter had some butter,  
"But," she said, "this butter's bitter.  
If I bake this bitter butter,  
it would make my batter bitter.  
But a bit of better butter--  
that would make my batter better."

So she bought a bit of butter,  
better than her bitter butter,  
and she baked it in her batter,  
and the batter was not bitter.  
So 'twas better Betty Botter  
bought a bit of better butter.

Six thick thistle sticks. Six thick thistles stick.

Is this your sister's sixth zither, sir?

A big black bug bit a big black bear,  
made the big black bear bleed blood.

The sixth sick sheik's sixth sheep's sick.

Toy boat. Toy boat. Toy boat.

One smart fellow, he felt smart.  
Two smart fellows, they felt smart.  
Three smart fellows, they all felt smart.

Pope Sixtus VI's six texts.

I slit the sheet, the sheet I slit, and on the slitted  
sheet I sit.

She sells sea shells by the sea shore.  
The shells she sells are surely seashells.  
So if she sells shells on the seashore,  
I'm sure she sells seashore shells.

Mrs. Smith's Fish Sauce Shop.

"Surely Sylvia swims!" shrieked Sammy, surprised.  
"Someone should show Sylvia some strokes so  
she shall not sink."

A Tudor who tooted a flute  
tried to tutor two tooters to toot.  
Said the two to their tutor,  
"Is it harder to toot  
or to tutor two tooters to toot?"

Shy Shelly says she shall sew sheets.

Three free throws.

I am not the pheasant plucker,  
I'm the pheasant plucker's mate.  
I am only plucking pheasants  
'cause the pheasant plucker's running late.

Sam's shop stocks short spotted socks.

A flea and a fly flew up in a flue.  
Said the flea, "Let us fly!"  
Said the fly, "Let us flee!"  
So they flew through a flaw in the flue.

Knapsack straps.

Which wristwatches are Swiss wristwatches?

Lesser leather never weathered wetter weather  
better.

A bitter biting bittern  
Bit a better brother bittern,  
And the bitter better bittern  
Bit the bitter biter back.  
And the bitter bittern, bitten,  
By the better bitten bittern,  
Said: "I'm a bitter biter bit, alack!"

Inchworms itching.

A noisy noise annoys an oyster.

The myth of Miss Muffet.

Mr. See owned a saw.  
And Mr. Soar owned a seesaw.  
Now See's saw sawed Soar's seesaw

Before Soar saw See,  
Which made Soar sore.  
Had Soar seen See's saw  
Before See sawed Soar's seesaw,  
See's saw would not have sawed  
Soar's seesaw.  
So See's saw sawed Soar's seesaw.  
But it was sad to see Soar so sore  
Just because See's saw sawed  
Soar's seesaw!

Friendly Frank flips fine flapjacks.

Vincent vowed vengeance very vehemently.

Cheap ship trip.

I cannot bear to see a bear  
Bear down upon a hare.  
When bare of hair he strips the hare,  
Right there I cry, "Forbear!"

Lovely lemon liniment.

Gertie's great-grandma grew aghast at Gertie's  
grammar.

Tim, the thin twin tinsmith

Fat frogs flying past fast.

I need not your needles, they're needless to me;  
For kneading of noodles, 'twere needless, you  
see;  
But did my neat knickers but need to be kneed,  
I then should have need of your needles indeed.

Flee from fog to fight flu fast!



Greek grapes.

The boot black bought the black boot back.

How much wood would a woodchuck chuck  
if a woodchuck could chuck wood?  
He would chuck, he would, as much as he could,  
and chuck as much wood as a woodchuck would  
if a woodchuck could chuck wood.

We surely shall see the sun shine soon.

Moose noshing much mush.

Ruby Rugby's brother bought and brought her  
back some rubber baby-buggy bumpers.

Sly Sam slurps Sally's soup.

My dame hath a lame tame crane,  
My dame hath a crane that is lame.

Six short slow shepherds.

A tree toad loved a she-toad  
Who lived up in a tree.  
He was a two-toed tree toad  
But a three-toed toad was she.  
The two-toed tree toad tried to win  
The three-toed she-toad's heart,  
For the two-toed tree toad loved the ground  
That the three-toed tree toad trod.  
But the two-toed tree toad tried in vain.  
He couldn't please her whim.  
From her tree toad bower  
With her three-toed power  
The she-toad vetoed him.

Which witch wished which wicked wish?

Old oily Ollie oils old oily autos.

The two-twenty-two train tore through the tunnel.

Silly Sally swiftly shooed seven silly sheep.  
The seven silly sheep Silly Sally shooed  
shilly-shallied south.  
These sheep shouldn't sleep in a shack;  
sheep should sleep in a shed.

Twelve twins twirled twelve twigs.

Three gray geese in the green grass grazing.  
Gray were the geese and green was the grass.

Many an anemone sees an enemy anemone.

Nine nice night nurses nursing nicely.

Peggy Babcock.

You've no need to light a night-light  
On a light night like tonight,  
For a night-light's light's a slight light,  
And tonight's a night that's light.  
When a night's light, like tonight's light,  
It is really not quite right  
To light night-lights with their slight lights  
On a light night like tonight.

