Clarity Through Contrast Worksheet

| My | Ideal | |
|----|-------|--|
| | | |

So, what do I want?

| Contrast | Clarity |
|--------------------------------|--------------------------------|
| List the things you don't like | List the things you would like |
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| | |
| (Side A) | (Side B) |

Taken from the book: Law of Attraction
The Science of Attracting More of What You Want
and Less of What You Don't
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