Black bug's blood.

Flash message!

Say this sharply, say this sweetly,  
Say this shortly, say this softly.  
Say this sixteen times in succession.

Six sticky sucker sticks.

If Stu chews shoes, should Stu  
choose the shoes he chews?

Crisp crusts crackle crunchily.

Give papa a cup of proper coffee in a copper  
coffee cup.

Six sharp smart sharks.

What a shame such a shapely sash  
should such shabby stitches show.

Sure the ship's shipshape, sir.

Betty better butter Brad's bread.

Of all the felt I ever felt,  
I never felt a piece of felt  
which felt as fine as that felt felt,  
when first I felt that felt hat's felt.

Sixish.

Don't pamper damp scamp tramps that camp  
under ramp lamps.

Swan swam over the sea,  
Swim, swan, swim!  
Swan swam back again  
Well swum, swan!

Six shimmering sharks sharply striking shins.

I thought a thought.  
But the thought I thought wasn't the thought  
I thought I thought.

Brad's big black bath brush broke.

Thieves seize skis.

Chop shops stock chops.

Sarah saw a shot-silk sash shop full of shot-silk  
sashes  
as the sunshine shone on the side of the shot-silk  
sash shop.

Strict strong stringy Stephen Stretch  
sickly snared six sickly silky snakes.

Susan shineth shoes and socks;  
socks and shoes shines Susan.  
She ceased shining shoes and socks,  
for shoes and socks shock Susan.

Truly rural.

The blue bluebird blinks.

Betty and Bob brought back blue balloons from the  
big bazaar.

When a twister a-twisting will twist him a twist,  
For the twisting of his twist, he three twines doth  
intwist;  
But if one of the twines of the twist do untwist,  
The twine that untwisteth untwisteth the twist.

Untwirling the twine that untwisteth between,  
He twirls, with his twister, the two in a twine;  
Then twice having twisted the twines of the twine,  
He twitcheth the twice he had twined in twain.

The twain that in twining before in the twine,

As twines were intwisted he now doth untwine;  
Twist the twain inter-twisting a twine more  
between,  
He, twirling his twister, makes a twist of the twine.

The Leith police dismisseth us.

The seething seas ceaseth  
and twiceth the seething seas sufficeth us.

If one doctor doctors another doctor, does the  
doctor  
who doctors the doctor doctor the doctor the way  
the  
doctor he is doctoring doctors? Or does he doctor  
the doctor the way the doctor who doctors  
doctors?

Two Truckee truckers truculently truckling  
to have truck to truck two trucks of truck.

Plague-bearing prairie dogs.

Ed had edited it.

She sifted thistles through her thistle-sifter.

Give me the gift of a grip top sock:  
a drip-drape, ship-shape, tip-top sock.

While we were walking, we were watching window  
washers  
wash Washington's windows with warm washing  
water.

Freshly fried fresh flesh.

Pacific Lithograph.

Six twin screwed steel steam cruisers.

The crow flew over the river  
with a lump of raw liver.

Preshrunk silk shirts

A bloke's back bike brake block broke.

A pleasant place to place a plaice is a place  
where a plaice is pleased to be placed.

I correctly recollect Rebecca MacGregor's  
reckoning.

Good blood, bad blood.

Quick kiss. Quicker kiss.

I saw Esau kissing Kate. I saw Esau,  
he saw me, and she saw I saw Esau.

Cedar shingles should be shaved and saved.

Lily ladles little Letty's lentil soup.

Amidst the mists and coldest frosts,  
with stoutest wrists and loudest boasts,  
he thrusts his fist against the posts  
and still insists he sees the ghosts.

Shelter for six sick scenic sightseers.

Listen to the local yokel yodel.

Give Mr. Snipa's wife's knife a swipe.

Whereat with blade,  
with bloody, blameful blade,

he bravely broached his boiling bloody breast.

Are our oars oak?

Can you imagine an imaginary menagerie  
manager  
imagining managing an imaginary menagerie?

A lusty lady loved a lawyer  
and longed to lure him from his laboratory.

The epitome of femininity.

She stood on the balcony  
inexplicably mimicing him hiccupping,  
and amicably welcoming him home.

Kris Kringle carefully crunched on candy canes.

Please pay promptly.

On mules we find two legs behind  
and two we find before.  
We stand behind before we find  
what those behind be for.

What time does the wristwatch strap shop shut?

One-One was a racehorse.  
Two-Two was one, too.  
When One-One won one race,  
Two-Two won one, too.

Girl gargoyle, guy gargoyle.

Pick a partner and practice passing,  
for if you pass proficiently,  
perhaps you'll play professionally.

Once upon a barren moor  
There dwelt a bear, also a boar.  
The bear could not bear the boar.  
The boar thought the bear a bore.  
At last the bear could bear no more  
Of that boar that bored him on the moor,  
And so one morn he bored the boar--  
That boar will bore the bear no more.

If a Hottentot taught a Hottentot tot  
To talk ere the tot could totter,  
Ought the Hottenton tot  
Be taught to say aught, or naught,  
Or what ought to be taught her?  
If to hoot and to toot a Hottentot tot  
Be taught by her Hottentot tutor,  
Ought the tutor get hot  
If the Hottentot tot  
Hoot and toot at her Hottentot tutor?

Will you, William?

Mix, Miss Mix!

Who washed Washington's white woolen  
underwear  
when Washington's washer woman went west?

Two toads, totally tired.

Freshly-fried flying fish.

The sawingest saw I ever saw saw  
was the saw I saw saw in Arkansas.

Just think, that sphinx has a sphincter that stinks!

Strange strategic statistics.



Sarah sitting in her Chevrolet,  
All she does is sits and shifts,  
All she does is sits and shifts.

Hi-Tech Traveling Tractor Trailor Truck Tracker

Ned Nott was shot  
and Sam Shott was not.  
So it is better to be Shott  
than Nott.  
Some say Nott  
was not shot.  
But Shott says  
he shot Nott.  
Either the shot Shott shot at Nott  
was not shot,  
or  
Nott was shot.  
If the shot Shott shot shot Nott,  
Nott was shot.  
But if the shot Shott shot shot Shott,  
then Shott was shot,  
not Nott.  
However,  
the shot Shott shot shot not Shott --  
but Nott.

Six slippery snails, slid slowly seaward.

Three twigs twined tightly.

There was a young fisher named Fischer  
Who fished for a fish in a fissure.  
The fish with a grin,  
Pulled the fisherman in;  
Now they're fishing the fissure for Fischer.

Pretty Kitty Creighton had a cotton batten cat.  
The cotton batten cat was bitten by a rat.

The kitten that was bitten had a button for an eye,  
And biting off the button made the cotton batten  
fly.

Suddenly swerving, seven small swans  
Swam silently southward,  
Seeing six swift sailboats  
Sailing sedately seaward.

The ochre ogre ogled the poker.

If you stick a stock of liquor in your locker,  
It's slick to stick a lock upon your stock,  
Or some stickler who is slicker  
Will stick you of your liquor  
If you fail to lock your liquor  
With a lock!

Shredded Swiss chesse.

The soldiers shouldered shooters on their  
shoulders.

Theophiles Thistle, the successful thistle-sifter,  
in sifting a sieve full of un-sifted thistles,  
thrust three thousand thistles through the thick of  
his thumb.

Now.....if Theophiles Thistle, the successful thistle-  
sifter,  
in sifting a sieve full of un-sifted thistles,  
thrust three thousand thistles through the thick of  
his thumb,  
see that thou, in sifting a sieve full of un-sifted  
thistles,  
thrust not three thousand thistles through the thick  
of thy thumb.

Success to the successful thistle-sifter!

Thank the other three brothers of their father's  
mother's brother's side.

They both, though, have thirty-three thick thimbles  
to thaw.

Irish wristwatch.

Fred fed Ted bread, and Ted fed Fred bread.

Cows graze in groves on grass which grows in  
grooves in groves.

Brisk brave brigadiers brandished broad bright  
blades,  
blunderbusses, and bludgeons -- balancing them  
badly.

Tragedy strategy.

Selfish shellfish.

They have left the thriftshop, and lost both their  
theatre tickets and the  
volume of valuable licenses and coupons for free  
theatrical frills and thrills.

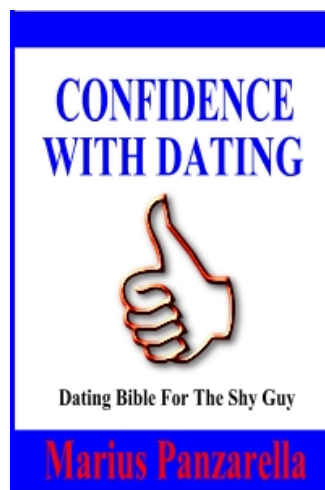
# "How To *Instantly* **Boost Your Confidence With Dating** So *Dramatically* and *Powerfully*, You Will Attract Beautiful Women *Magnetically* Within A Week --- Guaranteed!"

**Unique Secrets** and **Powerful Strategies** That Will Give You *All* The Confidence You'll *Ever* Need To Date **Hot, Sexy Women**

*Confidence With Dating* Is The 1st And *Only* Guide On The Internet That Gives You What Women Want From Men the Most:

This brand new program, based on over half a decade of research and experience, will turn your dating world upside down. You'll find out how you can **boost your confidence** with women **right now** and start charming women with your **supreme masculinity**.

- 30 Ways To **Become More Confident Instantly**
- How To **Approach Women** Without Fear of Rejection
- How To **Expand Your Comfort Zone** Safely and Comfortably Until You Have **Unstoppable Confidence**



**Package Includes:**

- Confidence With Dating* E-book
- Confidence Workbook*
- Monster Body* E-book *Unlimited*
- Confidence* MP3 Download
- No More Mr. Nice Guy* MP3 Download
- Free Updates For Life

[WWW.CONFIDENCEWITHDATING.COM](http://WWW.CONFIDENCEWITHDATING.COM)